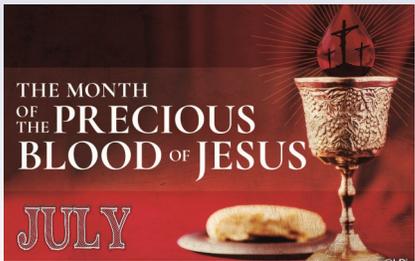
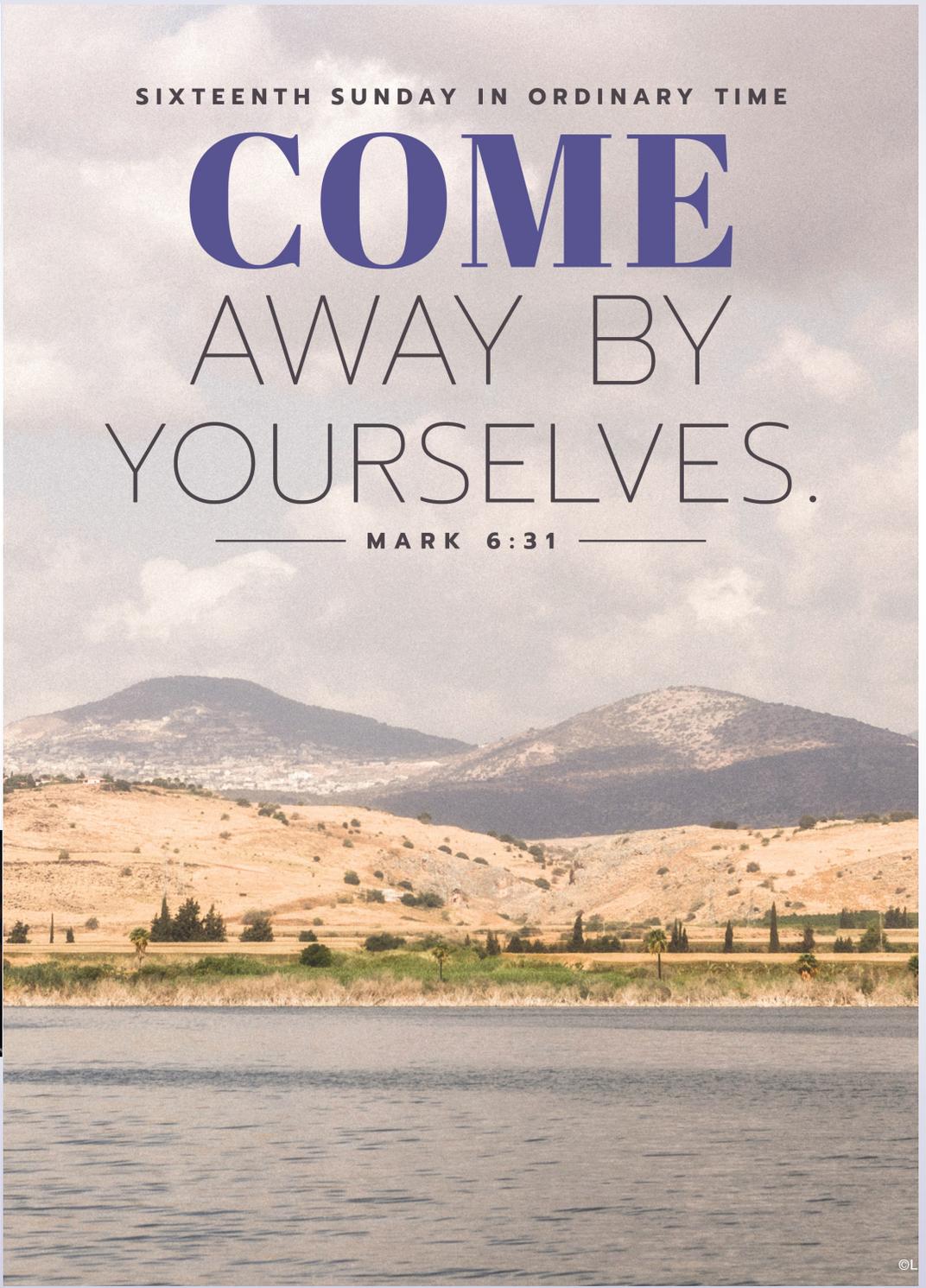




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**NOTE.** For the next two weeks, the financial stewardship reports may be posted a week (or two) later each time, as circumstances inform our need to submit the bulletin proofs days earlier than the designated "counting days". For clarification, call the parish office.



SIXTEENTH SUNDAY IN ORDINARY TIME  
**COME**  
AWAY BY  
YOURSELVES.  
— MARK 6:31 —

# PARISH INFORMATION

02 | PARISH FAMILY | GOD IS WITH US



## OUR MISSION

**Emmanuel Catholic Church** which means, **God is with us**, is a faithful community of believers dedicated to proclaiming the gospel of Jesus Christ as taught by the Roman Catholic Church through word, sacrament, and service. As a parish family of God, we live by faith, truth, and love as we value the sanctity of life in all its stages and make the Holy Eucharist the center of our lives. Through the guidance of the Holy Spirit, the consultation with our parish ministries, we desire to be witnesses of God's presence as we share our gifts of time, talent, and treasure with God's Family.

