

15700 S. MILITARY TRAIL, DELRAY BEACH, FL 33484

P:561.496.2480

F:561.496.5755



# JESUS ENTERED A VILLAGE WHERE MARTHA WELCOMED HIM.

— LUKE 10:38 —

SIXTEENTH SUNDAY IN ORDINARY TIME

## Grieving the death of a spouse?

*Or do you  
know someone who is?*

Your life has changed  
forever. The daily emotions  
and challenges can seem  
too hard to bear.

**Find help at a  
Loss of a Spouse  
seminar.**

GRIEF SHARE

## LOSS OF A SPOUSE

Join us for this encouraging seminar.

1 - 3 pm Sun, August 3, 2025  
St. Vincent Ferrer Room (Bldg D)

RSVP 561-289-2542 or  
[www.stvincentferrer.com/griefministry](http://www.stvincentferrer.com/griefministry)  
~ No cost to attend ~ Walk-ins Welcome ~



## SUNDAY SCHOOL

**CCD REGISTRATION NOW  
OPEN FOR 2025-2026**

To register, simply scan the QR code below  
or pick up a paper form at the parish office.

**REGISTER**



**PAY**

**To pay by credit card:**  
Please scan the QR code below to  
access the Giving section of our  
website. Scroll down and select "CCD  
Payment" from the Fund dropdown  
menu. Cost is \$35 per  
child.



# PARISH INFORMATION

02 | PARISH FAMILY | GOD IS WITH US



## OUR MISSION

**Emmanuel Catholic Church** **which means, God is with us**, is a faithful community of believers dedicated to proclaiming the gospel of Jesus Christ as taught by the Roman Catholic Church through word, sacrament, and service. As a parish family of God, we live by faith, truth, and love as we value the sanctity of life in all its stages and make the Holy Eucharist the center of our lives. Through the guidance of the Holy Spirit, the consultation with our parish ministries, we desire to be witnesses of God's presence as we share our gifts of time, talent, and treasure with God's Family.

## CLERGY

### Pastor

**Rev. Fr. Gaudioso Zamora**

### Parish Vicar

Rev. Fr. Theodore Ihedoro

### In Residence

Rev. Fr. Joseph Papes

### Weekday/Weekend Associates

Rev. Fr. Timothy Canaan

Rev. Fr. David Carr

Deacon Anthony Cuseo

## PARISH MINISTRIES

### OCIA & Sacramental Preparation

Deacon Anthony Cuseo

### Religious Education

Jean Krokus | Ext. 1005

religiouseducation@emmanuelcatholic.church

Sandra Gallegos [sgallegos@emmanuelcatholic.church](mailto:sgallegos@emmanuelcatholic.church)

### Extraordinary Ministers of Holy Communion

Fr. Theo Ihedoro | Ext. 1004

### Lectors

Fr. Theo Ihedoro | Ext. 1004

### Hospitality / Ushers

Bob Bonney & Chuck Dolce

### Music

Linda Coz, Ree Joy Baldonado, Men's Choir

### Altar Flowers

Bella Simbajon & Filipino Community

### Altar & Clergy Vestments

Carol Chapman, Nancy McDonald,

### Homebound / Hospital Ministry

Fr. Theo Ihedoro | Ext. 1004

## PARISH STAFF

### Director of Finance

Tanya Kuppamala Ext. 1001 [tkuppamala@emmanuelcatholic.church](mailto:tkuppamala@emmanuelcatholic.church)

### Secretary

Stella Sadolfo Ext. 1007 [secretary@emmanuelcatholic.church](mailto:secretary@emmanuelcatholic.church)

### Property Manager

Edward Shannon Ext. 1006 [maintenance@emmanuelcatholic.church](mailto:maintenance@emmanuelcatholic.church)

### Receptionist

Rose Marie Baldonado Ext. 1000 [receptionist@emmanuelcatholic.church](mailto:receptionist@emmanuelcatholic.church)

### Gift Shop

Josephine Joan | Ext. 1009

### Blood Drive

Patti Gomez | 561-293-9761

### Finance Council

### Parish Council

## PARISH ORGANIZATIONS

### Ladies Guild

President Nancy McDonald

### Knights of Columbus

Grand Knight Luke Van Hove

### Legion of Mary

President Maude Cassagnol





## PARISH REGULAR SCHEDULE

### TAIZÉ PRAYER

Every Friday at 6:30pm–7:30pm  
(after 6:00pm Mass) except for First Fridays.

