



15700 S. MILITARY TRAIL, DELRAY BEACH, FL 33484

P:561.496.2480

F:561.496.5755




THE HARVEST IS ABUNDANT.

— LUKE 10:2 —

FOURTEENTH SUNDAY IN ORDINARY TIME

USING QR CODES. With your smartphone camera, center the view-finder on the QR code. Adjust the distance until you see the four yellow open brackets at the four corners of a square. Usually, a note can be seen below those brackets, saying "Open in Chrome". Touch that field, and your phone will automatically open your internet browser window to the link indicated by the code. For instance, if making a donation to the church, scan this QR code:






SUNDAY SCHOOL

CCD REGISTRATION NOW OPEN FOR 2025-2026


To register, simply scan the QR code below or pick up a paper form at the parish office.

REGISTER



PAY

To pay by credit card:
Please scan the QR code below to access the Giving section of our website. Scroll down and select "CCD Payment" from the Fund dropdown menu. Cost is \$35 per child.



PARISH INFORMATION

02 | PARISH FAMILY | GOD IS WITH US



OUR MISSION

Emmanuel Catholic Church **which means, God is with us**, is a faithful community of believers dedicated to proclaiming the gospel of Jesus Christ as taught by the Roman Catholic Church through word, sacrament, and service. As a parish family of God, we live by faith, truth, and love as we value the sanctity of life in all its stages and make the Holy Eucharist the center of our lives. Through the guidance of the Holy Spirit, the consultation with our parish ministries, we desire to be witnesses of God's presence as we share our gifts of time, talent, and treasure with God's Family.

CLERGY

Pastor

Rev. Fr. Gaudioso Zamora

Parish Vicar

Rev. Fr. Theodore Ihedoro

In Residence

Rev. Fr. Joseph Papes

Weekday/Weekend Associates

Rev. Fr. Timothy Canaan

Rev. Fr. David Carr

Deacon Anthony Cuseo

PARISH MINISTRIES

OCIA & Sacramental Preparation

Deacon Anthony Cuseo

Religious Education

Jean Krokus | Ext. 1005

religiouseducation@emmanuelcatholic.church

Sandra Gallegos Sgallegos@emmanuelcatholic.church

Extraordinary Ministers of Holy Communion

Fr. Theo Ihedoro | Ext. 1004

Lectors

Fr. Theo Ihedoro | Ext. 1004

Hospitality / Ushers

Bob Bonney & Chuck Dolce

Music

Linda Coz, Ree Joy Baldonado, Men's Choir

Altar Flowers

Bella Simbajon & Filipino Community

Altar & Clergy Vestments

Carol Chapman, Nancy McDonald,

Homebound / Hospital Ministry

Fr. Theo Ihedoro | Ext. 1004

PARISH STAFF

Director of Finance

Tanya Kuppamala

Ext. 1001

tkuppamala@emmanuelcatholic.church

Secretary

Stella Sadolfo

Ext. 1007

secretary@emmanuelcatholic.church

Property Manager

Edward Shannon

Ext. 1006

maintenance@emmanuelcatholic.church

Receptionist

Rose Marie Baldonado

Ext. 1000

receptionist@emmanuelcatholic.church

Gift Shop

Josephine Joan | Ext. 1009

Blood Drive

Patti Gomez | 561-293-9761

Finance Council

Parish Council

PARISH ORGANIZATIONS

Ladies Guild

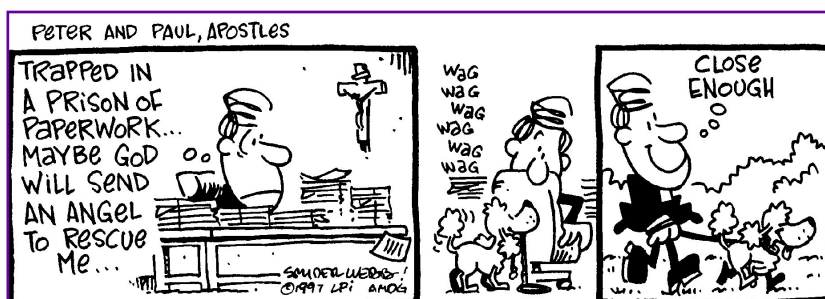
President Nancy McDonald

Knights of Columbus

Grand Knight Luke Van Hove

Legion of Mary

President Maude Cassagnol



PARISH REGULAR SCHEDULE

TAIZÉ PRAYER

Every Friday at 6:30pm—7:30pm
(after 6:00pm Mass) except for First Fridays.