## CLERGY

### Pastor

Rev. Fr. Gaudioso Zamora

### Parish Vicar

Rev. Fr. Theodore Ihedoro

### In Residence

Rev. Fr. Joseph Papes

### Weekday/Weekend Associates

Rev. Fr. Timothy Canaan

Rev. Fr. David Carr

Deacon Anthony Cuseo

## PARISH STAFF

### Director of Finance

Tanya Kuppamala Ext. 1001 [tkuppamala@emmanuelcatholic.church](mailto:tkuppamala@emmanuelcatholic.church)

### Secretary

Stella Sadolfo Ext. 1007 [secretary@emmanuelcatholic.church](mailto:secretary@emmanuelcatholic.church)

### Property Manager

Edward Shannon Ext. 1006 [maintenance@emmanuelcatholic.church](mailto:maintenance@emmanuelcatholic.church)

### Receptionist

Rose Marie Baldonado Ext. 1000 [receptionist@emmanuelcatholic.church](mailto:receptionist@emmanuelcatholic.church)

## PARISH MINISTRIES

### OCIA & Sacramental Preparation

Deacon Anthony Cuseo

### Religious Education

Jean Krokus | Ext. 1005

[religiouseducation@emmanuelcatholic.church](mailto:religiouseducation@emmanuelcatholic.church)

### Extraordinary Ministers of Holy Communion

Fr. Theo Ihedoro | Ext. 1004

### Lectors

Fr. Theo Ihedoro | Ext. 1004

### Hospitality / Ushers

Bob Bonney & Chuck Dolce

### Music

Linda Coz, Ree Joy Baldonado, Clanaven Baldonado & Men's Choir

### Altar Flowers

Bella Simbajon & Filipino Community

### Altar & Clergy Vestments

Maryann DiBiase, Carol Chapman, Nancy McDonald,

### Homebound / Hospital Ministry

Fr. Theo Ihedoro | Ext. 1004

### Gift Shop

Josephine Joan | Ext. 1009

### Blood Drive

Patti Gomez | 561-293-9761

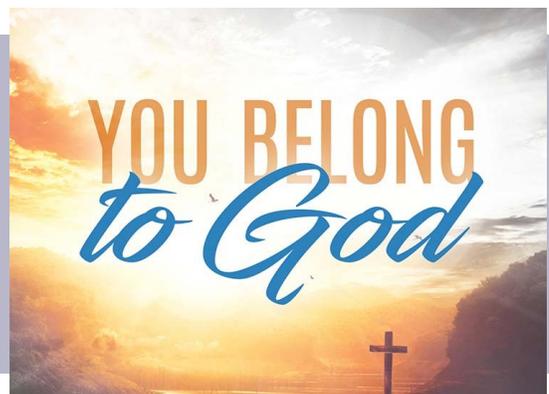
## PARISH ORGANIZATIONS

### Ladies Guild

President Nancy McDonald

### Knights of Columbus

Grand Knight Bob Budd



PARISH REGULAR SCHEDULE

TAIZÉ PRAYER

Every Friday at 6:30pm–7:30pm (after 6:00pm Mass) except for First Fridays.

SACRAMENT OF THE SICK

Every Thursday after the 8:30am mass or call the parish office

BAPTISMS

Sundays at 1:00pm. Schedule one month in advance. Contact Parish Office.

WEDDINGS

Contact Deacon Tony at least 6 months in advance

HOLY DAYS OF OBLIGATION

5:00pm Vigil Mass 7:30am, 9:00am, 10:30am, 12:00pm

GIFT SHOP

Monday & Wednesday 8am-1:00pm

Tuesday Closed

Thursday & Friday 8am-1pm

Saturday Closed

4th Sunday of the Month 10:00AM- 1:30PM

NOTE: Gift shop will be closed when the parish office is closed

ROSARY GROUP

Monday–Friday after the 7:30am Daily Mass

RECONCILIATION

Saturday after the 8:30am Mass

PARISH CALENDAR FOR THE WEEK

Sunday, July 21

1:00P.....Holy Hour for Eucharistic Congress & Speaker from Seminary

Monday, July 22

6:30A..... Adoration 1:00P.....Movie Mondays

Tuesday, July 23

6:30A..... Adoration 10:00A..... Faith Sharing 7:00P.....KoC General Meeting

Wednesday, July 24

6:30A... Adoration 4:00P.....SoulCore

Thursday, July 25

6:30A..... Adoration 9:00A..... Anointing of the Sick 3:00P..... Holy Hour 6:30P.....AA Meeting

Friday, July 26

6:30A..... Adoration 6:30P..... Taize

Saturday, July 27

9:00A..... Confession

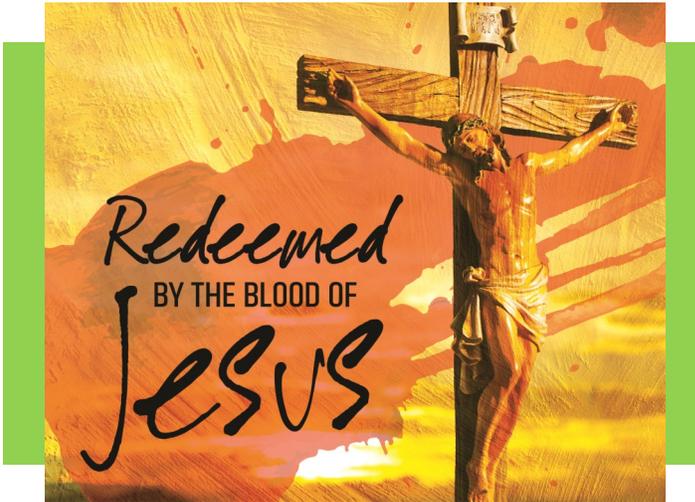
Sunday, July 28



SCHEDULE CHANGES?

Do you want to make sure there have been no sudden time changes to any event or activity you want to join this week? Call the parish office during business hours.

