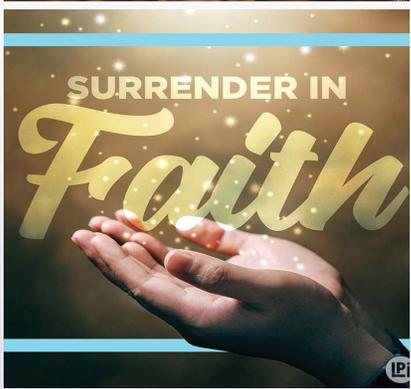
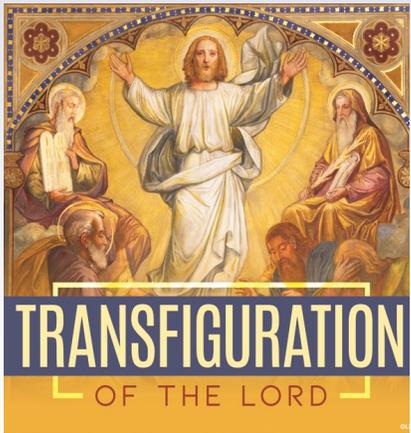
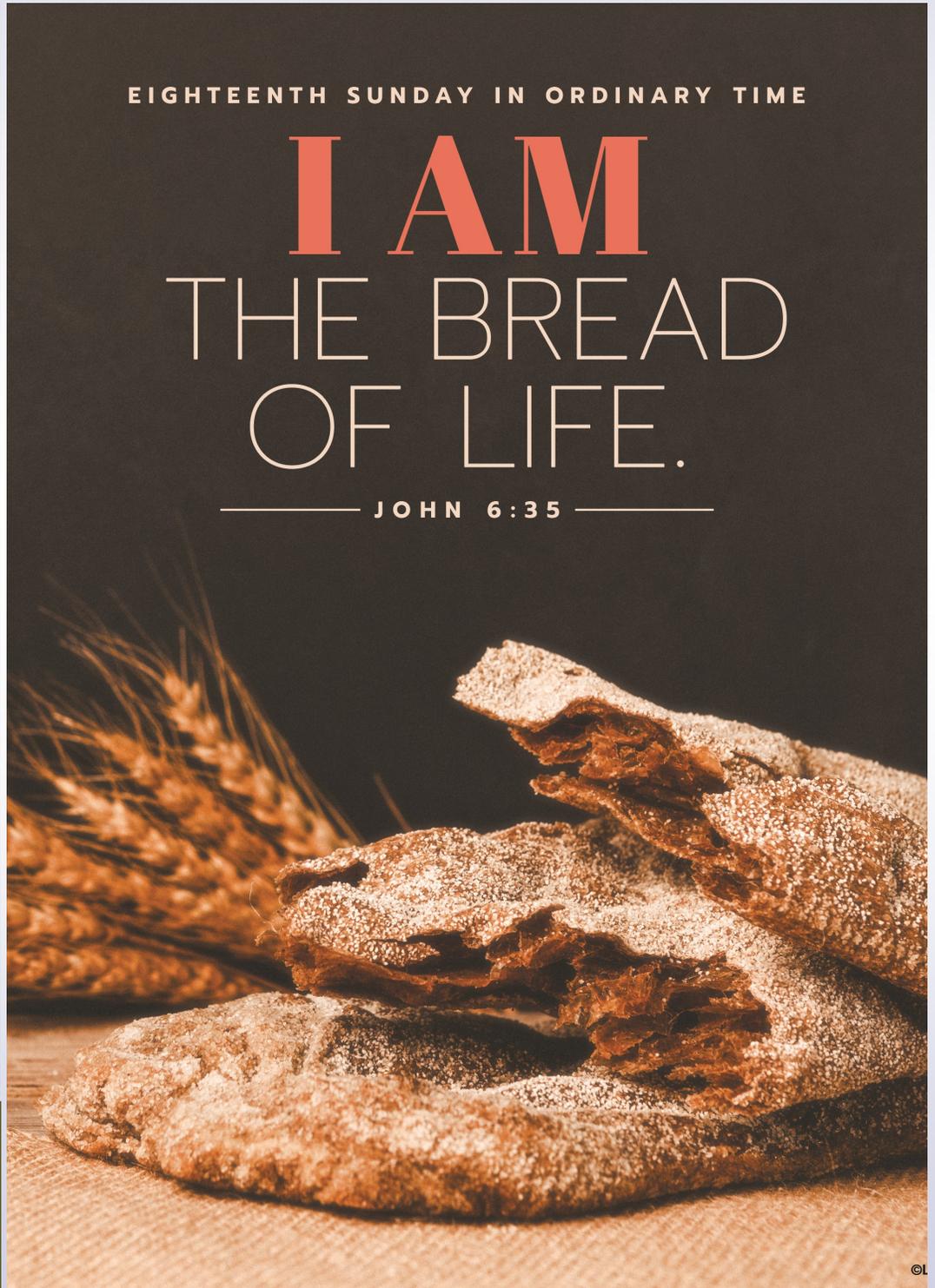




15700 S. MILITARY TRAIL, DELRAY BEACH, FL 33484 P:561.496.2480 F:561.496.5755



BIG RED BUS VISIT SCHEDULE :
Sunday, 8/11
Sunday, 10/13,
and Sunday 12/08.



PARISH INFORMATION

02 | PARISH FAMILY | GOD IS WITH US



OUR MISSION

Emmanuel Catholic Church which means, God is with us, is a faithful community of believers dedicated to proclaiming the gospel of Jesus Christ as taught by the Roman Catholic Church through word, sacrament, and service. As a parish family of God, we live by faith, truth, and love as we value the sanctity of life in all its stages and make the Holy Eucharist the center of our lives. Through the guidance of the Holy Spirit, the consultation with our parish ministries, we desire to be witnesses of God's presence as we share our gifts of time, talent, and treasure with God's Family.