SACRAMENT OF THE SICK

Every Thursday after the 8:30am mass
or call the parish office

BAPTISMS

Sundays at 1:00pm. Schedule one month in advance.
Contact Parish Office.

WEDDINGS

Contact Deacon Tony at least 6 months in advance

HOLY DAYS OF OBLIGATION

5:00pm Vigil Mass
7:30am, 9:00am, 10:30am, 12:00pm

GIFT SHOP

Monday & Wednesday **8am-1:00pm**

Tuesday Closed

Thursday & Friday **8am-1pm**

Saturday Closed

4th Sunday of the Month **10:00AM- 1:30PM**

NOTE: Gift shop will be closed when the parish office is closed

ROSARY GROUP

Monday—Friday after the 7:30am Daily Mass

RECONCILIATION

Saturday after the 8:30am Mass

SCHEDULE CHANGES?

Inquiries regarding possible adjustments (to date or time) of scheduled parish events or activities this week should be addressed to the parish office during business hours. Call us at **561.496.2480**.

Our Blessed Mother instructed
us to "**SAY THE ROSARY**"
We are listening, we invite you to
join us every Saturday
at 6:15 pm (after the 5:30 pm mass) as we pray
THE ROSARY
FOR WORLD PEACE

PARISH CALENDAR FOR THE WEEK

Sunday, July 06

9:00A.....Knights of Columbus Mass
1:00P.....Legion of Mary Rosary

Monday, July 07

6:0A.....Adoration
1:00P.....Movie Mondays
6:00P.....Legion of Mary

Tuesday, July 08

6:30A.....Adoration
10:00A.....Faith Sharing
7:00P.....KoC Officers Meeting

Wednesday, July 09

6:30A.....Adoration
4:00P.....**SoulCore-stretch & pray**

Thursday, July 10

6:30A.....Adoration
9:00A.....Anointing of the sick
3:00P.....Holy Hour
6:30P.....AA Meeting

Friday, July 11

6:30A.....Adoration
6:30P.....Taize
7:00P.....Young Adult Group

Saturday, July 12

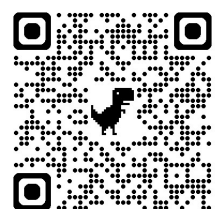
9:00A.....Confession
9:00A.....Lay Cistercians Meeting

Sunday, July 13

9:00A.....Ladies Guild Mass
1:00P.....Pre-baptism class

WHAT IS SOULCORE?

(See Wednesday
schedule above)



CLERGY & MASS SCHEDULE

Sunday, July 06

7:30A Fr. Zamora 9:00A Fr. Zamora
10:30A Fr. Theo 12:00P Fr. Zamora
6:00P Fr. Theo

Monday, July 07

7:30A Fr. Zamora 8:30A Fr. Zamora

Tuesday, July 08

7:30A Fr. Zamora 8:30A Fr. Theo

Wednesday, July 09

7:30A Fr. Theo 8:30A Fr. Theo

Thursday, July 10

7:30A Fr. Theo 8:30A Fr. Zamora

Friday, July 11

7:30A Fr. Theo 8:30A Fr. Zamora
6:00P Fr. Theo

Saturday, July 12

8:30A Fr. Theo 4:00P Fr. Zamora
5:30P Fr. Zamora

Sunday, July 13

7:30A Fr. Theo 9:00A Fr. Theo
10:30A Fr. Zamora 12:00P Fr. Theo
6:00P Fr. Zamora



OUR GIFTS TO GOD

June 15, 2025

First Collection	\$ 11,726.50
Second Collection	\$ 2,184.00
Online (06/14)	\$ 2,436.07
TOTAL	\$ 16,346.57