561.496.2480



## HIS HEART WAS MOVED WITH PITY

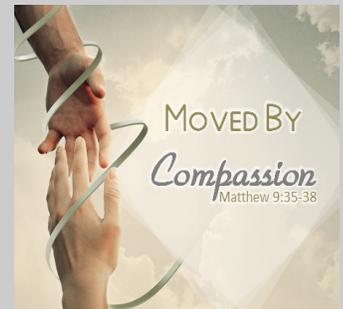
The gospel gives us a glimpse of Jesus as a compassionate shepherd. First, he is shepherd to the twelve, his close collaborators in mission. They have just returned from their missionary work, and they report to Jesus what they did and taught. Seeing that they are tired and have little time to rest and eat, as many people continually keep coming to them, Jesus instructed them to go by themselves to a deserted place to rest a while. This shows that while Jesus sees the urgency and magnitude of their tasks, he realizes that the twelve need to rest and replenish their energies. Their time alone could also be an opportunity for them to reconnect with the Father in prayer.

This is something that many of us tend to forget or neglect: to balance our life between work and prayer and recreation. We are easily driven by work and the desire to earn more, perhaps because our needs and wants have multiplied. As a result, many complain of stress or burnout and unhappiness in their lives. Second, Jesus is a compassionate shepherd towards the many needy and sick people who are following

them. Jesus is moved very deeply as he witnesses how they walk long distances beneath the heat, in hunger, in thirst, through thick crowds.

Many people likewise come to us, having no one to turn to for their needs except Jesus. Jesus' example invites us to ask ourselves: Do we feel deeply towards those who approach us for help, for healing, for food, for hope? How do we nurture our hearts in the mercy of Jesus? Around the world today, more and more people need compassion as they undergo extreme sufferings and difficulties.

Let us ask God with all our heart to bless us so that we can become more compassionate, that we may open our eyes to the needs people have and to respond in a generous way. In doing this, May we imitate Jesus, the good shepherd, who died for us so that we may have eternal life. Fr. Z



### Saint of the Day St. Mary Magdalene

..... (d. c. 63) .....

Except for the mother of Jesus, few women are more honored in the Bible than Mary Magdalene. Yet she could well be the patron of the slandered, since there has been a persistent legend in the Church that she is the unnamed sinful woman who

anointed the feet of Jesus in Luke 7:36-50.

Most Scripture scholars today point out that there is no scriptural basis for confusing the two women. Mary Magdalene, that is, "of Magdala," was the one from whom Christ cast out "seven demons" (Luke 8:2)—an indication at the worst, of extreme demonic possession or possibly, severe illness.

Writing in the New Catholic Commentary, Father Wilfrid J. Harrington, O.P., says that "seven demons" "does not mean that Mary had lived an immoral life—a conclusion reached only by means of a mistaken identification with the anonymous woman of Luke 7:36." In the Jerome Biblical Commentary, Father Edward Mally, S.J., agrees that she "is not...the same as the sinner of Luke 7:37, despite the later Western romantic

tradition about her."

Mary Magdalene was one of the many "who were assisting them [Jesus and the Twelve] out of their means." She was one of those who stood by the cross of Jesus with his mother. And, of all the "official" witnesses who might have been chosen for the first awareness of the Resurrection, she was the one to whom that privilege was given. She is known as the "Apostle to the Apostles."

### Reflection

Mary Magdalene has been a victim of mistaken identity for almost 20 centuries. Yet she would no doubt insist that it makes no difference. We are all sinners in need of the saving power of God, whether our sins have been lurid or not. More importantly, we are all "unofficial" witnesses of the Resurrection.



## CLERGY & MASS SCHEDULE

### Sunday, July 21<sup>st</sup>

7:30A Fr. Theo 9:00A Fr. Theo  
10:30A Fr.Theo  
12:00P Fr. Theo 6:00P Fr. Eli

### Monday, July 22<sup>nd</sup>

7:30A Fr.Theo 8:30A Fr. Papes

### Tuesday, July 23<sup>rd</sup>

7:30A Fr. Theo 8:30A Fr. Papes

### Wednesday, July 24<sup>th</sup>

7:30A Fr. Theo 8:30A Fr. Papes

### Thursday, July 25<sup>th</sup>

7:30A Fr. Joepil 8:30A Fr. Theo

### Friday, July 26<sup>th</sup>

7:30A Fr. Theo 8:30A Fr. Joepil  
6:00P Fr. Theo

### Saturday, July 27<sup>th</sup>

8:30A Fr. Theo 4:00P Fr. Papes  
5:30P Fr. Joepil

### 17th Sunday in Ordinary Time

#### July 28<sup>th</sup>

7:30A Fr. Fr. Joepil 9:00A Fr. Eli  
10:30A Guest Priest  
12:00P Fr. Guest Priest 6:00P Fr. Joepil

SEEK FELLOWSHIP

LIVE SIMPLY

ACT BOLDY

## NATIONAL EUCHARISTIC REVIVAL PRAYER

### ENGLISH

Lord Jesus Christ, you give us your flesh and blood for the life of the world, and you desire that all people come to the Supper of the Sacrifice of the Lamb. Renew in your Church the truth, beauty, and goodness contained in the Most Blessed Eucharist. Jesus living in the Eucharist, come and live in me. Jesus healing in the Eucharist, come and heal me. Jesus sacrificing yourself in the Eucharist, come and suffer in me. Jesus rising in the Eucharist, come and rise to new life in me. Jesus loving in the Eucharist, come and love in me. Lord Jesus Christ, through the paschal mystery of your death and resurrection made present in every Holy Mass, pour out your healing love on your Church and on our world. Grant that as we lift you up during this time of Eucharistic Revival, your Holy Spirit may draw all people to join us at this Banquet of Life. You live and reign with the Father and the Holy Spirit, God forever and ever. Our Lady of Guadalupe, Mother of the Eucharist, Pray for us.

## STEWARDSHIP REPORT

### DSA UPDATE - June 20, 2024

Goal Amount ..... \$ 169,000.00  
Current Donation Total ..... \$ 114,351.98  
Balance Remaining ..... \$ 54,648.02

### CHURCH OFFERINGS

#### June 30, 2024

First Collection ..... \$10,662.00  
Second Collection ..... \$ 2,147.00  
Subtotal..... \$12,809.00  
Online (6/29/2024)..... \$ 1,863.51

#### July 07, 2024

First Collection ..... \$12,087.00  
Second Collection ..... \$ 2,569.00  
Subtotal..... \$14,656.00  
Online (7/06/2024)..... \$ 2,133.15

Thank you so much for your continued generosity and support!