### SACRAMENT OF THE SICK

Every Thursday after the 8:30am mass  
or call the parish office

### BAPTISMS

Sundays at 1:00pm. Schedule one month in advance.  
Contact Parish Office.

### WEDDINGS

Contact Deacon Tony at least 6 months in advance

### HOLY DAYS OF OBLIGATION

5:00pm Vigil Mass  
7:30am, 9:00am, 10:30am, 12:00pm

### GIFT SHOP

Monday & Wednesday **8am–1:00pm**

**Tuesday Closed**

Thursday & Friday **8am–1pm**

**Saturday Closed**

4th Sunday of the Month **10:00AM– 1:30PM**

**NOTE:** Gift shop will be closed when the parish office is closed

### ROSARY GROUP

Monday–Friday after the 7:30am Daily Mass

### RECONCILIATION

Saturday after the 8:30am Mass

## SCHEDULE CHANGES?

Inquiries regarding possible adjustments (to date or time) of scheduled parish events or activities this week should be addressed to the parish office during business hours. Call us at **561.496.2480**.

## PARISH CALENDAR FOR THE WEEK

### Sunday, July 20

1:00P.....Baptism

### Monday, July 21

6:30A..... Adoration

1:00P.....Movie Mondays

6:00P.....Legion of Mary

### Tuesday, July 22

6:30A.....Adoration

10:00A.....Faith Sharing

7:00P.....KoC General Meeting

### Wednesday, July 23

6:30A.....Adoration

4:00P.....SoulCore–stretch & pray  
(See QR code below)

### Thursday, July 24

6:30A.....Adoration

9:00A.....Anointing of the sick

3:00P.....Holy Hour

6:30P.....AA Meeting

### Friday, July 25

6:30A.....Adoration

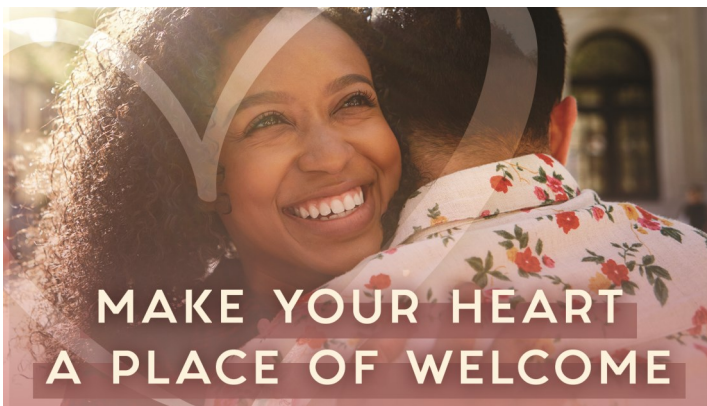
6:30P.....Taize

7:00P.....Young Adult Group

### Saturday, July 26

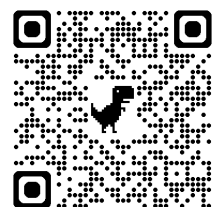
9:00A.....Confession

### Sunday, July 27



### WHAT IS SOULCORE?

(See Wednesday  
schedule above)



CLERGY & MASS SCHEDULE

Sunday, July 20

7:30A Fr. Zamora      9:00A Fr. Theo  
10:30A Fr. Zamora    12:00P Fr. Zamora  
6:00P Fr. Theo

