

God With Us EMMANUEL 2024

More than just a church.
WE ARE A Family.

15700 S. MILITARY TRAIL, DELRAY BEACH, FL 33484

P:561.496.2480 F:561.496.5755

REGULAR MASS SCHEDULE

Weekday Mass:

Mon - Thurs 7:30A; 8:30A
Fri - 7:30A, 8:30A, 6:00P

Weekend Mass:

Sat 8:30A, Vigil 4:00P, 5:30P
Sun 7:30A; 9:00A, 10:00A (CM*)
10:30A; 12:00N; 6:00P
(*Children's Mass)

Confession:

Saturday 9:00A
Other - By appointment



5th SUNDAY
IN ORDINARY TIME

WILL GOD EVER
HEAL MY BROKEN
HEART?



2024
Welcome

They that
WAIT
upon the
LORD
shall renew their
STRENGTH

If you didn't know already:
Next Sunday is World Marriage Day!

“To the weak I became weak, to win the weak. I have become all things to all people so that by all possible means I might save some.”

1 Corinthians 9:22

PARISH INFORMATION

02 | PARISH FAMILY | GOD IS WITH US



OUR MISSION

Emmanuel Catholic Church which means, **God is with us**, is a faithful community of believers dedicated to proclaiming the gospel of Jesus Christ as taught by the Roman Catholic Church through word, sacrament, and service. As a parish family of God, we live by faith, truth, and love as we value the sanctity of life in all its stages and make the Holy Eucharist the center of our lives. Through the guidance of the Holy Spirit, the consultation with our parish ministries, we desire to be witnesses of God's presence as we share our gifts of time, talent, and treasure with God's Family.

CLERGY

Pastor

Rev. Fr. Gaudioso Zamora

Parish Vicar

Rev. Fr. Theodore Ihedoro

In Residence

Rev. Fr. Joseph Papes

Weekday/Weekend Associates

Rev. Fr. Timothy Canaan

Rev. Fr. David Carr

Deacon Anthony Cuseo

PARISH STAFF

Director of Finance

Tanya Kuppamala Ext. 1001 tkuppamala@emmanuelcatholic.church

Secretary

Stella Sadolfo Ext. 1007 secretary@emmanuelcatholic.church

Parish Pastoral Program Coordinator

Joella Anastasi Ext. 1002 janastasi@emmanuelcatholic.church

Property Manager

Edward Shannon Ext. 1006 maintenance@emmanuelcatholic.church

Receptionist

Rose Marie Baldonado Ext. 1000 receptionist@emmanuelcatholic.church

PARISH MINISTRIES

OCIA & Sacramental Preparation

Deacon Anthony Cuseo

Religious Education

Jean Krokus | Ext. 1005

religiouseducation@emmanuelcatholic.church

Extraordinary Ministers of Holy Communion

Fr. Theo Ihedoro | Ext. 1004

Lectors

Fr. Theo Ihedoro | Ext. 1004

Hospitality / Ushers

Bob Bonney & Chuck Dolce

Music

Linda Coz, Ree Joy Baldonado, Clanaven Baldonado
& Men's Choir

Altar Flowers

Bella Simbajon & Filipino Community

Altar & Clergy Vestments

Maryann DiBiase, Carol Chapman, Nancy McDonald,

Homebound / Hospital Ministry

Fr. Theo Ihedoro | Ext. 1004

Giftshop

Josephine Joan | Ext. 1009

Blood Drive

Patti Gomez | 561-293-9761

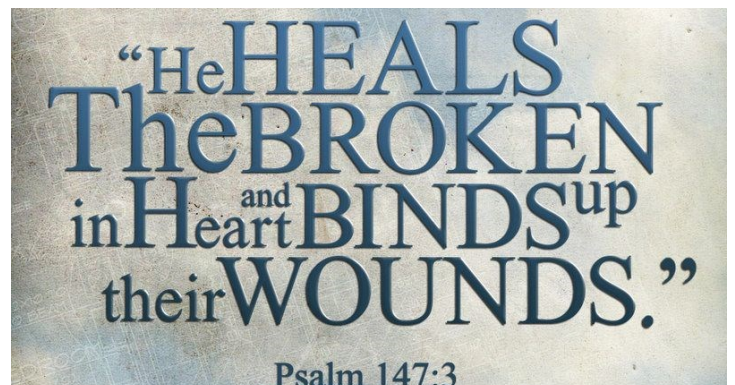
PARISH ORGANIZATIONS

Ladies Guild

President Carol Chapman

Knights of Columbus

Grand Knight Luke VanHove



PARISH REGULAR SCHEDULE

TAIZÉ PRAYER

Every Friday at 6:30pm—7:30pm
(after 6:00pm Mass) except for First Fridays.

SACRAMENT OF THE SICK

Every Thursday after the 8:30am mass
or call the parish office

BAPTISMS

Sundays at 1:00pm. Schedule one month in advance.
Contact Parish Office.