## SCHEDULED INTENTIONS

### Monday, July 22

7:30am †Josephine Ihedoro by Gail & Mark Vlasek  
8:30am †Edith Calleja by Diana Tello

†Josephine Ihedoro by Carol Buerkert  
\*Mike Nardiello by Gail & Mark Vlasek

### Tuesday, July 23

7:30am †Josephine Ihedoro by Evelyn Baroni  
8:30am †John Sullivan by Mom

†Josephine Ihedoro by Bob Bonney  
†Skip Brown by Kathy Weber

### Wednesday, July 24

7:30am †Edgar Gonzalez by Ramon Palmero  
8:30am †Joyce DeMuro by Gonzalez Family

†Erik Albertson by Bob Bonney  
†Josephine Ihedoro by Carol & German Sandoval

### Thursday, July 25

7:30am †Kevin Flynn  
8:30am †Charles King by Pat King

\*Elsa Caraballo by Caraballo Family  
\*Martha Rice by Jennifer

### Friday, July 26

7:30am \*Gil Lemar by A. M.

†Michele Robinson by Aunt Anna

8:30am †Weber Lapomarede by Children  
6:00pm FOR PRIESTS

†Marie Olivier by Raymond & Maud Cassagnol  
FOR PRIESTS

### Saturday, July 27

8:30am †Paul Altschuler by Rice-Motta Family  
4:00pm BOOK OF THE DEAD  
5:30pm \*Collin & Clanaven/Thanksgiving by Coz Family

†Stephen O'Flaherty by KoC Council 13338  
BOOK OF THE DEAD  
†Stephen O'Flaherty by Antonella Manoti-Bendit

### Sunday, July 28

7:30am †Veronica Migatz by Family  
9:00am †Pelecronia Dejana by Ricardo & Lydia Dejana  
10:30am PARISHIONERS & BENEFACTORS  
12:00pm †Maria Gonzalez by Iris Knight  
6:00pm †Corrado Ceccarelli by Lisa Carnevale

†Eric Albertson by KoC Council 13338  
†David Purcell by Sal Valvano  
PARISHIONERS & BENEFACTORS  
†Jose Cardona by Elsa Maldonado  
†Josephine Ihedoro by Dave & Marcia White

## UNSCHEDULED

†Priests/ Diocese of PB by Price Family	†Priests/ Diocese of Miami by Price Family	†Rena & Durant Tardugno by Price Family
†Rena & Durant Tardugno by Price Family	†Rena & Durant Tardugno by Price Family	†Rena & Durant Tardugno by Price Family
†Rena & Durant Tardugno by Price Family	†Brian Beaton by Price Family	*Price & Hreso Family by Price Family
*Price & Hreso Family by Price Family	*Michael Manuele/birthday by Rose Manuele	*Nora & Paul Manuele by Rose Manuele
*Maria Manuele/birthday by Rose Manuele	*Regina Fioto by Rose Manuele	*Vivian Puzycki/Healing by Rose Manuele

### ALTAR FLOWERS

\*A.M. By. A.M.

### VIGIL LIGHTS

\*A.M. By A.M.

### SHRINE FLOWERS

**Please take some time this week to remember the following in your prayers: For all in our parish family who are suffering serious or terminal illness:**

**For men and women in the Armed Forces, and their families: AND FOR**

David & John  
Helen Cruz  
Lenore Curatolo  
Marilyn Boyle  
Andrea Anastasi  
Shelly Fiorini  
Fran Abrami  
Ed Bush  
Margarito D.  
Berciles  
Arthur Chiusano

**Maureen**

**Oberholzer**

Bob Oberholzer  
John Wilkens  
Scott Ellison

**Evangeline**

**Ezeilo**

Michael Gehres  
Karen Sullivan  
Sean Zahul  
Darren Guzman  
Mary Lou

**Connie**

**Panepinto**

Amalia Mazzolin  
Leon Martin  
Joe Delagami

**Rose Marie**

**Regner**

Michael Manuele  
Carla Ruiz  
Benjamin Robelo  
Karen McCarty  
T.J. Genzale  
Dave Ruiz  
Victoria Robelo  
Ms. S.  
Dennis Gilbride  
Rose Borsella  
Lexie Helgerson  
David Smeraldo  
Janette Cole

**Steven Martin**

**Sikes**

Gianna Pagan  
Suzanne Puleo  
David Keyser

**Sr. Frances Vass**

**OSC**

Marguerite  
Dawson  
Mary Loveland  
Sam Falcone  
Patricia Golstein  
Taylor Dosh  
Marilyn Martino  
Gulshan Modena  
Maggie Dolan

**Amelita Coz-Zarraga**

Heather Martin  
Taiilor McGee  
Ronald Griffiths  
Margie Giaquinto  
Maria Fernandez  
Raphael Roman  
James Ezeilo  
Brenda Ezeilo  
Cynthia Martin  
Francis Martin  
Hermoine D'Cruz  
Brigitte Knops  
Toni Creamer  
Gerry Gerhard  
Euclides Cerutti  
Grace Cassagnol  
Samuel Gonzales  
Victorio  
Ray Wolff

**Patricia Tripi Giraldo**

Ruth Kipperman  
Ida Giannettina  
Tom Hickey  
Josette Weber

**Nicholas**

**Payamps**

Vincent Rizzo  
Louis Perticone  
Ann Cavaseno  
Sue Madden  
Hank Missig  
Charles C. Tufano  
Angela Discepola  
Nancy Wong  
Anna Halford  
Sal Yanello  
Victor Rivera  
William Lindner  
Lisa Della Femina