June 22, 2025

First Collection	\$ 10,394.00
Second Collection	\$ 2,551.00
Online (06/21)	\$ 1,725.04
TOTAL	\$ 15,436.06

DIOCESAN SERVICES APPEAL

June 16, 2025

Goal Amount for Emmanuel	\$185,000.00
Current	\$ 135,359.09
Remaining Balance	\$49,640.91

**Thank you all for your continued support
and generosity!**
(Will be updated next issue)

WEEKLY MASS INTENTIONS

JUNE 07-JULY 13, 2025 | 05

SCHEDULED INTENTIONS

Monday, July 07

7:30am *Cynthia Cassagnol/Birthday by Mom & Dad *Carisema Saint Jean & Family by Carisema Saint Jean
8:30am †Vivian Brennan by Family †Theresa Antao by Christina

Tuesday, July 08

7:30am †Eduardo Garcia ----- *Christine Thurman/Healing by Father
8:30am †Jack O'Connell by Daniel Galiardi *Bob Boney by Tom & Clara Depko

Wednesday, July 09

7:30am *Elsa Caraballo by Elsa Caraballo †Jacob Chalmers by -----
8:30am *Elsa Caraballo/Birthday by Evelyn Santiesteban *Julian Coz by Mom & Dad

Thursday, July 10

7:30am *Alejandra & Lyra V. Robinson by Soledad Robinson *Maria E. Palacios/Healing by Martha Rodriguez
8:30am †Elie Attia by ----- *Camille Williams/Healing by Linda & Ed DiMarco

Friday, July 11

7:30am †Ramon Ignacio Palmero by Son/Ramon Palmero †Tommy Schweska by Percy & Julie Cannon
8:30am †Genaro Chaves Sr. by Marisol †Pearl & Joseph Budd by Son
6:00pm FOR PRIESTS FOR PRIESTS

Saturday, July 12

8:30am †Rocco & Joseph Dell'Isola by Son, Victor *Thanksgiving/Marisol/Birthday by Marisol
4:00pm BOOK OF THE DEAD BOOK OF THE DEAD
5:30pm †Michael Canazaro by Sister †Dom * Dorothy Canazaro by Daughter

Sunday, July 13

7:30am *Monica & Ryan Holley by Lori Davanzo †Fr. Richard Champigny O. Caron by Dorothy Deedy
9:00am *Ladies Guild by Ladies Guild *Carmella Donnino/92nd Birthday by Nancy Silvestri
10:30am PARISHIONERS & BENEFACTORS PARISHIONERS & BENEFACTORS
12:00pm *All priests in our parish by Alex Lee & Family †Margaret & George Gerhard by Anne & Gerry Gerhard
6:00pm †Clarita Bengua by Family †George Dragan by Rosemarie Maimone

UNSCHEDULED

*Elaine Wold by Fe Stott *Diane Dinonato/Healing by Anne Gerhard *Rebecca Mary Waters by Mom
†Mary Louise Orians by Susan Paupin *Judy Ward by Clara Depko *Chris Brooks by Kristin *David Hession by Kristin
*Lanie & Gary McKenna by Kristin †Pope Francis by Kristin *Charlie M. by Kristin */†Brooks Family by Kristin
*/†Hession Family by Kristin */†Allen Family by Kristin */†Rubino Family by Kristin
*/†Pamponio Family by Kristin */†Hutchins Family by Kristin

ALTAR FLOWERS

VIGIL LIGHTS

SHRINE FLOWERS

Please take some time this week to remember the following in your prayers: For all in our parish family who are suffering serious or terminal illness:

For men and women in the Armed Forces, and their families: AND FOR ALL LISTED BELOW