CLERGY

Pastor

Rev. Fr. Gaudioso Zamora

Parish Vicar

Rev. Fr. Theodore Ihedoro

In Residence

Rev. Fr. Joseph Papes

Weekday/Weekend Associates

Rev. Fr. Timothy Canaan

Rev. Fr. David Carr

Deacon Anthony Cuseo

PARISH STAFF

Director of Finance

Tanya Kuppamala Ext. 1001 tkuppamala@emmanuelcatholic.church

Secretary

Stella Sadolfo Ext. 1007 secretary@emmanuelcatholic.church

Property Manager

Edward Shannon Ext. 1006 maintenance@emmanuelcatholic.church

Receptionist

Rose Marie Baldonado Ext. 1000 receptionist@emmanuelcatholic.church

PARISH MINISTRIES

OCIA & Sacramental Preparation

Deacon Anthony Cuseo

Religious Education

Jean Krokus | Ext. 1005

religiouseducation@emmanuelcatholic.church

Extraordinary Ministers of Holy Communion

Fr. Theo Ihedoro | Ext. 1004

Lectors

Fr. Theo Ihedoro | Ext. 1004

Hospitality / Ushers

Bob Bonney & Chuck Dolce

Music

Linda Coz, Ree Joy Baldonado, Clanaven Baldonado & Men's Choir

Altar Flowers

Bella Simbajon & Filipino Community

Altar & Clergy Vestments

Maryann DiBiase, Carol Chapman, Nancy McDonald,

Homebound / Hospital Ministry

Fr. Theo Ihedoro | Ext. 1004

Gift Shop

Josephine Joan | Ext. 1009

Blood Drive

Patti Gomez | 561-293-9761

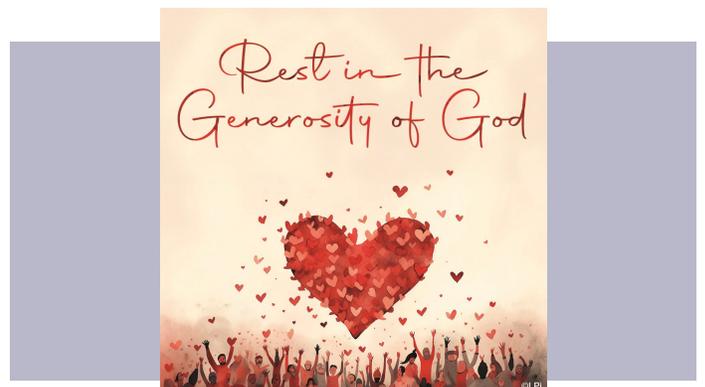
PARISH ORGANIZATIONS

Ladies Guild

President Nancy McDonald

Knights of Columbus

Grand Knight Bob Budd



PARISH REGULAR SCHEDULE

TAIZÉ PRAYER

Every Friday at 6:30pm—7:30pm
(after 6:00pm Mass) except for First Fridays.

SACRAMENT OF THE SICK

Every Thursday after the 8:30am mass
or call the parish office

BAPTISMS

Sundays at 1:00pm. Schedule one month in advance.
Contact Parish Office.

WEDDINGS

Contact Deacon Tony at least 6 months in advance

HOLY DAYS OF OBLIGATION

5:00pm Vigil Mass
7:30am, 9:00am, 10:30am, 12:00pm

GIFT SHOP

Monday & Wednesday **8am-1:00pm**

Tuesday Closed

Thursday & Friday **8am-1pm**

Saturday Closed

4th Sunday of the Month **10:00AM- 1:30PM**

NOTE: Gift shop will be closed when the parish office is closed

ROSARY GROUP

Monday—Friday after the 7:30am Daily Mass

RECONCILIATION

Saturday after the 8:30am Mass

PARISH CALENDAR FOR THE WEEK

Sunday, Aug. 04

9:00A.....KoC Mass

Monday, Aug. 05

6:30A..... Adoration
1:00P.....Movie Mondays

Tuesday, Aug. 06

6:30A..... Adoration
10:00A..... Faith Sharing
6:30P..... Ladies Guild Meeting

Wednesday, Aug. 07

6:30A... Adoration
4:00P.....SoulCore

Thursday, Aug. 08

6:30A..... Adoration
9:00A..... Anointing of the Sick
3:00P..... Holy Hour
6:30P..... AA Meeting

Friday, Aug. 09

6:30A..... Adoration
6:30P..... Taize

Saturday, Aug. 10

9:00A..... Confession
9:00A..... Lay Cistercians Meeting

Sunday, Aug. 11

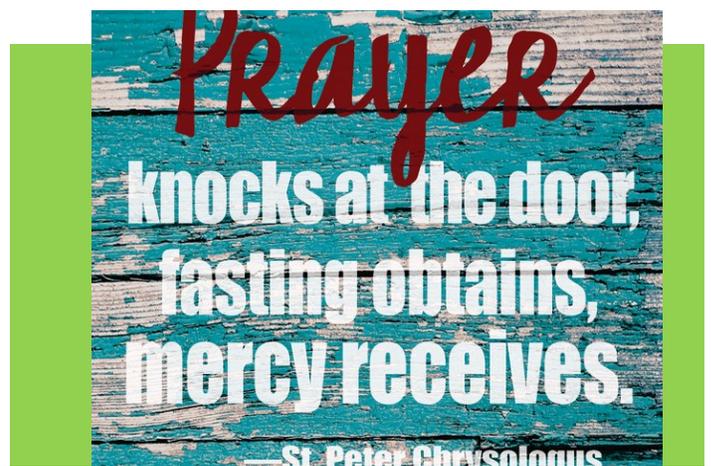
9:00A Ladies Guild Mass
1:00P.....Baptism Class



SCHEDULE CHANGES?

Do you want to make sure there have been no sudden time changes to any event or activity you want to join this week? Call the parish office during business hours.