**María E. Quiñones-Mercado**

Diane Daniels  
Carmen Jones  
Bill Hamilton  
Ralph Senese  
Ramona  
Kathy Garrett  
Rich Sotis  
Ash Gaballah  
Karen Ramey  
Tom Tripi  
Mary Ann  
Lisa Payne

Marilyn Green  
Joseph Salamone  
Slayder Salamone  
Phyllis Lomitola  
Maria Amaro  
Aniela Ignaczak  
Ronald Campayno  
Lillian Campayno  
Terry Schwinge  
Tom D'Amico  
Gabriel Zamora  
Vincent Blum  
Ricardo Blum  
**Gina Marie B. Cohen**  
David Strompf  
Sal Hanono  
Chris Angotti  
**Heather & Jason Smith**  
Terry Schwinge  
Ronald Merhige

**PRAYER BEFORE HOLY COMMUNION** . Lord, I believe and profess that You are truly Christ, Son of the Living God, who came into the world to save sinners, of whom I am the first. Accept me this day as I partake of your mystical supper, O Son of God. May the partaking of your holy mysteries, O Lord be not for judgment or condemnation, but for the healing of body and soul. I also believe and profess that this, which I am about to receive, is truly your most precious Body and Blood, which, I pray, make me worthy to receive for the remission of all my sins and life everlasting. Amen.

**PRAYER TO SAINT MICHAEL THE ARCHANGEL** St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, cast into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

**PRAYER FOR PROTECTION FROM STORMS.** God our Father, Creator of the Universe, and Lord over all creation, we humbly stand before You as your children in thanksgiving for your loving care and protection. We ask that you keep us safe from hurricanes which may threaten us in the coming seasons. Protect us from all fear and anxiety of storms and give us an ardent trust and hope in your love and mercy. You alone have the power to command the sea, the wind and the rain. You alone bring peace, calm and safety. Father we thank you in advance, for you are our only Refuge. We ask this through Christ, Your Son, who lives and reigns with you and the Holy Spirit, one God, forever and ever. Amen. Mary, Queen of the Apostles, and Patroness of our Diocese, pray for us. Amen.

**PRAYER FOR VOCATIONS.** Lord Jesus, as You once called the first disciples to make them fishers of men, let your sweet invitation continue to resound: Come follow Me! Give young men and women the grace of responding quickly to your voice. Support our bishops, priests and consecrated people in their apostolic labor. Grant perseverance to our seminarians and to all those who are carrying out the ideal of a life totally consecrated to your service. Awaken in our community a missionary eagerness. Lord, send your workers to your harvest and do not allow humanity to be lost for the lack of pastors, missionaries and people dedicated to the cause of the Gospel. Mary, Mother of the Church, the model of every vocation, help us to say "yes" to the Lord who calls us to cooperate in the divine plan of salvation. Amen.



# Weekly Prayer

## Sunday's Readings

### First Reading:

I will appoint shepherds for them who will shepherd them so that they need no longer fear and tremble; and none shall be missing, says the LORD. (Jer 23:4)

### Psalm:

The Lord is my shepherd; there is nothing I shall want. (Ps 23)

### Second Reading:

In Christ Jesus you who once were far off have become near by the blood of Christ. For he is our peace, he who made both one and broke down the dividing wall of enmity. (Eph 2:13-14)

### Gospel:

When he disembarked and saw the vast crowd, his heart was moved with pity for them, for they were like sheep without a shepherd; and he began to teach them many things. (Mk 10:34)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

## Live The Liturgy Inspiration of the Week

The crowds continue to follow Jesus, and when he sees them, he cannot help but be filled with love for them. Let us take our cue from these devoted disciples of Mark's Gospel, and never, ever stop seeking our Lord.

## Observances for the week of July 21, 2024

- Sunday:** 16th Sunday in Ordinary Time  
**Monday:** St. Mary Magdalene  
**Tuesday:** St. Bridget, Religious  
**Wednesday:** St. Sharbel Makhlūf, Priest  
**Thursday:** St. James, Apostle  
**Friday:** Sts. Joachim and Anne, Parents of the Blessed Virgin Mary  
**Next Sunday:** 17th Sunday in Ordinary Time

## REGISTER FOR THE EMMANUEL

# OCIA PROGRAM

The Order of Christian Initiation for Adults (OCIA) is a year-long process of prayer, learning, and reflection designed for those seeking to become Catholic, those seeking the sacrament of Confirmation, and for those simply exploring the Catholic faith. It is open to all adults ages 18+.

**Classes are held on Sunday  
afternoons and starts at 1:00  
PM**

Registration information will be provided through the parish office: P561.496.2480

Answers to specific questions will be given once we have your contact info.

Deacon Anthony Cuseo is the OCIA Program Director - P561.496.2480.

Emmanuel Catholic Church  
15700 S. Military Trail, Delray Beach, FL 33484  
P561.496.2480 F561.496.5755

## Prayer to the Shepherd

My Good Shepherd,  
There are so many things I don't understand about the paths where you lead and the pastures where you release me. But I believe that you are a Good Shepherd. I have known your protection and provision in so many ways. Please keep me under your care.  
Amen.

# Liturgical Life

## (PRACTICING) CATHOLIC

### A Deserted Place

In one of my favorite shows, “Parks and Recreation,” there is a scene where one of the characters, Jerry, is tasked with stuffing hundreds of envelopes with flyers as part of his volunteer work for a local city council campaign.

Jerry’s efficient, almost mechanical completion of the job amazes his coworkers, who gather to watch in awe while he folds, inserts, seals, and stamps — over and over again. After several hours, the huge pile of envelopes is finally ready for mailing ... and Jerry realizes that he has stuffed them all with the wrong piece of paper.

“I always say, it ain’t government work unless you do it twice,” he quips as he restarts the task.