WEDDINGS

Contact Deacon Tony at least 6 months in advance

HOLY DAYS OF OBLIGATION

5:00pm Vigil Mass
7:30am, 9:00am, 10:30am, 12:00pm

GIFT SHOP

Monday & Wednesday **8am–1:00pm**

Tuesday Closed

Thursday & Friday **8am–1pm**

Saturday Closed

4th Sunday of the Month **10:00AM– 1:30PM**

NOTE: Gift shop will be closed when the parish office is closed

ROSARY GROUP

Monday—Friday after the 7:30am Daily Mass

RECONCILIATION

Saturday after the 8:30am Mass

PARISH CALENDAR FOR THE WEEK

Monday, Feb 05

6:30A Adoration
1:00P Movie

Tuesday, Feb 06

6:30A Adoration
10:00A Faith Sharing

Wednesday, Feb 07

6:30A Adoration
2:00P School of Christian Formation
4:00P SoulCore
6:30P Ladies Guild Meeting

Thursday, Feb 08

6:30A Adoration
9:00A Anointing of the Sick
3:00P Holy Hour
6:30P AA Meeting

Friday, Feb 09

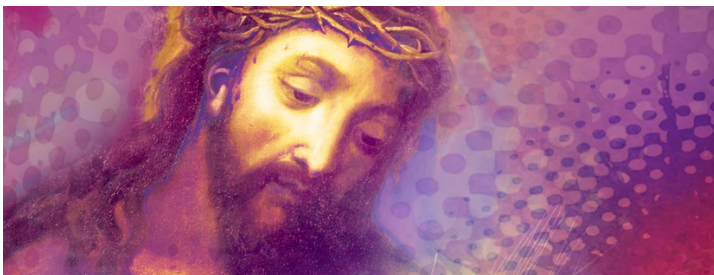
6:30A Adoration
6:30P Taize

Saturday, Feb 10

9:00A Confession
9:00A Lay Cistercians Meeting

Sunday, Feb 11

9:00A Ladies Guild Mass
1:00P OCIA Class
1:00P Baptism Class



SCHEDULE CHANGES?

Do you want to make sure there have been no sudden time changes to any event or activity you want to join this week? Call the parish office on business hours.

561.496.2480

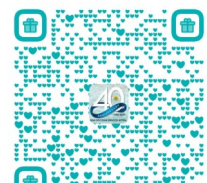
DSA STEWARDSHIP REPORT—YEAR 2024

January 25, 2024

Goal Amount \$ 169,000.00

Current Donation Total \$ 5.855.00

Balance Remaining \$ 163,145.00



ANNUAL PARISH FESTIVAL

Beloved Parishioners, Next weekend, we will be celebrating our Annual Parish Festival. A festival is an extraordinary event celebrated by a community or parish community. It's a celebration but more than that it's a Fellowship among us as a Parish Family. So, I encourage you to spend time with us. Bring your family and friends.

Here are the details of our Fellowship:

- FRIDAY, February 9th, 4:00PM - 8:00PM:** Food, Flea Market, 50/50 raffle, coffee and desserts and entertainment.
- SATURDAY, February 10th from 8:00 am to 7:30 pm:** Flea Market, 50/50 raffle, coffee and dessert, **Food (starts at 12:00N)**, Kids' Games, Car Show, entertainment and...

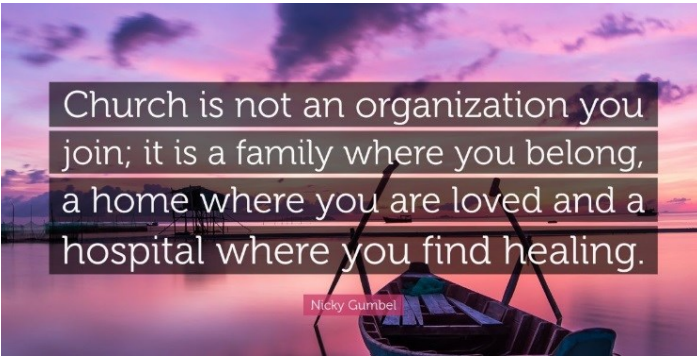
Big Raffle at 7:30 pm.

FOOD MENU: American: Burgers/Cheese Burgers, Hot Dogs, Smoothies and Ice Cream. Italian: Sausage and peppers, Baked Ziti and Eggplant Parmigiana. Indian: Butter Chicken, Naan, Rice and Samosas. Filipino: Filipino Noodles (pancit), Chicken Adobo, Eggroll (lumpia)(COMBO) Pork Barbecue In skewers. See you there and have fun.

Big thanks, in advance, to all volunteers who signed up, including all honored members of our parish ministries in their unstinting and continued support of all parish activities throughout the year.

Here's to a successful and fruitful festival time for our Parish Family and guests!