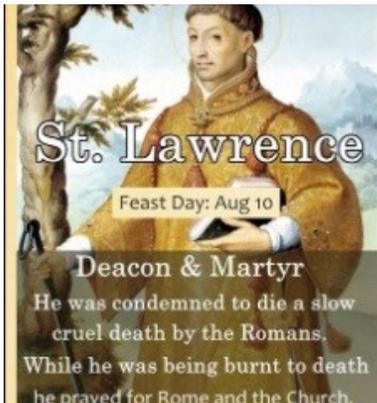
561.496.2480



THE SACRAMENT OF THE EUCHARIST (In Brief)

From the Catechism of the Catholic Church: 1406 Jesus said: " I am the living bread that came down from heaven; if anyone eats of this bread, will live forever; he who eats my flesh and drinks my blood has eternal life and... abides in me, and I in him" (Jn 6:51,54,56). 1407 : The Eucharist is the heart and the summit of the church's life, for in it Christ associates his church and all her members with his sacrifice of praise and thanksgiving offered once for all on the cross to his father; by this sacrifice he pours out the graces of salvation on his body which is the church. 1408: The Eucharistic celebration always includes: the proclamation of the word of God; thanksgiving to God the Father for all his benefits, above all the gift of his Son; the consecration of the bread and wine; and participation in the liturgical banquet by receiving the Lord's body and blood. 1409 : The Eucharist is the memorial o Christ's Passover, that is, of the work of salvation accomplished by the life, death and

resurrection of Christ, a work made present by the liturgical action. 1410: It is Christ himself, the eternal high priest of th new covenant who, acting through the ministry of the priests, offers the Eucharistic sacrifice. And it is the same Christ, really present under the species of bread and wine, who is the offering of the Eucharistic sacrifice. 1412: The essential signs of the Eucharistic sacrament are wheat bread and grape wine, on which the blessing of the Holy Spirit is invoked and the priest pronounces the words of consecration spoken by Jesus during the Last Supper: " This is my body which will be given up for you... This is the cup of my blood...." 1413 : By the consecration the transubstantiation of the bread and wine into the body and blood of Christ is brought about. Under the consecrated species of bread and wine Christ himself, living and glorious is present in a true, real, and substantial manner: his body and his blood, with his soul and his divinity. -Fr. Zamora



St. Lawrence (c. 225 – August 10, 258)

The esteem in which the Church holds Lawrence is seen in the fact that today's celebration ranks as a feast. We know very little about his life. He is one of those whose martyrdom made a deep and lasting impression on the early Church. Celebration of his feast day spread rapidly.

He was a Roman deacon under Pope Saint Sixtus II. Four days after this pope was put to death, Lawrence and four clerics suffered martyrdom, probably during the persecution of the Emperor Valerian.

Legendary details of Lawrence's death were known to Damasus, Prudentius, Ambrose, and Augustine. The church built over his tomb became one of the seven principal churches in Rome and a favorite place for Roman pilgrimages.

A well-known legend has persisted from earliest times. As deacon in Rome, Lawrence was charged with the responsibility for the material goods of the Church, and the distribution of alms to the poor. When Lawrence knew he would be arrested like the pope, he sought out the poor, widows, and orphans of Rome and gave them all the money he had on hand, selling even the sacred vessels of the altar to increase the sum. When the prefect of Rome heard of this, he imagined that the Christians must have considerable treasure. He sent for Lawrence and said, "You Christians say we are cruel to you, but that is not

what I have in mind. I am told that your priests offer in gold, that the sacred blood is received in silver cups, that you have golden candlesticks at your evening services. Now, your doctrine says you must render to Caesar what is his. Bring these treasures—the emperor needs them to maintain his forces. God does not cause money to be counted: He brought none of it into the world with him—only words. Give me the money, therefore, and be rich in words."

Lawrence replied that the Church was indeed rich. "I will show you a valuable part. But give me time to set everything in order and make an inventory." After three days he gathered a great number of blind, lame, maimed, leprous, orphaned, and widowed persons and put them in rows. When the prefect arrived, Lawrence simply said, "These are the treasure of the Church."

The prefect was so angry he told Lawrence that he would indeed have his wish to die—but it would be by inches. He had a great gridiron prepared with coals beneath it, and had Lawrence's body placed on it. After the martyr had suffered the pain for a long time, the legend concludes, he made his famous cheerful remark, "It is well done. Turn me over!"

Reflection

Once again we have a saint about whom almost nothing is known, yet one who has received extraordinary honor in the Church since the fourth century. Almost nothing—yet the greatest fact of his life is certain: He died for Christ. We who are hungry for details about the lives of the saints are again reminded that their holiness was after all, a total response to Christ, expressed perfectly by a death like this.

CLERGY & MASS SCHEDULE

Sunday Aug. 4th

7:30A Fr. Fr. Theo 9:00A Fr. Carr
 10:30A Fr. Carr
 12:00P Fr. Theo 6:00P Fr. Theo

Monday, Aug. 5th

7:30A Fr. Carr 8:30A Fr. Theo

Tuesday, Aug. 6th

7:30A Fr. Theo 8:30A Fr. Carr

Wednesday, Aug. 7th

7:30A Fr. Carr 8:30A Fr. Theo

Thursday, Aug. 8th

7:30A Fr. Theo 8:30A Fr. Carr

Friday, Aug. 9th

7:30A Fr. Zamora 8:30A Fr. Theo
 6:00P Fr. Zamora

Saturday, Aug. 10th

8:30A Fr. Zamora 4:00P Fr. Zamora
 5:30P Fr. Zamora

Sunday, Aug. 11th

7:30A Fr. Fr. Theo 9:00A Fr. Theo
 10:30A Fr. Carr
 12:00P Fr. Fr. Carr 6:00P Fr. Zamora



NATIONAL EUCHARISTIC REVIVAL PRAYER

Lord Jesus Christ, you give us your flesh and blood for the life of the world, and you desire that all people come to the Supper of the Sacrifice of the Lamb. Renew in your Church the truth, beauty, and goodness contained in the Most Blessed Eucharist. Jesus living in the Eucharist, come and live in me. Jesus healing in the Eucharist, come and heal me. Jesus sacrificing yourself in the Eucharist, come and suffer in me. Jesus rising in the Eucharist, come and rise to new life in me. Jesus loving in the Eucharist, come and love in me. Lord Jesus Christ, through the paschal mystery of your death and resurrection made present in every Holy Mass, pour out your healing love on your Church and on our world. Grant that as we lift you up during this time of Eucharistic Revival, your Holy Spirit may draw all people to join us at this Banquet of Life. You live and reign with the Father and the Holy Spirit, God forever and ever. Our Lady of Guadalupe, Mother of the Eucharist, Pray for us.