In any work, no matter how worthy or fulfilling it is, there is a point where the task transforms into mere routine. It can happen with anything: ministry, marriage, parenthood, even prayer. There is no shame in this. It doesn’t mean that we don’t enjoy these pursuits or feel passion for the mission inherent in them.

It only means that we are human, and we get tired.

When the Apostles return from their travels, Jesus recognizes their exhaustion. He encourages them to “come away to a deserted place.” He inhabits a human body, so he knows the weariness to which it is subject. He knows what it is to be tired, to be hungry. He knows that it’s hard to do the work when your body is failing you.

It’s important for us to recognize those times when Jesus is calling us to a deserted place — and it’s important for us to follow him there, even if we are pursued by feelings of doubt and guilt, just as the Apostles were followed by crowds hungry for their ministry.

Solitude is not selfishness. Contemplation is not idleness. To withdraw does not mean to run away.

The work we do — whatever it is — deserves our whole strength. If we have lost that, there is only one place we are sure to find it again.

*“He said to them, ‘Come away by yourselves to a deserted place and rest a while.’” — Mark 6:31*

- Colleen Jurkiewicz Dorman

### Why do we do that?

#### Catholic Life Explained

##### Question:

What can I do to help our family practice our faith each day?

##### Answer:

Some families practice their religion together as just another event on their schedule: go to church, observe Lent, help at the parish picnic, go to a meeting, volunteer time, make your confession, use your envelope... But the focus needs to be on who we are—God’s people, in relationship with him, loved, forgiven, and redeemed, and called to live and proclaim the Gospel. Our awareness of God’s presence and our sense of mission are supported by the daily rituals, celebrations, and traditions that help us stay focused. Sharing our faith strengthens us and clarifies the beliefs and values of Christian living.

Daily family practices include time for prayer—before meals, before bed, before important meetings and activities. Attend Sunday Mass together and discuss the homily afterward. Create family celebrations for holy days and holidays. Make religion a regular part of your discussions. Include others, especially the elderly and the less fortunate, in your activities and charitable efforts. By applying the virtues of faith, hope, and love to each day, faith becomes part of who your family is. It influences how you act towards others, what you value, and how mindful of God you are. Faith is the leaven of life that helps all of us rise to our calling and dignity as God’s people.

## Worship & Meditation

### Readings for the week of July 21, 2024

#### Sunday:

Jer 23:1-6/Ps 23:1-3, 3-4, 5, 6 (1)/  
Eph 2:13-18/Mk 6:30-34

#### Monday:

Sg 3:1-4b or 2 Cor 5:14-17/Ps 63:2, 3-4,  
5-6, 8-9/Jn 20:1-2, 11-18

#### Tuesday:

Mi 7:14-15, 18-20/Ps 85:2-4, 5-6, 7-8/  
Mt 12:46-50

#### Wednesday:

Jer 1:1, 4-10/Ps 71:1-2, 3-4a, 5-6ab, 15 and  
17/Mt 13:1-9

#### Thursday:

2 Cor 4:7-15/Ps 126:1bc-2ab, 2cd-3, 4-5,  
6/Mt 20:20-28

#### Friday:

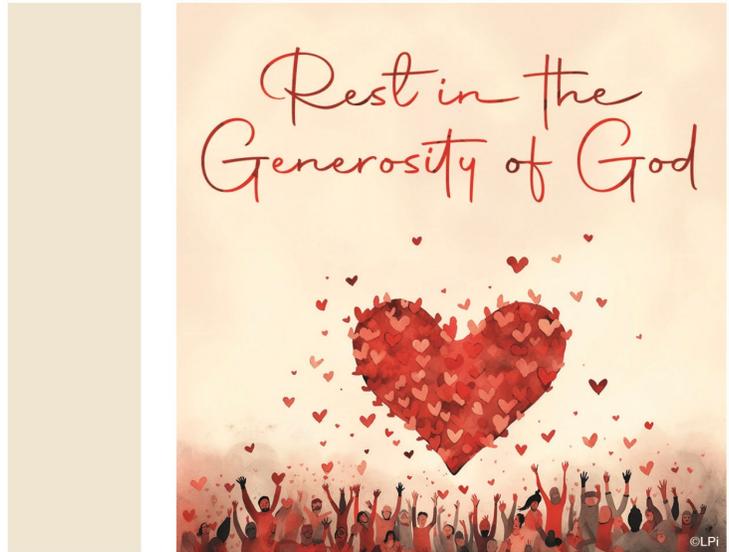
Jer 3:14-17/Ps 19:8, 9, 10, 11/Mt 13:18-23

#### Saturday:

Jer 7:1-11/Ps 84:3, 4, 5-6a, and 8a, 11/  
Mt 13:24-30

#### Next Sunday:

2 Kgs 4:42-44/Ps 145:10-11, 15-16, 17-18  
(see 16)/Eph 4:1-6/Jn 6:1-15



### Gospel Meditation

#### Seek a deeper understanding of Scripture

Burnout. Recent studies suggest that roughly two-thirds of doctors and nurses have signs of it. You probably know what burnout is: long-term stress leading to emotional exhaustion and a lack of a sense of personal accomplishment. Burnout can threaten anyone who tries to seriously serve and love others. How does our faith inform this challenging experience, and how do we find refreshment?

The apostles face something like burnout this week in Mark 6. They are run down from their missionary work, and Jesus says, **“Come away by yourselves to a lonely place, and rest a while.”** For them, and for us, it takes humility to intentionally rest. It means the world can go on without us. It stings our pride to admit God is necessary and we are not. Choosing to leave our good work to be with him — whatever the cost — is an act of humble faith. And that trust in God begins to revive us.