Rev. Fr. Gaudioso Zamora, Pastor



CLERGY SCHEDULE
FEBRUARY 05-11, 2024

Monday, Feb 5th

7:30A Fr. Zamora 8:30A Fr. Theo

Tuesday, Feb 6th

7:30A Fr. Zamora 8:30A Fr. Timothy

Wednesday, Feb 7th

7:30A Fr. Carr 8:30A Fr. Timothy

Thursday, Feb 8th

7:30A Fr. Zamora 8:30A Fr. Timothy

Friday, Feb 9th

7:30A Fr. Carr 8:30A Fr. Leone
6:00P Fr. Zamora

Saturday, Feb 10th

8:30A Fr. Carr 4:00P Fr. Timothy
5:30 Fr. Timothy

Sunday, Feb 11th

7:30A Fr. Zamora 9:00A Fr. Carr
10:00A Fr. Zamora 10:30A Fr. Carr
12:00N Fr. Leone 6:00P Fr. Zamora

STEWARDSHIP REPORT

January 28, 2024

First Collection	\$13,355.00
Second Collection	\$2,879.00
Subtotal.....	\$16,234.00
Children's Mass.....	\$243.00
Online (1/22-26, 2024).....	\$733.63

SCHEDULED INTENTIONS

Monday, Feb 05

7:30am *Gustavo Rios & Family by Carla Gustavo Rios

8:30am † Mary Del Vecchio by Sr. Barbara

†Susan Hynes by Adriana Lodo

†George Drescher by Martha/Wife

Tuesday, Feb 06

7:30am †John J. Anterni Jr. by Deb & Andy Phelan

8:30am †Sr. Mary Clare Fennell by John & Christine Wilkens

†John Davidson by Margie Lizza

†Frank Harney by Jennifer Demeusy

Wednesday, Feb 07

7:30am †Servant of God Maria Esperanza Bianchini by Cannon Family

8:30am †Nora Mahoney by Maureen & John

†William Concklin by Alice Richards

†Doreen Flynn

Thursday, Feb 08

7:30am †Fran McGovern by Joel & Casey Volz & Family

8:30am †Charles King by Pat King

†Rose Solensky by Mr. & Mrs. T. Toscano

†Frank Harney by Jennifer Demeusy

Friday, Feb 09

7:30am *Holy Spirit by Celia Blum-Guerra

8:30am †Juliann Brassil by Maureen & John

6:00pm For Priests

†Joseph Basilico, Joanne Richard & Millie Miceli by Tina Basilico

†Barbara Egan by Josefina McMahon

For priests

Saturday, Feb 10†

8:30am †Paul Vituli by Annet & Gerry Gerhard

4:00pm BOOK OF THE DEAD

5:30pm †Nancy Gingerelli by Daughter

†Angela Chong by Josefina McMahon

BOOK OF THE DEAD

†Michael Kabjian by Jerry & Sylvia Galanti

Sunday, Feb 11

7:30am †Robert Lew by Judy Lew/Wife

9:00am *Active members of Ladies Guild by Ladies Guild

10:30am PARISHIONERS & BENEFACTORS

12:00N †Enzo & Enza Pisano by Francesca Atanasio

6:00P †Dad Morris Camhi by Children & Family

†Rosann Bruno by Lorraine

†Deceased members of Ladies Guild by Ladies Guild

PARISHIONERS & BENEFACTORS

†Elia & Rose Petricone by Son

†Dominick Cuzzo by Frank & Donna Femiano

UNSCHEDULED

† Jay Silver by Margaret Spence

† Elva Chiessa by Price Family

* Eva & Olivia Strano by Price Family

† William Crepage by Price Family

† Deceased Members—Abrigo Family by Price Family

* Donna & Loren Price by Price Family

* Irene Horn (Healing) by Ladies Guild

* Becky & Evan by Price Family

† Rena & Durant Tardugno by Price Family

Living/Deceased—Tardugno Family by Price Family

Living/Deceased—Price & Hreso Family by Price Family

Living/Deceased—Strano Family by Price Family

Altar Flowers

Vigil Lights

Shrine Flowers

PRAYER LIST

Please take some time this week to remember the following in your prayers:
For all in our parish family who are suffering serious or terminal illness:
For men and women in the Armed Forces:

AND FOR

David & John	Sr. Frances Vass OSC
Helen Cruz	Marguerite Dawson
Lenore Curatolo	Mary Loveland
Marilyn Boyle	Sam Falcone
Andrea Anastasi	Patricia Golstein
Shelly Fiorini	Taylor Dosh
Fran Abrami	Marilyn Martino
Ed Bush	Gulshan Modena
Margarito D. Berciles	Maggie Dolan
Arthur Chiusano	Amelita Coz-Zarraga
Maureen Oberholzer	Heather Martin
Bob Oberholzer	Taiilor McGee
John Wilkens	Ronald Griffiths
Scott Ellison	Margie Giaquinto
Evangeline Ezeilo	Maria Fernandez
Michael Gehres	Raphael Roman
Karen Sullivan	James Ezeilo
Eric Albertson	Brenda Ezeilo
Salvatore Pagano	Brian Sullivan
Sean Zahul	Joan Albertson
Darren Guzman	Cynthia Martin
Mary Lou	Francis Martin
Connie Panepinto	Hermoine D'Cruz
Amalia Mazzolin	Brigitte Knops
Leon Martin	Toni Kreamer
Joe Delagami	Gerry Gerhard
Dennis Audette Rose	Ricardo Gonez
Marie Regner	Euclides Cerutti
Michael Manuele	Grace Cassagnol
Carla Ruiz	Samuel Gonzales
Benjamin Robelo	Victorio
Karen McCarty	Ray Wolff
T.J. Genzale	Patricia Tripi Giraldo
Dave Ruiz	Victor Rivera
Victoria Robelo	Ruth Kipperman
Ms. S.	Ida Giannettina
Dennis Gilbride	Tom Hickey
Jane McGinley	Josette Weber
Barry Cohen	Nicholas Payamps
Rose Borsella	Rolyn Alvarado

PRAYER BEFORE HOLY COMMUNION . Lord, I believe and profess that You are truly Christ, Son of the Living God, who came into the world to save sinners, of whom I am the first. Accept me this day as I partake of your mystical supper, O Son of God. May the partaking of your holy mysteries, O Lord be not for judgment or condemnation, but for the healing of body and soul. I also believe and profess that this, which I am about to receive, is truly your most precious Body and Blood, which, I pray, make me worthy to receive for the remission of all my sins and life everlasting. Amen.

PRAYER TO SAINT MICHAEL THE ARCHANGEL St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, cast into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

EUCCHARISTIC REVIVAL PRAYER. Heavenly Father, we thank you for the gift of your Son, our Lord Jesus Christ, who promised to stay with us always, until the end of the age. Reawaken our wonder at His presence in the Most Holy Eucharist. May our hearts burn within us as He opens the Scriptures and breaks the bread. Give us the eyes of faith to recognize His presence in our brothers and sisters, especially in the face of the poor and the suffering. Nourished by the Eucharist, send us forth to walk faithfully as missionary disciples, proclaiming the Gospel to every heart and extending Your kingdom to every land. We ask this through Christ our Lord. Amen.

PRAYER FOR VOCATIONS. Lord Jesus, as You once called the first disciples to make them fishers of men, let your sweet invitation continue to resound: Come follow Me! Give young men and women the grace of responding quickly to your voice. Support our bishops, priests and consecrated people in their apostolic labor. Grant perseverance to our seminarians and to all those who are carrying out the ideal of a life totally consecrated to your service. Awaken in our community a missionary eagerness. Lord, send your workers to your harvest and do not allow humanity to be lost for the lack of pastors, missionaries and people dedicated to the cause of the Gospel. Mary, Mother of the Church, the model of every vocation, help us to say "yes" to the Lord who calls us to cooperate in the divine plan of salvation. Amen.

WHERE THE
ROSARY IS
RECITED
THERE WILL
BE DAYS OF
PEACE AND
TRANQUILITY.

—ST. JOHN BOSCO

GLPI

Have a Prayer Request or Need a Pastoral Visit?

Contact us for a prayer request at (561.496.2480).

PRACTICING CHRISTIAN

FIND GOD IN ORDINARY MOMENTS

Purpose and Pride

Father, forgive me. Today's Gospel made me want to fight somebody.

If you want to make me really, really angry, you are sure of doing so if you tell me about an old woman who was sick, but felt a little better, and then her son-in-law and all his buddies showed up, so she cooked them a bunch of food and cleaned up after them.

We all project our own feelings, fears, insecurities, and desires onto the word of God. I certainly do. And most of my feelings, fears, insecurities, and desires spring from my current role as a tired mom of little kids.

I think there is a fear inside many of us of God's purpose for our lives. What if it's not aligned perfectly with what we think we need, or what we imagine we want? Most of the time, I think I need a nap, and I imagine that I want absolutely no one asking me for any kind of help. And here I am, perpetually napless and always being called on to render assistance.

The actions of Peter's mother-in-law were the only actions we would expect of a woman who had just received a miracle. She jumped up, and with bravery and boldness she served the Lord.

But couldn't she rest? Couldn't she serve him later? Couldn't she thank him with a smile and take a nap? Well, I suppose. But is that how you react to a miracle?

I have received my miracle — my family. My purpose. So why am I still lying down?