STEWARDSHIP REPORT

DSA UPDATE – June 20, 2024

Goal Amount	\$ 169,000.00
Current Donation Total	\$ 114,351.98
Balance Remaining	\$ 54,648.02

CHURCH OFFERINGS

July 28, 2024

First Collection	\$ 9,482.91
Second Collection	\$ 2,370.00
Subtotal.....	\$ 11,852.91
Online (7/27/2024).....	\$ 921.66

July 21, 2024

First Collection	\$ 8,647.00
Second Collection	\$ 2,174.00
Subtotal.....	\$10,821.00
Online (7/20/2024).....	\$ 2,517.61

Thank you so much for your continued generosity and support!

WEEKLY MASS INTENTIONS

AUG 05–AUG 11, 2024 | 06

SCHEDULED INTENTIONS

Monday, Aug. 05

7:30am †Bob Stott by Fe Stott †Gerard & David Abrami by Fran Abrami
8:30am †Erik Albertson by Ann-Marie Knight †Josephine Ihedoro by Carmella Donnino

Tuesday, Aug. 06

7:30am *Victor Gabriel Caraballo by Mom & Dad †Erik Albertson by Chris Clarke
8:30am †Josephine Ihedoro by Mr. & Mrs. Sylvestre *Evelyn Santiesteban by Elsa Caraballo

Wednesday, Aug. 07

7:30am †Maria Esperanza Bianchini by Parishioner †Erik Albertson by Theresa Pettignano
8:30am *Ted Vargas by Caraballo Family *Theodore Vargas/Birthday by Evelyn Santiesteban

Thursday, Aug. 08

7:30am *Clare Lemar by A. M. †Maura Chipa by Pilar Diaz
8:30am †Valentine Cassagnol by Cassagnol Family †Michelle Moise McPhee by Cassagnol Family

Friday, Aug. 09

7:30am †Josephine Ihedoro by Renel Sevilla *Thanksgiving/Milena's graduation by Maria Watt
8:30am †Peter Saccaro by Patricia Saccaro †Hope Saccaro by Anna Perfetti
6:00pm FOR PRIESTS FOR PRIESTS

Saturday, Aug. 10

8:30am †Paul Altschuler by Rice-Motta Family †Josephine Ihedoro by Theresa Pettignano
4:00pm BOOK OF THE DEAD BOOK OF THE DEAD
5:30pm †Alice Claire Sorrelli by Joseph Sorrelli †Alice Claire Sorrelli by Joseph Sorrelli

Sunday, Aug. 11

7:30am †Ramon Tavarez by Estebania Brea †Veronica Migatz by Family
9:00am †Linda Seidler by Mother & Sister Debbie †Erik Albertson by Carol Schwab
10:30am PARISHIONERS & BENEFACTORS PARISHIONERS & BENEFACTORS
12:00pm †Erik Albertson by Jean & Stephen Saunders *Marcel Caouette by Mr. & Mrs. Sylvestre
6:00pm †Realino Santoro by Lisa Carnevale †Rafaela Aguas by Florence Grossman

UNSCHEDULED

†David Needells by Carol Schwab *Katherine Cappadona by Carol Schwab
†Fr. Albert O'Connor by Mamie & Frank Eardley †Josephine Ihedoro by Raymond & Maud Cassagnol
*Tom Marland by Anne Gerhard †Margaret M. Dalton by Robert Dalton †Margaret M. Dalton by Robert Dalton
*Kim Durmer by Jan Durmer †Fr. Leo Wiley by Dorothy Deedy †Emily Mont by Donna Varney
†Jane Cotter by Laura & John Cotter †Sherrie Block by Pedro Charito
†Elsie Castelino by Mary & Rudolf Dsouza *Tom Trippe by Carmella Donnino
*Sharon Kaplan by Carmella Donnino

ALTAR FLOWERS

***A.M. By A.M.**

VIGIL LIGHTS

***A.M. By A.M.**

SHRINE FLOWERS

Please take some time this week to remember the following in your prayers: For all in our parish family who are suffering serious or terminal illness:

For men and women in the Armed Forces, and their families: AND FOR

David & John
Helen Cruz
Lenore Curatolo
Marilyn Boyle
Andrea Anastasi
Shelly Fiorini
Fran Abrami
Ed Bush
Margarito D.
Berciles
Arthur Chiusano

Maureen

Oberholzer

Bob Oberholzer
John Wilkens
Scott Ellison

Evangeline

Ezeilo

Michael Gehres
Karen Sullivan
Sean Zahul
Darren Guzman
Mary Lou

Connie

Panepinto

Amalia Mazzolin
Leon Martin
Joe Delagami

Rose Marie

Regner

Michael Manuele
Carla Ruiz
Benjamin Robelo
Karen McCarty
T.J. Genzale
Dave Ruiz
Victoria Robelo
Ms. S.
Dennis Gilbride
Rose Borsella
Lexie Helgerson
David Smeraldo
Janette Cole

Steven Martin

Sikes

Gianna Pagan
Suzanne Puleo
David Keyser

Sr. Frances Vass

OSC

Marguerite
Dawson
Mary Loveland
Sam Falcone
Patricia Golstein
Taylor Dosh
Marilyn Martino
Gulshan Modena
Maggie Dolan