But there’s more to it. Hilariously, Mark tells us that throngs of needy people find out where the apostles are going and arrive ahead of them. Imagine the exasperation of the burnt-out apostles. “Can we *please* get a minute to ourselves? This is not healthy!” And Jesus seems to *encourage* the boundary violation by telling his frayed followers to feed the crowd. Look: once we move into humble rest, he calls us to *more* work, because we are made for love, not for rest. But Jesus does the vast bulk of the labor. He himself is the one who multiplies the small offering until everyone is satisfied.

What finally gives our heart rest isn’t more vacation time. It’s experiencing the super abundant generosity of God for us and those whom we serve.

— Father John Muir

# PRACTICING CHRISTIAN

## FIND GOD IN ORDINARY MOMENTS

### A Steward's Work is Never Done

Woe to the shepherds who mislead and scatter the flock! When you hear these strong words from the Old Testament, you're probably thinking, thank goodness I don't have any sheep – dodged that bullet. Nobody misled here! No flock scattered on my watch! However, we are all shepherds of a kind, called to tend our own sheep: our families, our parishes, our communities.

But it's exhausting. Don't we all sometimes just want to take a break from being a steward? The excuses are so familiar: we're tired, we've done enough, we've given all we can, what more does the parish (or my spouse, or my kids, or my boss, or my friends, or my community) want? We give ourselves permission to be selfish. So, what if the flock scatters just a little?

Jesus gets that. We can just imagine him weary with exhaustion, can't we? We see him on his boat, attempting to sneak away for a quick break – maybe just a chance to eat a bite of food in peace. He is God, but he was still human, after all. Even the most dedicated shepherds need to sleep. But people couldn't leave him alone. They were hungry for him. They needed what he could offer, and they needed it now.

As tough as it is, that's the example we are tasked with imitating. Everyday Stewardship demands accountability. It demands our showing up even when we are tired. It demands that we look at our lives, our time, our energies, our talents, our hearts, our bank accounts and think: where do I still have more to give?

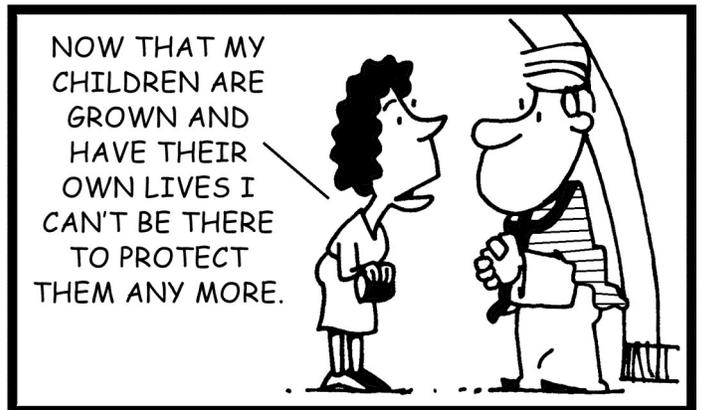
– Tracy Earl Welliver, MTS

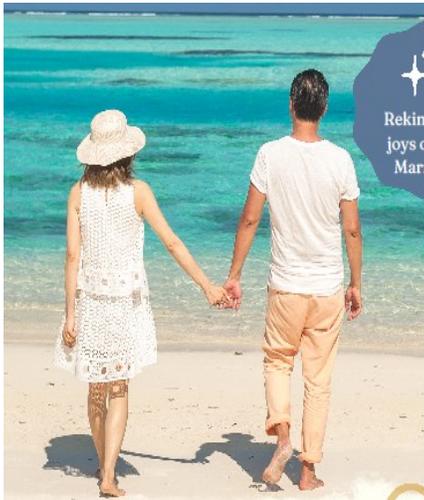
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**SOULCORE:** Strengthening our bodies as we strengthen our souls, as we pray the Rosary - what a gift! Classes are offered Mon. & Wed. 6:30pm at SJA's Athletic Center, Wed. at 4pm at Emmanuel Church, and Sunrise Saturdays at 6:45am. Please contact Ramona Joachim for locations or more info 561-866-4820

## 16TH SUNDAY IN ORDINARY TIME





Rekindle the joys of your Marriage!



Main Presenters:  
Deacon Louie & Leona Romero

OUR LADY OF FLORIDA  
SPIRITUAL CENTER

AUGUST  
24-25, 2024

**MARRIAGE  
TUNE-UP**

**\$249 per couple**  
Includes 1 night stay, all meals and Saturday Evening Social.

Weekend begins with Continental breakfast Saturday at 8:00am, concluding with Holy Mass on Sunday at 12:00pm

Have a good marriage but wonder if it could be better? Then it's time for a TUNE-UP!  
A two day-seminar on rekindling the joys of marriage and learning to relate to your spouse in a new way. This is NOT your typical marriage seminar!

Make this the best year of your marriage!

Questions? Contact Deacon Louie Romero [lromero@diocesepb.org](mailto:lromero@diocesepb.org) 561-775-9557

Hosted by the Diocese of Palm Beach

Register at Eventbrite [marriagetune-upaug24.eventbrite.com](http://marriagetune-upaug24.eventbrite.com)

SPACE IS LIMITED



## DIVINE MERCY CONFERENCE

"Do not fear anything, I am always with you." Jesus to St. Faustina, Diary #613  
Approved by the Diocese of Palm Beach under the guidance of Fr. Andy Rudnicki, Pastor

**Friday, July 26th-Sunday, July 28th**





**A Weekend with the Merciful Jesus, St. Padre Pio, and St Faustina Kowalska**




Healing Mass and Holy Hour with Fr Richard Champigny, O.Carm. Fr. Gary George C.Ss.R, Fr. Jose Maniyangat, and HOPE Music Ministry from St. Jude in Boca Raton, FL

All Services in the Parish Hall  
Friday, July 26  
7-9:30pm Healing Service with Adoration with Fr. Richard Champigny and Fr. Gary George

Saturday, July 27  
9am-12pm Holy Mass, Healing Service with Adoration w/ Fr. Jose Maniyangat's Testimony. Blessing with Relic of St. Padre Pio

Sunday, July 28  
1pm-4pm Holy Mass and Healing Service with Adoration w/ Fr. Jose Maniyangat's Testimony and Katalin Filtranti. Blessing with Relic of St. Padre Pio

Please join us and invite your friends and family to this special weekend of blessings!