"He approached, grasped her hand, and helped her up. Then the fever left her and she waited on them." — Mark 1:31

By Colleen Jurkiewicz Dorman

©LPi



Everyday Stewardship

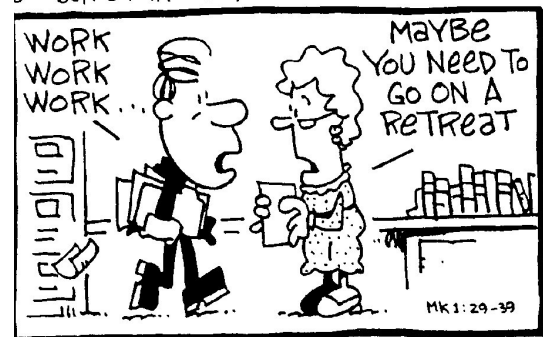
Sometimes we can feel like we are living the life of Job: everything is going wrong all at the same time. Everyone finds himself or herself in a valley once in awhile. How we got there is not nearly as important as how are we going to get out.

Everyday stewards are called to be grateful for all things, large and small. It is easier to be grateful for obvious things like family, health, and life itself, than it is to look for the ordinary gifts in our life. When we cultivate a sense of wonder and thankfulness for the many little things in life we find ourselves more resilient in times of trial. We can look out our window and see all those gifts in creation. We can look around our home and see all the things people take too easily for granted. Imagine life without some of the simplest things like clothing, warmth, water, and furniture. There are people in this world that long for all of those things. But God has given them for your benefit and for you to share with others.

Before Lent begins in a couple weeks, take the time to create a list of at least 10 things that you normally take for granted. Keep that list handy and maybe add to it from time-to-time. When life seems hard and that cloud seems to hang over our heads, bring out the list and let gratefulness lift you up and out of your plight so that once again you can be about your Father's work.

--Tracy Earl Welliver, MTS

5th SUNDAY IN ORDINARY TIME



ANNUAL PARISH FESTIVAL

Dear Parishioner

Once again it is time to turn our attention to our Annual Parish Festival and Raffle. This is a parish event as we rejoice in the Lord for giving us this great opportunity to come together as a parish family.

The dates for the 2024 Annual Parish Festival are **Friday, February 9th from 4:00pm to 8:00pm & Saturday, February 10th from 8:00am-7:30pm**. We will be having a flea market in Columbus Hall, food, bake sale and coffee, and car show. Details can be found in our bulletin and on our parish website as well.

Our Festival and Raffle is the single biggest fundraising effort we make each year. I am writing to ask you for your continued support and participation in the upcoming raffle. We hope each of your families will purchase or sell at least one book of raffle tickets. Please feel free to sell to neighbors, friends, other family members, and/or co-workers! The cost of each ticket is \$10.00 or \$50.00 for a book of 6 tickets. I have enclosed one sheet (two books) of tickets with this letter.

This year, we have chosen again to have cash prizes:

- 1st Prize: \$5,000
- 2nd Prize: \$2,500
- 3rd Prize: \$1,500
- 10 Consolation Prizes of: \$200 each

Please return the tickets with your donation. Additional tickets are available at the parish office. The drawing will take place on Saturday, February 10th at 7:30pm.

I thank you with all my heart for your continued support to our Parish and I look forward to sharing the good times with you at the Festival! We would also like to thank Lorne and Sons who generously covered the cost of printing the raffle tickets.



Prize	Amount	Bulletin	Complimentary Tickets
First Prize	\$ 5,000.00	Anonymous	96
Second Prize	\$ 2,500.00	Anonymous	48
Third Prize	\$ 1,500.00	Anonymous	24
Consolation Prize	\$ 200.00	Anonymous	6
Consolation Prize	\$ 200.00	Anonymous	6
Consolation Prize	\$ 200.00		6
Consolation Prize	\$ 200.00		6
Consolation Prize	\$ 200.00		6
Consolation Prize	\$ 200.00		6
Consolation Prize	\$ 200.00		6
Consolation Prize	\$ 200.00	AMR	6
Consolation Prize	\$ 200.00	PA Snow Angel	6
Consolation Prize	\$ 200.00	Nancy Silvestri	6
Consolation Prize	\$ 200.00	Anonymous	6

Weekly Prayer

Sunday's Readings

First Reading:

I am filled with restlessness until the dawn. (Jb 7:4)

Psalm:

Praise the Lord, who heals the brokenhearted. (Ps 147)

Or: Alleluia.

Second Reading:

If I preach the gospel, this is no reason for me to boast,
for an obligation has been imposed on me,
and woe to me if I do not preach it! (1 Cor 9:16)

Gospel:

He cured many who were sick with various diseases,
and he drove out many demons. (Mk 1:34)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

Live The Liturgy Inspiration of the Week

Jesus went from town to town, synagogue to synagogue, following the need. He follows it still, to this very day. Your life is the town he is visiting, your heart the synagogue where he preaches. Remember that for this purpose he has come.