Amelita Coz-Zarraga

Heather Martin
Taiilor McGee
Ronald Griffiths
Margie Giaquinto
Maria Fernandez
Raphael Roman
James Ezeilo
Brenda Ezeilo
Cynthia Martin
Francis Martin
Hermoine D'Cruz
Brigitte Knops
Toni Kreamer
Gerry Gerhard
Euclides Cerutti
Grace Cassagnol
Samuel Gonzales
Victorio
Ray Wolff

Patricia Tripi Giraldo

Ruth Kipperman
Ida Giannettina
Tom Hickey
Josette Weber

Nicholas

Payamps

Vincent Rizzo
Louis Perticone
Ann Cavaseno
Sue Madden
Hank Missig
Charles C. Tufano
Angela Discepola
Nancy Wong
Anna Halford
Sal Yanello
Victor Rivera
William Lindner
Lisa Della Femina

María E. Quiñones-Mercado

Diane Daniels
Carmen Jones
Bill Hamilton
Ralph Senese
Ramona
Kathy Garrett
Rich Sotis
Ash Gaballah
Karen Ramey
Tom Tripi
Mary Ann
Lisa Payne

Marilyn Green
Joseph Salamone
Slayder Salamone
Phyllis Lomitola
Maria Amaro
Aniela Ignaczak
Ronald Campayno
Lillian Campayno
Terry Schwinge
Tom D'Amico
Gabriel Zamora
Vincent Blum
Ricardo Blum
Gina Marie B. Cohen
David Strompf
Sal Hanono
Chris Angotti
Heather & Jason Smith
Terry Schwinge
Ronald Merhige
Roshan

PRAYER BEFORE HOLY COMMUNION . Lord, I believe and profess that You are truly Christ, Son of the Living God, who came into the world to save sinners, of whom I am the first. Accept me this day as I partake of your mystical supper, O Son of God. May the partaking of your holy mysteries, O Lord be not for judgment or condemnation, but for the healing of body and soul. I also believe and profess that this, which I am about to receive, is truly your most precious Body and Blood, which, I pray, make me worthy to receive for the remission of all my sins and life everlasting. Amen.

PRAYER TO SAINT MICHAEL THE ARCHANGEL St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, cast into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

PRAYER FOR PROTECTION FROM STORMS. God our Father, Creator of the Universe, and Lord over all creation, we humbly stand before You as your children in thanksgiving for your loving care and protection. We ask that you keep us safe from hurricanes which may threaten us in the coming seasons. Protect us from all fear and anxiety of storms and give us an ardent trust and hope in your love and mercy. You alone have the power to command the sea, the wind and the rain. You alone bring peace, calm and safety. Father we thank you in advance, for you are our only Refuge. We ask this through Christ, Your Son, who lives and reigns with you and the Holy Spirit, one God, forever and ever. Amen. Mary, Queen of the Apostles, and Patroness of our Diocese, pray for us. Amen.

PRAYER FOR VOCATIONS. Lord Jesus, as You once called the first disciples to make them fishers of men, let your sweet invitation continue to resound: Come follow Me! Give young men and women the grace of responding quickly to your voice. Support our bishops, priests and consecrated people in their apostolic labor. Grant perseverance to our seminarians and to all those who are carrying out the ideal of a life totally consecrated to your service. Awaken in our community a missionary eagerness. Lord, send your workers to your harvest and do not allow humanity to be lost for the lack of pastors, missionaries and people dedicated to the cause of the Gospel. Mary, Mother of the Church, the model of every vocation, help us to say "yes" to the Lord who calls us to cooperate in the divine plan of salvation. Amen.



Weekly Prayer

Sunday's Readings

First Reading:

"I will now rain down bread from heaven for you.
Each day the people are to go out and gather their daily portion."
(Ex 16:4)

Psalm:

The Lord gave them bread from heaven. (Ps 78)

Second Reading:

Be renewed in the spirit of your minds,
and put on the new self,
created in God's way in righteousness and holiness of truth.
(Eph 4:23-24)

Gospel:

"I am the bread of life;
whoever comes to me will never hunger,
and whoever believes in me will never thirst." (Jn 6:35)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

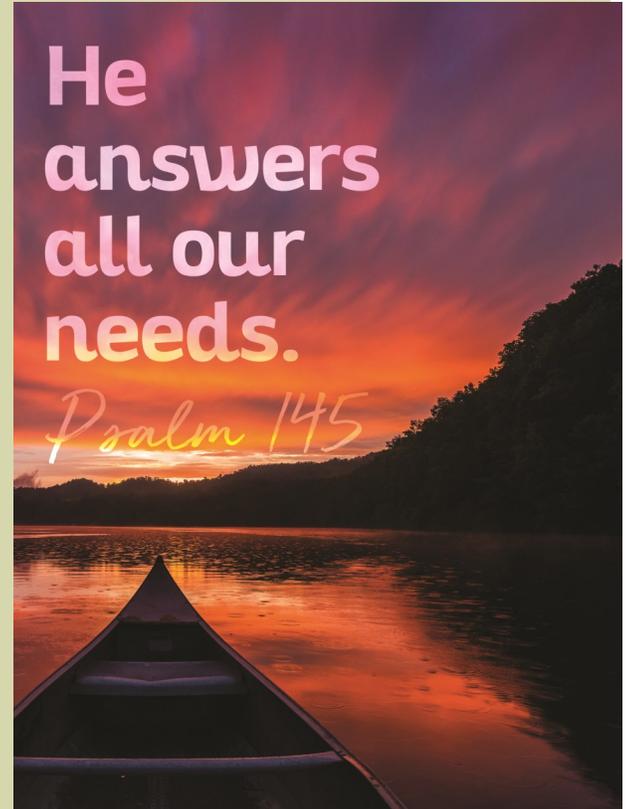
The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

Live The Liturgy Inspiration of the Week

Jesus reminds his followers: "Do not work for food that perishes, but for the food that endures for eternal life." We are so often distracted by the world before us, by the here and now. Let us not forget what is eternal. We were made for what is eternal.