Dave Ruiz	Joseph	Judy Lew
Victoria Robelo	Salamone	Ernie Skelton
Ms. S.	Maria Amaro	Carlotta
Rose Borsella	Aniela Ignaczak	Josefa & Dolores
David Smeraldo	Lillian Campayno	Echavarría
Janette Cole	Terry Schwinge	Amparo Longalong
Steven Martin	Tom D'Amico	Annie Lee
Sikes	Gabriel Zamora	Eugene Langel
Gianna Pagan	Vincent Blum	Delma Langel
Mary Loveland	Ricardo Blum	William Ward
Sam Falcone	Gina Marie B. Cohen	Gaetano Sansone
Patricia Golstein	David Strompf	Alexis Thompson
Taylor Dosh	Sal Hanono	Griffin Bates
Marilyn Martino	Heather Smith	Miriam Teixeira
Gulshan Modena	Jason Smith	Kevin Marshall
Maggie Dolan	Ronald Merhige	Andrea Anastasi
Amelita Coz-Zarraga	Roshan	John & Alma Gardner
Heather Martin	Karen Jensen	Elaine Garofano
Ronald Griffiths	Cynthia Martin	Julia Lea
Margie Giaquinto	Garry Solomon	Buddendorf
Maria Fernandez	Ilda Sosa Botero	Albertina Hughes
Raphael Roman	Carlos Tobon	Kamm Trumble
James Ezeilo	Jill Forshey	Linda Beamish
Brenda Ezeilo	Gerry Santilli	Quinn Morris
Cynthia Martin	Gail Hill	Henry Morris
Francis Martin	Chrissie Budrick	Marcia Riopol
Hermoine D'Cruz	Frank Dazzo	Mumtaz Begum
Brigitte Knops	Dina Quelch	Lance Joseph
Toni Kreamer	Stewart Librizzi	Michelle Pierno
Gerry Gerhard	Thomas Land	John Wilmere
Euclides Cerutti	Agatha Saccio	Keith Johnson
Samuel Gonzales	Robert Albertson	Betty Lou Johnson
Victorio	Rafael Botero	Christine Thurman
Ray Wolff	Albert Fernandes	Connie Panepinto
Ida Giannettina	Romano Britney	Edwin Villarosa
Josette Weber	Closson Jeanette	Brian Sullivan
Ann Cavaseno	Gallegos Adriana	Dominic Canzano
Charles C. Tufano	Elejalde Oswaldo	Kyle Buenconsejo
Angela Discepolo	Cesar Monasterio	Evelyn Baroni
Anna Halford	Michael Cecere	Olga Galarza
Sal Yanello	Jahaziel Roldan	The Taffe Family
Victor Rivera	Abigail Chin-Lenn	Alexander Barone
William Lindner	Gertrudis Rivera	Joanne Liantonio
Lisa Della Femina	Martinez	John Petrich
Maria E. Quiñones	Merrill Tucker	Mary Karten
Mercado	Maggie Dazzo	Luca Diomampo
Diane Daniels	Martha Gutzman	Michael Manuele
Carmen Jones	Noah Altherios	Robert Wiczowski
Bill Hamilton	Debra Seritella	Mady and Ruth Petersen
Ralph Senese	Anthony Spirito	Ann Carro
Ramona	Rhea Reacher	Debbie Boburka
Ash Gaballah	Doug Rodgers	
Karen Ramey	Doris Vourinen	
Mary Ann	SrVeronique DCSO	
Lisa Payne	Danny Berciles	
Marilyn Green	Eleanor Hemmer	
	Joseph Lauria	

PRAYER BEFORE HOLY COMMUNION. Lord, I believe and profess that You are truly Christ, Son of the Living God, who came into the world to save sinners, of whom I am the first. Accept me this day as I partake of your mystical supper, O Son of God. May the partaking of your holy mysteries, O Lord be not for judgment or condemnation, but for the healing of body and soul. I also believe and profess that this, which I am about to receive, is truly your most precious Body and Blood, which, I pray, make me worthy to receive for the remission of all my sins and life everlasting. Amen.