Observances for the week of February 4, 2024

- Sunday:** 5th Sunday in Ordinary Time
- Monday:** St. Agatha, Virgin and Martyr
- Tuesday:** St. Paul Miki and Companions, Martyrs
- Thursday:** St. Jerome Emiliani; St. Josephine Bakhita, Virgin
- Saturday:** St. Scholastica, Virgin
- Next Sunday:** 6th Sunday in Ordinary Time,
World Marriage Day

SAINT OF THE DAY – ST. PAUL MIKI & COMPANIONS

Nagasaki, Japan, is familiar to Americans as the city on which the second atomic bomb was dropped, immediately killing over 37,000 people. Three and a half centuries before, 26 martyrs of Japan were crucified on a hill, now known as the Holy Mountain, overlooking Nagasaki. Among them were priests, brothers, and laymen, Franciscans, Jesuits, and members of the Secular Franciscan Order; there were catechists, doctors, simple artisans, and servants, old men and innocent children—all united in a common faith and love for Jesus and his Church.

Brother Paul Miki, a Jesuit and a native of Japan, has become the best known among the martyrs of Japan. While hanging upon a cross, Paul Miki preached to the people gathered for the execution: "The sentence of judgment says these men came to Japan from the Philippines, but I did not come from any other country. I am a true Japanese. The only reason for my being killed is that I have taught the doctrine of Christ. I certainly did teach the doctrine of Christ. I thank God it is for this reason I die. I believe that I am telling only the truth before I die. I know you believe me and I want to say to you all once again: Ask Christ to help you to become happy. I obey Christ. After Christ's example I forgive my persecutors. I do not hate them. I ask God to have pity on all, and I hope my blood will fall on my fellow men as a fruitful rain."

When missionaries returned to Japan in the 1860s, at first they found no trace of Christianity. But after establishing themselves they found that thousands of Christians lived around Nagasaki and that they had secretly preserved the faith. Beatified in 1627, the martyrs of Japan were finally canonized in 1862.

Reflection

Today, a new era has come for the Church in Japan. Although the number of Catholics is not large, the Church is respected and has total religious freedom. The spread of Christianity in the Far East is slow and difficult. Faith such as that of the 26 martyrs is needed today as much as in 1597.



Worship & Meditation

Readings for the week of February 4, 2024

Sunday:

Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6 (see 3a)/1 Cor 9:16-19, 22-23/Mk 1:29-39

Monday:

1 Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10/
Mk 6:53-56

Tuesday:

1 Kgs 8:22-23, 27-30/Ps 84:3, 4, 5 and 10,
11/Mk 7:1-13

Wednesday:

1 Kgs 10:1-10/Ps 37:5-6, 30-31, 39-40/
Mk 7:14-23

Thursday:

1 Kgs 11:4-13/Ps 106:3-4, 35-36, 37 and
40/Mk 7:24-30

Friday:

1 Kgs 11:29-32; 12:19/Ps 81:10-11ab, 12-13,
14-15/Mk 7:31-37

Saturday:

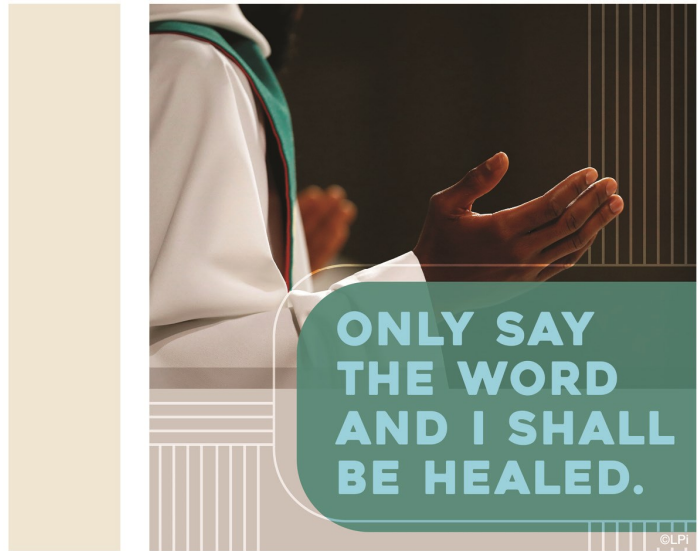
1 Kgs 12:26-32; 13:33-34/Ps 106:6-7ab,
19-20, 21-22/Mk 8:1-10

Next Sunday:

Lv 13:1-2, 44-46/Ps 32:1-2, 5, 11 (7)/1 Cor
10:31-11:1/Mk 1:40-45



Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.
The English translation of Psalm Responses from Lectionary for
Mass © 1969, 1981, 1997, International Commission on English in
the Liturgy Corporation. All rights reserved.



Gospel Meditation

Seek a deeper understanding of Scripture

Maybe I'm weird, but I like spending time in doctor's offices, confession lines in churches, auto repair shops, prison cells, and support groups of various kinds. It's refreshing to be with people who humbly admit something is wrong and forthrightly set out on a path toward a solution. When we ignore what is off kilter, we become alone and fragile. In places where people are honest and hopeful about brokenness, sturdy if subtle fellowship usually ensues.