Observances for the week of August 4, 2024

- Sunday:** 18th Sunday in Ordinary Time
Monday: The Dedication of the Basilica of St. Mary Major
Tuesday: The Transfiguration of the Lord
Wednesday: St. Sharbel Makhluf, Priest
Thursday: St. James, Apostle
Friday: St. Teresa Benedicta of the Cross, Virgin & Martyr
Saturday: St. Lawrence, Deacon and Martyr
Next Sunday: 19th Sunday in Ordinary Time



Prayer of Hunger

Dear Jesus,
You are the one who fed the hungry. But your work doesn't only exist on the pages of an old book. You're working now. Work in us, to bring food to those in need. Work in us, to satisfy the places we most need you. Amen.

Liturgical Life

(PRACTICING) CATHOLIC

Food That Perishes

It's so easy to do the right thing because we want to tick all the right boxes. We want to live by the law. We want to accomplish the work of God.

Or, at least, we say that we do.

But Jesus tells us that in order to accomplish the work of God, we have to believe in the one he sent. And to believe in Christ is to be filled with the spirit of truth — to do what is right because it is right, not because we want to be filled with good feelings.

What is the difference between doing what is right because you want to be a good Christian, and doing what is right because you believe in Christ?

It's the difference between eating manna and the Eucharist. One fills your stomach and keeps you alive, and nothing more. The other satisfies a hunger you might not have even known you had, or if you did know, you called it by another name — sadness, unfulfillment, fear. One achieves a corporeal goal, and that's the end of it. The other accomplishes something invisibly, secretly, silently, and though there is physical evidence of its work all around us, you have to be shrewd to recognize it.

It's the difference between making a social media post condemning sin and enveloping a sinner (the one at our dinner table, the one on the street, the one staring back at us in the mirror) with love and concern. It's the difference between simply going to Mass and living the Gospel. It's the difference between speaking to God and saying a prayer. It's the difference between telling someone they're wrong and telling them about the truth.

There's nothing wrong doing what is right because we long for heaven, and there's nothing wrong with eating manna if you're starving. But that alone isn't enough. We must also long for the bread of heaven, the bread that gives life to the world.

"Jesus said to them, 'I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst.'" — John 6:35

- Colleen Jurkiewicz Dorman

Why do we do that?

Catholic Life Explained

Question:

If God knows everything we do, why do we need to go to Confession?

Answer:

Another term for the Sacrament of Confession is the Sacrament of Reconciliation. We go to this sacrament not only to confess our sins, but to be reconciled with God. Of course, this begs the question, "If I can pray to God on my own, why can't I be reconciled to God on my own?" In the seven sacraments, we recognize the importance of community. Sacraments like baptism or matrimony happen in the context of the wider church to remind us of the communal impact of our lives. We are not alone in our walk of faith!

We don't need to confess our sins in front of the whole community - thank God! But going to the Sacrament of Reconciliation is a tangible reminder that our sins affect not only ourselves and our relationship with God, but others as well. Jesus gave his Apostles authority to forgive sins in his name. Through this sacrament, we are really, truly forgiven by God Himself. We receive an outpouring of grace and strength to sin no more and our relationship with Christ and his Body, the Church, are restored.

Worship & Meditation

Readings for the week of August 4, 2024

Sunday:

Ex 16:2-4, 12-15/Ps 78:3-4, 23-24, 25, 54 (24b)/Eph 4:17, 20-24/Jn 6:24-35

Monday:

Jer 28:1-17/Ps 119:29, 43, 79, 80, 95, 102/Mt 14:13-21

Tuesday:

Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9/2 Pt 1:16-19/Mk 9:2-10

Wednesday:

Jer 31:1-7/Jer 31:10, 11-12ab, 13/Mt 15:21-28

Thursday:

Jer 31:31-34/Ps 51:12-13, 14-15, 18-19/Mt 16:13-23

Friday:

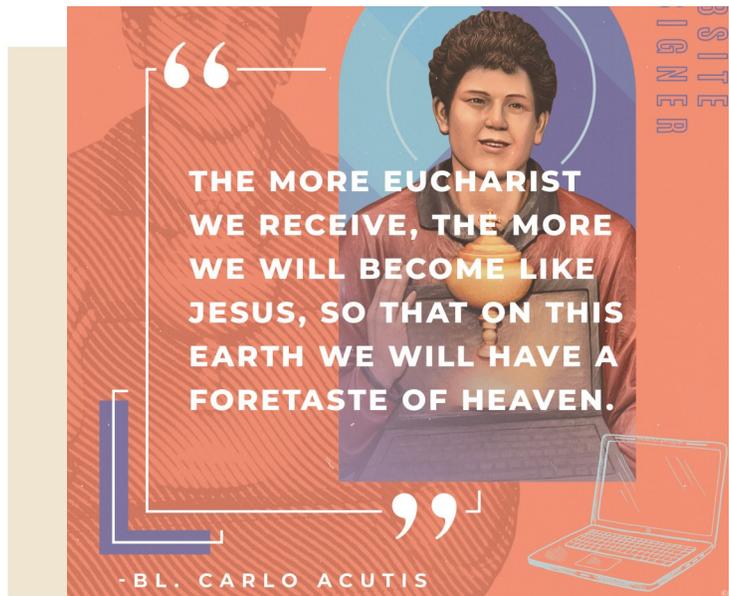
Na 2:1, 3; 3:1-3, 6-7/Dt 32:35cd-36ab, 39abcd, 41/Mt 16:24-28

Saturday:

2 Cor 9:6-10/Ps 112:1-2, 5-6, 7-8, 9/Jn 12:24-26

Next Sunday:

1 Kgs 19:4-8/Ps 34:2-3, 4-5, 6-7, 8-9(9a)/Eph 4:30—5:2/Jn 6:41-51



Gospel Meditation

Seek a deeper understanding of Scripture

Since my college days I've loved a song called "Dance with You" by the rock band Live. It touches on the deep mystical hunger of our heart: "I've tasted all the wines/ a half a billion times/ came sickened to your shore/ you showed me what this life is for." These lines resonate with anyone who has feasted on the good things of this world only to be left spiritually hungover and unsatisfied.