PRAYER TO SAINT MICHAEL THE ARCHANGEL St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, cast into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

PRAYER FOR VOCATIONS. Lord Jesus, as You once called the first disciples to make them fishers of men, let your sweet invitation continue to resound: Come follow Me! Give young men and women the grace of responding quickly to your voice. Support our bishops, priests and consecrated people in their apostolic labor. Grant perseverance to our seminarians and to all those who are carrying out the ideal of a life totally consecrated to your service. Awaken in our community a missionary eagerness. Lord, send your workers to your harvest and do not allow humanity to be lost for the lack of pastors, missionaries and people dedicated to the cause of the Gospel. Mary, Mother of the Church, the model of every vocation, help us to say "yes" to the Lord who calls us to cooperate in the divine plan of salvation. Amen.

PRAYER FOR OUR MILITARY. Almighty God We stand before you in supplication, Asking Your Divine mercy and protection, To envelop with Your invincible armor, Our loved ones in all branches of the service. Give them courage and strength Against all enemies, Both spiritual and physical, And hasten their safe journey, Back to their homes and families. If it be Your Holy Will That they be gathered to Your bosom, With the eternal vanguard of the saints, Let their journey to Your everlasting arms Be swift and painless, Where they may stand in honor and glory, Praising You for all eternity. Amen



TO ALL CONCERNED: Please help us maintain the Prayer Requests Column with timely status updates. Thank you all!

JOY IS THE SIMPLEST FORM OF GRATITUDE

Today, we gather to absorb the rich messages of hope and joy embedded in our selected Scripture readings. Isaiah 66:12 presents a beautiful promise from God: *"I will extend peace to her like a river, and the glory of the nations like an overflowing stream."* Imagine the imagery of peace here; it is like a peaceful river flowing naturally, soothing and refreshing all in its path. This is the essence of God's love for us—a love that sustains, heals, and overflows.

Psalms 66 echoes this message with vibrant joy. It reminds us of God's wondrous deeds: "Shout for joy to God, all the earth. Sing the glory of his name; give to him glorious praise!" Here, we are called to recognize the goodness of God in our lives. We are invited to celebrate not just the big miracles but also the everyday graces—like the first cup of coffee in the morning or the laughter of a child. But let's face it, how many of us have tried to make a cup of coffee and ended up pouring it in the microwave instead of resetting the clock? We can be joyful in both our victories and our blunders!

St. Paul, in Galatians 6:17, writes, "I bear on my body the marks of Jesus." Each of us carries our own unique marks—some are physical, while others are emotional or spiritual. These marks tell our stories, reflecting our journeys of faith. They symbolize our struggles and victories. And as we bear these

marks, we can also share a good laugh about them—like the time my friend ran a marathon and proudly showed off her medal, only to realize it was actually for a 5K! Sometimes, the mix-ups on our journey can be humorous reminders of our humanity.

In Luke 10:20, Jesus urges us not to rejoice solely in our accomplishments but rather that our names are written in heaven. This profound truth provides us with a heavenly perspective. Our true identity is in God's love, and that should be our ultimate source of joy and confidence.

As we go forth, may we remember the flowing river of God's peace, the joyful praise of our hearts, and the precious marks of our journey. In the words of Pope Francis, *"Let us not forget that we are always in the grace of God."*

Embrace this grace, celebrate your uniqueness, and trust in God's unfailing love.

May God bless you with overflowing peace and joy! Amen



Saint of the Week - Saint Benedict, Abbot

Have you ever wanted to change the world?