Consider the image we see of Jesus in the Gospel of Mark. **"...they brought to him all who were ill or possessed by a demon. The whole town was gathered at the door."** The entire human community is afflicted in various ways, and so it gradually forms a strange new community around Jesus. The healer from Nazareth is like a sun of health around which orbits a throng of humanity absorbing his healing rays. These blessed souls can't fix themselves and become healthy, and they know it. But they have found in him the living source of all imaginable healing.

It's the Church, isn't it? A sin-sick community gathered and healed is what happens at the beginning of every Mass. We shuffle in through the door from everywhere and announce that we are not okay, and we can't fix it. In doing so, we are drawn into the orbit of the healing power of Christ — and into a renewed community with the whole human family. It's nothing to fear or rush. Maybe we can even learn to enjoy more how good it is to be in such a happy place.

— Father John Muir

Liturgical Life

(PRACTICING) CATHOLIC

Purpose and Pride

Father, forgive me. Today's Gospel made me want to fight somebody.

If you want to make me really, really angry, you are sure of doing so if you tell me about an old woman who was sick, but felt a little better, and then her son-in-law and all his buddies showed up, so she cooked them a bunch of food and cleaned up after them.

We all project our own feelings, fears, insecurities, and desires onto the word of God. I certainly do. And most of my feelings, fears, insecurities, and desires spring from my current role as a tired mom of little kids.

I think there is a fear inside many of us of God's purpose for our lives. What if it's not aligned perfectly with what we think we need, or what we imagine we want? Most of the time, I think I need a nap, and I imagine that I want absolutely no one asking me for any kind of help. And here I am, perpetually napless and always being called on to render assistance.

The actions of Peter's mother-in-law were the only actions we would expect of a woman who had just received a miracle. She jumped up, and with bravery and boldness she served the Lord.

But couldn't she rest? Couldn't she serve him later? Couldn't she thank him with a smile and take a nap? Well, I suppose. But is that how you react to a miracle?

I have received my miracle — my family. My purpose. So why am I still lying down?

*"He approached, grasped her hand, and helped her up. Then the fever left her and she waited on them."
— Mark 1:31*

Colleen Jurkiewicz Dorman

Why do we do that? Catholic Life Explained

Question:

Is gossip a mortal sin?

Answer:

To really ask this question, we must consider the Eighth Commandment: "You shall not bear false witness."

In its reflections on this commandment, The Catechism of the Catholic Church invites us to not only think about what bearing "false witness" means, but to also consider how we understand the truth and how we communicate more broadly. This is why so much of this section of the Catechism has to do with the gift of language. With this in mind, we will notice that the word "gossip" isn't used by the Catechism. Instead, we find the words "detraction" and "calumny," which are actually two forms that gossip can take, and both can be quite serious.

First, detraction is the of revealing "another's faults and failings to persons who did not know them," without morally valid reasons. Calumny, by extension, is saying something about another person that is untrue, and it is sinful because it "harms the reputation of others and gives occasion for false judgements" (see no. 2477).

In all of our communication, we have to always recognize that we have a moral obligation to the truth and to always work to protect the reputation and honor of our neighbors (see no. 2479).

Gossip can, in fact, prove to be a very serious sin. After all, the Catechism reminds us: "No one is bound to reveal the truth to someone who does not have the right to know it" (no. 2489). When we have gossiped, especially if we are aware we have damaged another person's good name or reputation, we want to make every effort to undo the damage we have done, including seeking the grace and forgiveness offered in the Sacrament of Reconciliation.

Day of Spiritual Renewal Retreat

AIM, St. Joan of Arc's outreach ministry serving the spiritual needs of adults with physical disabilities, is hosting a Day of Spiritual Renewal on Saturday, Feb. 10, in the church's Mercy Center, 370 SW Third St., Boca Raton. The free retreat starts with arrival from 8:45 to 9:15 a.m. and ends at 3:00 p.m. The day will include two spiritual talks by Father Kevin McQuone of St. Vincent de Paul Regional Seminary, group discussions, singing, prayer and the celebration of the Eucharist. Lunch and light breakfast snacks will be provided.

AIM welcomes individuals with physical disabilities and those who may be experiencing more limited mobility due to aging. We also welcome those who want to learn more about our ministry or wish to help out with it. If you know anyone who may benefit from AIM, please tell them about this retreat that is tailored to their needs and provides the opportunity for spiritual renewal. Help us make 2024 a joyous year in their lives through love and friendship.

Participants are paired with "buddies" who assist them during the day. This retreat's theme is "Blessed are the Poor in Spirit," a great preparation for the upcoming Lenten and Easter seasons. For more information or to reserve a space, go to AIMretreats.org, or contact ministry leader

Margarita Castellon

at 954-821-6077 or margcast@bellsouth.net.