We see a similar dynamic evoked by Jesus' words after he feeds the crowd with bread and fish. To teach them to hunger for God, he recalls God's gift of manna-bread for the hungry ancient Israelites. Those folks had grown spiritually sick from the idolatrous food of Egypt yet still longed for more worthless pagan food. So, God sent heavenly bread to nourish their bodies, but also to heal their distrustful hearts. His people — like us — must learn to hunger and thirst for God alone. Before we can receive that which will not disappoint, we first must cease expecting that earthly goods will satisfy us.

We will get to the Lord's teaching on the Eucharist in the next two weeks. But first, he asks us: do you trust me to take care of you? Do you trust me to give you what you need for each day, and to not worry about the next day? Do you see that when you hungrily stuff yourself with the things of this world you become sick and lose your taste for the bread of life? So, our hungry hearts cry out: Lord, help us to trust that you'll provide for our every need. Help us to use only what we truly need. Help us hunger for the goodness of your Son, who is the true bread from heaven. That is what this life is for.

— Father John Muir

PRACTICING CHRISTIAN

FIND GOD IN ORDINARY MOMENTS

Practicing Graciousness in the Desert

Looking back over my journey of parenthood, I know there were days when I traveled the extra mile for my children. I made their toast the way they like it, let them play in the park an extra ten minutes, or let them go to the movies with their friends and I finished up the chores on my own. And then, it happened: the attitude. The request for the smallest thing from one of them is met with disdain or bewilderment.

Sometimes you can be made breathless with the ingratitude of another person who takes so much and with so little shame, only to scoff at the idea that they, too, give even the smallest amount.

But if we're being honest with ourselves, we will admit that we do the exact same thing to God. Haven't we all been the Israelites in the desert at one point or another? God has parted our Red Sea in some way. He's led us out of some great trial, given us some great blessings. But then we run into a little resistance somewhere along the way and we throw up our hands. How could you do this to us, Lord? How could you ask this of us? No, I can't go any further. No, I won't do any more.

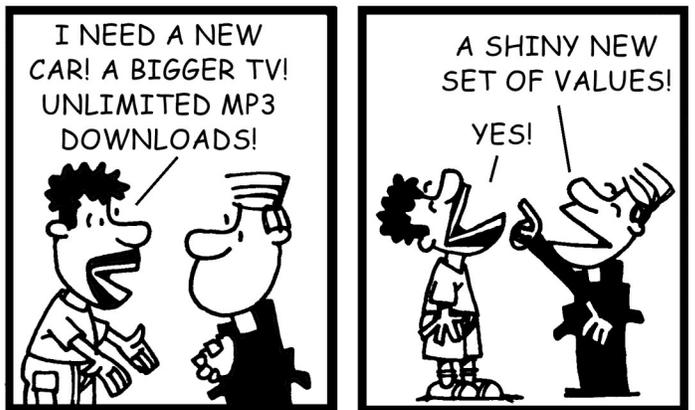
Persisting in the blindness to the many ways God continues to protect us is nothing short of a temper tantrum. It robs our Everyday Stewardship of its graciousness, of our ability to accept with joy the trials of life because we are also constantly aware of its blessings.

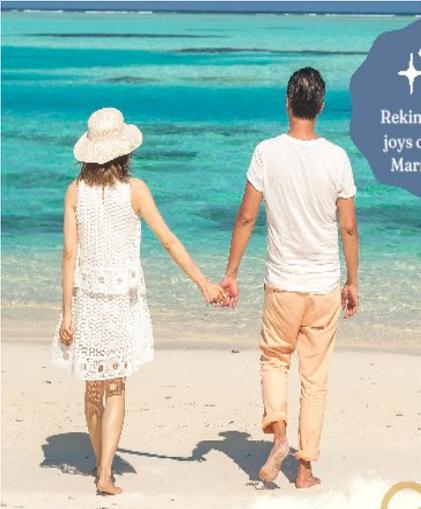
— Tracy Earl Welliver, MTS ©LPi



SOULCORE: Strengthening our bodies as we strengthen our souls, as we pray the Rosary - what a gift! Classes are offered Mon. & Wed. 6:30pm at SJA's Athletic Center, Wed. at 4pm at Emmanuel Church, and Sunrise Saturdays at 6:45am. Please contact Ramona Joachim for locations or more info 561-866-4820

18TH SUNDAY IN ORDINARY TIME





Rekindle the joys of your Marriage!



Main Presenters:
Deacon Louie & Leona Romero

OUR LADY OF FLORIDA
SPIRITUAL CENTER
AUGUST
24-25, 2024

MARRIAGE TUNE-UP

\$249 per couple
Includes 1 night stay, all meals and Saturday Evening Social.

Weekend begins with Continental breakfast Saturday at 8:00am, concluding with Holy Mass on Sunday at 12:00pm

Have a good marriage but wonder if it could be better? Then it's time for a TUNE-UP!
A two day-seminar on rekindling the joys of marriage and learning to relate to your spouse in a new way. This is NOT your typical marriage seminar!

Make this the best year of your marriage!

Questions? Contact
Deacon Louie Romero
lromero@diocesepb.org
561-775-9557

Hosted by the
Diocese of Palm Beach

Register at Eventbrite
marriagetune-upaug24.eventbrite.com



SPACE IS LIMITED

REGISTER FOR THE EMMANUEL

OCIA PROGRAM

The Order of Christian Initiation for Adults (OCIA) is a year-long process of prayer, learning, and reflection designed for those seeking to become Catholic, those seeking the sacrament of Confirmation, and for those simply exploring the Catholic faith. It is open to all adults ages 18+.

Classes are held on Sunday afternoons and starts at 1:00 PM

Registration information will be provided through the parish office: P561.496.2480

Answers to specific questions will be given once we have your contact info.

Deacon Anthony Cuseo is the OCIA Program Director - P561.496.2480.