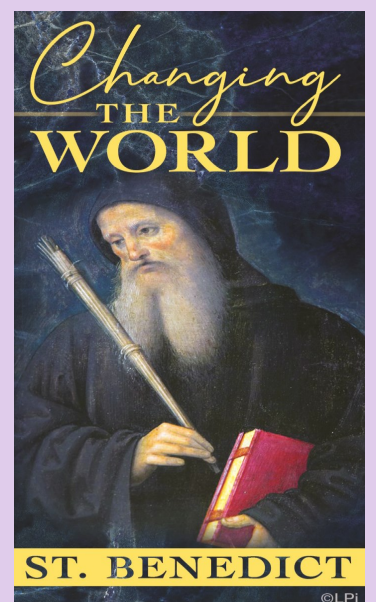
5th century Europe was a dark place. The Roman Empire had fallen, and barbarian tribes were picking over the scraps of what remained. Faith hung on, but there was no consistent, coherent Christian culture in the world around.

Young Benedict began his life with education and privilege but became disillusioned by a life pursuing material success. He withdrew to a monastery and spent much time in solitude. He began attracting followers, whom he organized over time into 12 monasteries, with a 13th established to train young monks. He wrote a rule of life including basic principles for living as Christ. His monks took three vows: conversion to Christ, obedience

to the local abbot, and stability to remain with the community.

Benedictine monasteries became lights in the darkness, secure centers of Christian culture enlivening the faithful beyond their walls.

When the world around us seems complicated and contrary to the Gospel, how will you be a light?



Weekly Prayer

Sunday's Readings

First Reading:

Lo, I will spread prosperity over Jerusalem like a river,
and the wealth of the nations like an overflowing torrent. (Is 66:12)

Psalm:

Let all the earth cry out to God with joy. (Ps 66)

Second Reading:

From now on, let no one make troubles for me;
for I bear the marks of Jesus on my body. (Gal 6:17)

Gospel:

Nevertheless, do not rejoice because the spirits
are subject to you,
but rejoice because your names are written in heaven." (Lk 10:20)

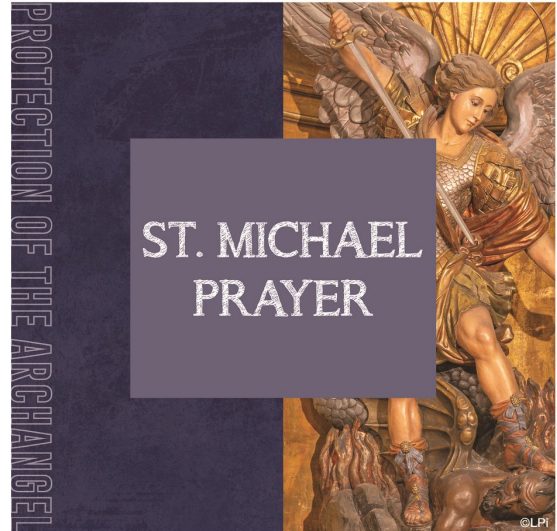
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Live The Liturgy Inspiration of the Week

As he sends his disciples into the world to proclaim his name, Jesus tells them to be bold. He tells them to be flexible. To be forgiving. To be faithful. As we enter this week, let's remember these instructions. It's good advice, in any century.

Observances for the week of July 6, 2025

- Sunday:** 14th Sunday in Ordinary Time
Wednesday: St. Augustine Zhao Rong, Priest,
and Companions, Martyrs
Friday: St. Benedict, Abbot
Next Sunday: 15th Sunday in Ordinary Time



Devotions, *Explained!*

The prayer to St. Michael, composed by Pope Leo XIII, invokes the protection of the archangel Michael in the ongoing spiritual battle for the souls of all mankind. It is commonly said at the end of the rosary and by some parishes after the conclusion of Mass.

Prayer for Evangelization

As You reach out to the world,
Lord, let us be Your hands!
As You answer those crying, send us.
Let us be Your people, answer to
prayers prayed, comfort to the
afflicted.
May we be laborers in Your
harvest.
Amen.