Ash Wednesday is
Next Week

HOSTING

ARTS AND CRAFTS SHOW

SATURDAY MARCH 2, 2024

8:00 AM TO 6:00 PM

Vendors Wanted!
Application
Deadline
February 21, 2024

Vendors keep all
profits!

**Emmanuel Parish
Outdoor Pavilion
15700 S. Military Trail
Delray Beach, Florida 33484**



For Registration Information contact:

Brother knight John Prokop

Email: jprokop51@gmail.com

Phone: (475) 201-6187

**THE LORD
HEALS THE**
brokenhearted.

PSALM 147



ANNOUNCEMENTS



Calling all Confirmation Students
mandatory **Confirmation Retreat**
Saturday February 10th, 2024

Students to attend 8:30am Mass at Emmanuel Church followed by Retreat at the Duncan Center in the Weeks Building located at 15820 S Military Trail Delray Beach. Program will conclude at 3:00pm. Students are

welcome to volunteer at the Emmanuel Festival immediately after the retreat for community service hours.



First Reconciliation for all 2nd grade Sacraments Students Saturday February 17th, 2024 10:00am in the church. Students should arrive at 9:45am.

SAVE THE DATE!

DIOCESE OF PALM BEACH

Annual Anniversary Mass

Bishop Gerald Barbarito will celebrate the 40th Annual Anniversary Masses for Married Couples who will be celebrating 25, 40, 50 or more years of marriage during the year 2024.

Watch your bulletin for details on how to register with your parish for this special celebration!

Saturday
February 10, 2024
10:30 AM

St. Lucie Catholic Church
280 SW Prima Vista Boulevard
Port St. Lucie, FL 34983

Saturday
February 17, 2024
10:30 AM

St. Jude Catholic Church
21689 Toledo Road
Boca Raton, FL 33433

Happy Anniversary!

Sponsored by the Office of Marriage, Family Life, Faith Formation and Youth Ministry.
For information and registration please contact the Parish office.



Emmanuel Ladies Guild

is sponsoring a blood drive,
Sunday, February 11th, 2024.

7:30am to 1:30pm.

Donating blood is a generous thing to do. It helps people in need. The reasons are numerous: accident victims, malnutrition, cancer patients, sickle cell disease, pregnancy and childbirth, surgical procedures. It is safe to do, saves lives. and your heart health will thank you!

Walk-Ons welcome

Appointments appreciated. To book, or questions relating, please call Patti #561-293-9761

My name is father Paweł Kucharski, a missionary from Poland serving in northern Kazakhstan. I'm deeply grateful to your parish in Florida for joining me in prayer and worship. Your kindness and even help in learning English are greatly appreciated. Special thanks to your parish priests and pastor Gaudioso Zamora for his warm welcome. I invite you all to Kazakhstan, and for details, please get in touch with Piotr and Anita (ph. 772-307-5509). Thank you again, and you are in my prayers. Amen.



SOULCORE

A New Year's invitation for you!

"Get fit for Jesus"

It is so critical for us to seek and to grow daily in Jesus. Read the scriptures and go to Mass daily, if possible. To avoid becoming spiritual prey, "never cease praying" (1Thes 5:17) Grow strong in your holy faith through prayer in the Holy Spirit. (Jude 20) As Jesus would do, love and forgive others. Serving others will bring you Holy Joy. Let's get in better "spiritual shape" required to be "ready to greet the Lord, when He comes again. At Mass we stand to sing, we sit to listen and learn, and kneel in reverence and adoration. But there's more we can do!

Prayer: Father, help me. Give me the grace, energy, and desire to allow you to grow your new life within me. (Phil 2:13)

"Get fit for Jesus through Mary with Soulcore "

The Soulcore community invites you to prepare with us getting in **spiritual shape** required "ready to greet the Lord, when He comes again".

We move at soulcore, with gentle stretching exercises at your own fitness level (on a mat or chair).

We take deep purposeful breaths inviting the Holy Spirit and thanking Jesus. This reduces stress and tension.

We rest listening to the mysteries of the rosary, to scriptures and faith based meditations.

We are plugged in spiritually. We have to charge our cell phones and we have to charge our souls.

We pray to the Father, Son and Holy Spirit. We honor Mary and the rosary, intentions for our priests, the church, our families, and the world.

We encourage and pray for one another in good times and in turbulent times. Godly friendships are formed.

All ages are invited women and men, children and teens, at any fitness level. Exercise on a mat or in a chair.

Visit www.soulcore.com for more information and other USA locations.

Contact Soulcore leader Ramona Joachim 561-866-4820 for local class times and locations, and any questions you might have.

Now is the time (2 Cor 6:2) to strengthen your mind, body and soul.

You will leave soulcore rejuvenated every time guaranteed. Where faith meets fitness!