Emmanuel Catholic Church
15700 S. Military Trail, Delray Beach, FL 33484
P561.496.2480 F561.496.5755



WANT TO LEARN MORE ABOUT YOUR CATHOLIC FAITH IN A RELAXED LEARNING ENVIRONMENT?

The School of Christian Formation for the Diocese of Palm Beach is offering a series of classes and programs for adult Catholics who wish to learn more about the rich traditions of their faith.



Faith on FIRE

Classes will be taught at Emmanuel Catholic Church. Each class meets from 2:00 pm to 4:00 pm on Wednesday afternoons for a total of six classes (12 hours) taught during the Fall and Spring Semesters.

You may attend individual courses for credit or follow the entire three-year program which concludes with the granting of a certificate of completion awarded by Bishop Barbarito at the school's annual graduation ceremony.

The Diocese strongly recommends these courses for all the faithful, especially those serving in liturgical, educational and spiritual ministries.

The registration fee is \$10; textbooks range from \$10 to \$20 per course.

Courses for Fall, 2024:

Location: Emmanuel Catholic Church, 15700 S. Military Trail, Delray Beach
Instructor: Lily Potito

Social Justice: August 14, 21, 28; September 4, 11, 18
Spirituality: October 16, 23, 30; November 6, 13, 20

Please contact Emmanuel Church, 561-496-2480, to register for courses, or you may register at the first class.

Promote Your Business

While Supporting Our Parish

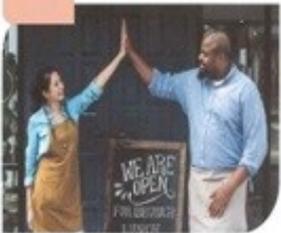


Reach a local audience

You do good work, so advertise to a good audience – the people worshipping here throughout the week. Our community turns to local business ads when they're in need of services, ensure they can find you in our church bulletin.

One full year of full-color ads

Spotlight your business information with print ads in our parish bulletin AND digital ads online, too! Not sure what your ad should display? Free ad design is included with your sponsorship.



Low price for you, big difference for our church

Ad sales from business owners help cover the printing cost of our church bulletin, so we may continue to spread good news. Think of it this way: we're on mission, together. We appreciate your support!

Our bulletin partner, LPI, will help you get started →

Getting started is easy, here's how!

Our parish's representative with LPI will take care of all of the details to help you succeed with bulletin advertising!

Ready to advertise? Scan me to get started!



Free Ad Design

Our partner, LPI, offers free, professional ad design services with every advertisement package.

3 tips for an exceptional, responsive ad:

- 1. Prominent Logo or Business Name**
Your ad builds awareness about your business. We'll make sure to place your logo or company name prominently.
- 2. A Value Proposition**
This is usually delivered in the form of a catchy headline. Try to be short and succinct.
- 3. Short Call-to-Action**
What's the "next step" for your audience? Entice your readers to engage with your business with a friendly call-to-action.



Need help getting started? Scan the code above!



Contact LPI Today! 800-950-9952
www.4lpi.com/advertising-solutions

Prayer to Defeat Florida's Abortion Amendment

Ever-living God, you give life and desire a future for all your children. Take hold of our nation, state, and community and awaken in every heart awe for the gift of life. Send your Spirit to strengthen us with wisdom and fortitude as we defend mothers and children in Florida from laws that disregard their health and safety.

Mary and Joseph trusted in you and welcomed Jesus into our broken world. God Almighty, we ask their intercession to protect the preborn and their mothers, and to guide all parents in raising their children. May they help us build a civilization of love by upholding the sacredness of life and accompanying pregnant women in need.

We ask this through Christ, our Lord. Amen.

Our Lady, Mother of the Family, pray for us!

St. Joseph, Protector of the Unborn, pray for us!

OPEN REGISTRATION

Have you registered your children for the 2024-2025 CCD classes?

Parents its not too late to get your child preparing for First Holy Communion. We offer a Sacraments class for those older students who are behind in preparing for their Communion. Its a 2 year program and classes are every Sunday during the school year. Sign up now so your children will have a spot reserved in our classes in the fall. Stop by the office during office hours and pick up a registration form.

Pilgrimage to Fatima & Lourdes with Barcelona

May 18 — May 27, 2025 • 10 Days • 15 Meals

HURRY! ONLY 9 SEATS LEFT.



Book now and save \$350: Double \$3,999* Single \$4,499*

Price includes 10 days, 15 meals; round trip air from Palm Beach Int'l airport, all air taxes and fees/surcharges, hotel transfers and bus round trip from Emmanuel Church to and from airport. Prices guaranteed through November 19, 2024.

Deposit of \$698 per person is due upon reservation. Final payment is due March 19, 2025.

***Not included in price:** Cancellation Waiver and Insurance of \$449 per person, if electing insurance, it must be purchased at time of the booking. Optional tours available in Barcelona and Montserrat, Spain.

For complete details on the tour and to make a reservation, go to the Collette website below or Contact Carol Chapman at 561-310-3229, cchapman33463@gmail.com

<https://gateway.gocollette.com/link/1206580>

Everyday Stewardship

As human beings, we seem to have a wide array of insatiable desires. We long for more money, more time, and more stuff. We spend millions of dollars each year on remedies for our overeating. We look to our neighbors to see what they have that we want so we can keep up with them in the race toward happiness. We look for instant gratification only to find that our hunger for whatever it is remains intact.

Stewardship is the pathway to curbing all those cravings. On this journey, we let go of things that keep us tied down to this world and tied up in our sin. All that we have becomes instruments for God to use in our lives and the lives of our neighbors. When we have detached from enough in this world, we find out the truth: Nothing on earth can truly satisfy our cravings completely. Jesus Christ is the sole answer for our needs and desires.

Although the truth is right in front of us at each and every Mass in the Eucharist, we can easily spend our days in denial of that truth. It takes trust to step out in faith and give it all over to God. We are all called to let go and let God be God. Answering the call is easier said than done. However, if we can finally make that bold move, we will find ourselves completed by the One who was with us all along.

-Tracy Earl Welliver, MTS @LPi