Worship & Meditation

Readings for the week of July 6, 2025

Sunday:

Is 66:10-14c/Ps 66:1-3, 4-5, 6-7, 16, 20 (1)/
Gal 6:14-18/Lk 10:1-12, 17-20 or 10:1-9

Monday:

Gn 28:10-22a/Ps 91:1-2, 3-4, 14-15ab/
Mt 9:18-26

Tuesday:

Gn 32:23-33/Ps 17:1b, 2-3, 6-7ab, 8b and
15/Mt 9:32-38

Wednesday:

Gn 41:55-57; 42:5-7a, 17-24a/
Ps 33:2-3, 10-11, 18-19/Mt 10:1-7

Thursday:

Gn 44:18-21, 23b-29; 45:1-5/
Ps 105:16-17, 18-19, 20-21/Mt 10:7-15

Friday:

Gn 46:1-7, 28-30/Ps 37:3-4, 18-19, 27-28,
39-40/Mt 10:16-23

Saturday:

Gn 49:29-32; 50:15-26a/
Ps 105:1-2, 3-4, 6-7/Mt 10:24-33

Next Sunday:

Dt 30:10-14/Ps 69:14, 17, 30-31, 33-34, 36,
37 (see 33)/Col 1:15-20/Lk 10:25-37



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Gospel Meditation

Encourage Deeper Understanding of Scripture

In the days after the awful 2020 killing of George Floyd, a Catholic friend remarked, "Racism is today's great evil. We should put all our energy into fighting it." I admired her intuition that the church must stand firmly against evil. Amen, I thought. At the same time, something felt wrong. As months went by, I saw her steadily slide into bitterness and anger. Soon, despondency. She spoke of giving up the fight. Don't we too wonder how to fight evil without losing our joy or energy?

Jesus' words this week help. He says, "**Rejoice not that you have power over demons, but that your names are written in heaven**" (Luke 10:20). Notice the asymmetry in where he wants our focus: on the latter, not the former. Should we confidently embrace our God-given power to overcome evil? Absolutely. But even more so, we should emphasize the positive element of our relationship to God. It is tempting but dangerous to define ourselves by what we oppose. It is better to define ourselves by--to rejoice in--what we celebrate: in Jesus, God has written our names in heaven. This sustains our battles.

This week, our marching orders are: fight evil. But more deeply, rejoice that God knows and loves us personally, individually. We allow this joyful knowledge to undergird our fight against the darkness of our day. Then we enjoy long-term stability to be cheerful warriors, who never forget the reason for the contests we are called to fight and win: love.

— Father John Muir

Liturgical Life

(PRACTICING) CATHOLIC

Mini Reflection: Too often, life falls short of my expectations — an opportunity didn't work out, a day didn't go the way I planned — so I ball up my fists and stomp my feet. And God takes the Book of the Gospels and opens it to Luke, Chapter 10.

On Pilgrimage

Before I embarked on my trip to the National Eucharistic Congress last summer with a group from my archdiocese, we had an orientation meeting. At that meeting, the coordinator of the trip shared with us "The Five Rules of Pilgrimage."

If you're not familiar with them (I wasn't), here they are:

1. Don't complain.
2. Don't complain. (It's so important, it's listed twice.)
3. When you see a bathroom, use it.
4. When someone offers you something, receive it.
5. When someone asks you for something, give it.

It's great advice for a pilgrimage, but more than that, I think it's great advice in general. So when I read today's Gospel and I hear Jesus say essentially the same thing to his disciples as they set out to evangelize (well, minus the bathroom tip, but those weren't as much of a thing in biblical Judea), I come to an important realization.

The whole Christian life is a pilgrimage.

Too often, life falls short of my expectations. An opportunity didn't work out. A day didn't go the way I planned (like, *at all*). A person didn't accept me. And I ball up my fists and stomp my feet like a full-grown Veruca Salt, and I yell: *I cannot work in these conditions!*

And then, I imagine God, on his celestial throne, sighs and opens the Book of the Gospels (surely he keeps it handy, don't you think?) to Luke, Chapter 10. And he whispers in my heart what he said to his disciples 2,000 years ago.

Don't complain. Be open and give of yourself, and in turn, receive what comes your way, whatever it is. If it's good, rejoice. If it's not good, move on. And in the end, remember where you're headed — the place you're trying to go.

Oh, and again: don't complain.