**For more information please call:**  
Nuris Diaz (561) 729-8353  
Heidy Shetty (561) 502-2390

**Our Lady Queen of the Apostles Catholic Church**  
100 Crestwood Blvd S,  
Royal Palm Beach, FL 33411  
(561) 798-5661

From I-95: Exit 68 Southern Blvd, drive West  
Turn right onto Crestwood Blvd

**Free admission, no registration needed**



## IMPORTANT ANNOUNCEMENT REGARDING CHURCH MAINTENANCE

On June 30th, Sunday afternoon, our church was struck by lightning. Our internet, phones, AC's Fire alarm and sprinkler systems were all compromised. We are working diligently to get them all back and running.



## Promote Your Business

### While Supporting Our Parish

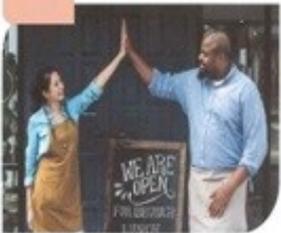


#### Reach a local audience

You do good work, so advertise to a good audience – the people worshipping here throughout the week. Our community turns to local business ads when they're in need of services, ensure they can find you in our church bulletin.

#### One full year of full-color ads

Spotlight your business information with print ads in our parish bulletin AND digital ads online, too! Not sure what your ad should display? Free ad design is included with your sponsorship.



#### Low price for you, big difference for our church

Ad sales from business owners help cover the printing cost of our church bulletin, so we may continue to spread good news. Think of it this way: we're on mission, together. We appreciate your support!

Our bulletin partner, LPI, will help you get started →

## Getting started is easy, here's how!

Our parish's representative with LPI will take care of all of the details to help you succeed with bulletin advertising!

Ready to advertise? Scan me to get started!



## Free Ad Design

Our partner, LPI, offers free, professional ad design services with every advertisement package.

#### 3 tips for an exceptional, responsive ad:

- 1. Prominent Logo or Business Name**  
Your ad builds awareness about your business. We'll make sure to place your logo or company name prominently.
- 2. A Value Proposition**  
This is usually delivered in the form of a catchy headline. Try to be short and succinct.
- 3. Short Call-to-Action**  
What's the "next step" for your audience? Entice your readers to engage with your business with a friendly call-to-action.



Need help getting started? Scan the code above!



Contact LPI Today! 800-950-9952  
www.4lpi.com/advertising-solutions

## Prayer to Defeat Florida's Abortion Amendment

Ever-living God, you give life and desire a future for all your children. Take hold of our nation, state, and community and awaken in every heart awe for the gift of life. Send your Spirit to strengthen us with wisdom and fortitude as we defend mothers and children in Florida from laws that disregard their health and safety.

Mary and Joseph trusted in you and welcomed Jesus into our broken world. God Almighty, we ask their intercession to protect the preborn and their mothers, and to guide all parents in raising their children. May they help us build a civilization of love by upholding the sacredness of life and accompanying pregnant women in need.

We ask this through Christ, our Lord. Amen.

Our Lady, Mother of the Family, pray for us!

St. Joseph, Protector of the Unborn, pray for us!

## OPEN REGISTRATION

### Have you registered your children for the 2024-2025 CCD classes?

Parents its not too late to get your child preparing for First Holy Communion. We offer a Sacraments class for those older students who are behind in preparing for their Communion. Its a 2 year program and classes are every Sunday during the school year. Sign up now so your children will have a spot reserved in our classes in the fall. Stop by the office during office hours and pick up a registration form.

## Pilgrimage to Fatima & Lourdes with Barcelona

May 18 — May 27, 2025 • 10 Days • 15 Meals

**HURRY! ONLY 13 SEATS LEFT.**



**Book now and save \$350: Double \$3,999\*      Single \$4,499\***

Price includes 10 days, 15 meals; round trip air from Palm Beach Int'l airport, all air taxes and fees/surcharges, hotel transfers and bus round trip from Emmanuel Church to and from airport. Prices guaranteed through November 19, 2024.

Deposit of \$698 per person is due upon reservation. Final payment is due March 19, 2025.

**\*Not included in price:** Cancellation Waiver and Insurance of \$449 per person, if electing insurance, it must be purchased at time of the booking. Optional tours available in Barcelona and Montserrat, Spain.

**For complete details on the tour and to make a reservation, go to the Collette website below or Contact Carol Chapman at 561-310-3229, cchapman33463@gmail.com**

**<https://gateway.gocollette.com/link/1206580>**

### Everyday Stewardship

My daughter can easily become overwhelmed by having so much to do. She recently graduated from high school, and many times during those four years, she found herself going crazy from being involved in so many things. Sports, drama, youth group, homework, friends, and more all demanded a slice of her attention. Sometimes the slice of time that remained wasn't much and one does have to sleep!

A good everyday steward can get caught up in doing so much and giving so much that he or she loses sight of the fact that you cannot give what you do not have. If you have no time left, you cannot give that. If you have no energy left, you cannot give that. Finally, if you find yourself agitated and overwhelmed, you cannot give that which others benefit from the most: YOU!

Even when we plant seeds in a garden after tilling and watering the soil, we must rest and wait for there to be growth. If we do not take time to rest and recharge, we are not allowing time for God's grace to bring forth new life in us. We fear that things will suffer without us, but the truth is that no one is benefiting from our fatigue. We can think we are giving but really we are empty. Take some time and rest in your God. Retreat and recharge. Then you will be able to share once again.

-Tracy Earl Welliver, MTS @LPi