— Colleen Jurkiewicz Dorman

Why do we do that?

Catholic Life Explained

Question:

As Catholics, we talk a lot about "redemptive suffering" and "carrying your cross." What does that mean practically in daily life?

Answer:

When Jesus spoke these words, they would have sounded quite intense to his hearers. "*Pick up your cross daily and follow me.*" At the time, Jesus hadn't yet been crucified. A cross was a Roman torture instrument. "Pick up the thing that tortures you the most," Jesus seemed to say. Unfortunately, most of us have no real shortage of these in our life. To take up the cross isn't to seek out new sufferings in our life. It's to accept the life we have.

Of course, unjust or unhealthy circumstances should be rectified when possible. But there are always circumstances that remain out of our immediate control. It could be pain management, the defiance of our teenage child, or an unhealthy work environment ... but you need the paycheck to pay the bills. In difficult circumstances, it can be easier to blame, complain, or daydream our way out of it. None of these are real solutions, since none of them accept the reality of the situation at hand. Those options only add to our suffering, since they damage relationships, fixate on the problem, or set up unrealistic expectations.

Instead, Jesus invites us to take up our cross — to look at the uncomfortable situation square in the eyes, take a deep breath, and do our best to be present to God's grace in the moment. To love those in our path. To take things one step at a time.

KNIGHTS OF COLUMBUS NEWS

Congratulations to our new officers:

Grand Knight: Luke Van Hove,
Deputy Grand Knight: Chuck Dolce,
Chancellor: John Desnoyer,
Financial Secretary: Al Lafrenier,
Treasurer: Peter Cavanagh,
Advocate: Tom Tripi,
Warden: Jim Donovan,
Trustees: Dominic Scaduto, Tony Bubbico,
Rus Sylvestre,
Lecturer: Tom Rowlett,
Guards: Sam Zarcone & Joe DeSanto.

Vivat Jesus!



PRAYER FOR PROTECTION FROM STORMS. God our Father, Creator of the Universe and Lord over all creation, we humbly stand before you as your children in thanksgiving for your loving care and protection. We ask that you keep us safe from all hurricanes and illness which may threaten us in the coming seasons. Protect us from all fear and anxiety and give us an ardent trust and hope in Your love and mercy. You alone have the power to command the sea, the wind, and the rain. You alone bring peace, calm, and safety. Father, we thank you in advance, for you are our only Refuge. We ask this through Christ, Your Son, Who lives and reigns with you and the Holy Spirit, God, forever and ever. Amen.

Mary, Queen of the Apostles, and Patroness of our Diocese, pray for us.

When God Speaks Like a Polish Grandmother

A friend of mine had a Polish grandmother who was famous for giving her children some blunt advice every time they left the house: "Eyes straight ahead. Mind your own business."

Every mother knows her children best, and this mother knew hers liked to argue and sometimes liked to show off. She knew that could lead to trouble. She could not anticipate every scenario they would encounter each time they departed from her. All she could do was distill what she knew about life, safety, and manners into a few simple words, and hand them over to her children like a set of car keys or a hastily scribbled map. In this way, a woman who rarely said "I love you" expressed her devotion. And long after she was dead and buried, her aging sons and daughters repeated these words to themselves, like a child wrapping himself in a warm blanket.

Jesus does much the same for us, in many portions of the Gospels. *"Ask the master to send out laborers for his harvest...Carry no money...Eat what is set before you... Know that the Kingdom of God is at hand...Rejoice because your names are written in Heaven."*

He knows us best — knows our strengths, but even more importantly, he knows our weaknesses. He doesn't always have the space to address each of these explicitly in the pages of Scripture, but what he can do is distill the truth of effective evangelization into a few simple words, and hand them over to us as food for our journey of discipleship. In this way, a God who addresses the entire world and every soul who ever lived also speaks intimately to each one of us.

— Tracy Earl Welliver, MTS

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CCD REGISTRATION NOW OPEN FOR 2025-2026

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Main Presenters:
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Questions? Contact
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