Monday, July 21

7:30A Fr. Zamora      8:30A Fr. Papes

Tuesday, July 22

7:30A Fr. Theo      8:30A Fr. Papes

Wednesday, July 23

7:30A Fr. Theo      8:30A Fr. Theo

Thursday, July 24

7:30A Fr. Zamora      8:30A Fr. Zamora

Friday, July 25

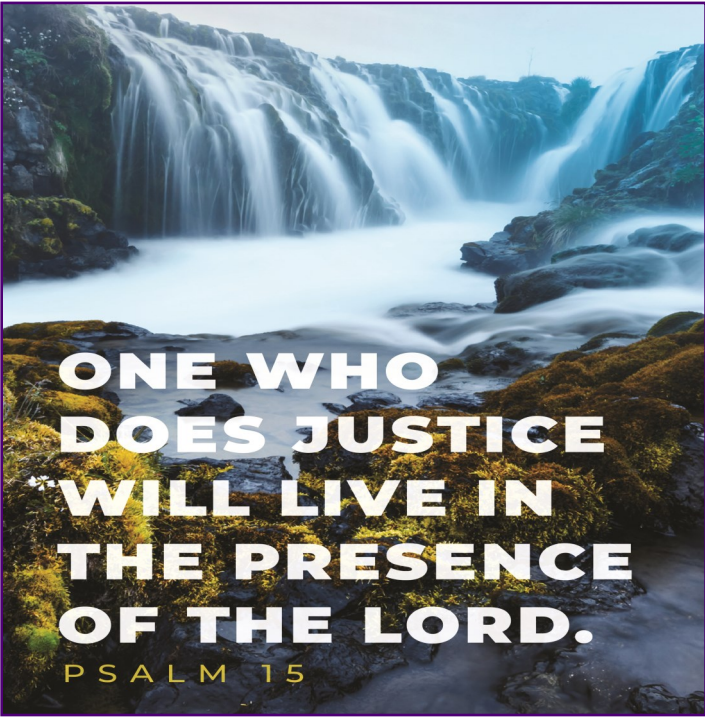
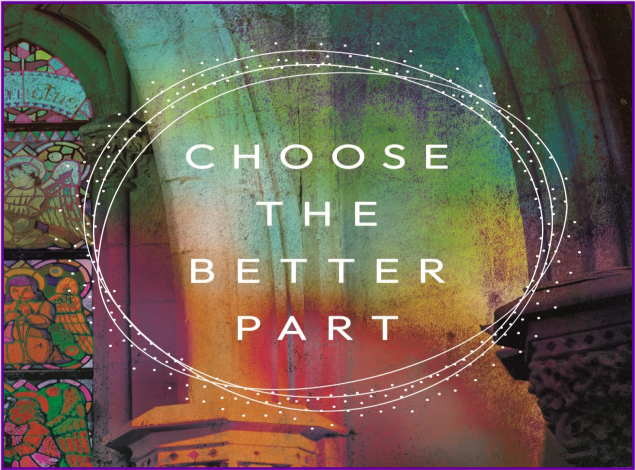
7:30A Fr. Zamora      8:30A Fr. Theo  
6:00P Fr. Theo

Saturday, July 26

8:30A Fr. Theo      4:00P Fr. Zamora  
5:30P Fr. Zamora

Sunday, July 27

7:30A Fr. Zamora      9:00A Fr. Zamora  
10:30A Fr. Theo    12:00P Fr. Theo  
6:00P Fr. Zamora



OUR GIFTS TO GOD

July 13, 2025

First Collection	\$ 9,327.00
Second Collection	\$ 867.00
Online (07/12)	\$ 1,784.54
<b>TOTAL</b>	<b>\$ 11,978.54</b>

July 07, 2025

First Collection	\$ 11,523.00
Second Collection	\$ 2,279.00
Online (07/05)	\$ 2,135.82
<b>TOTAL</b>	<b>\$ 15,937.82</b>

DIOCESAN SERVICES APPEAL

July 03, 2025

Goal Amount for Emmanuel	\$185,000.00
Current	\$ 136,884.09
Remaining Balance	\$ 48,115.91

Thank you all for your continued support and generosity!



## SCHEDULED INTENTIONS

### Sunday, July 20

7:30am	†Judith Everts by Son/Ramon Palmero	*Emilia D. Gajdus by Jorge & Martha Carvajal
9:00am	†Patricia Sliker by The Rosary Group at Cascades	*Colleen & John Prokop by Armando Minutoli
10:30am	PARISHIONERS & BENEFACTORS	PARISHIONERS & BENEFACTORS
12:00pm	†John Palmieri by Family	†William Walter Stafford Sr. by Julius & Linda Coz
6:00pm	†Phebe McPherson by Lisa Carnevale	*Darren Guzman by Marie Guzman

### Monday, July 21

7:30am	*Carisema Saint Jean & Family by Carisema Saint Jean	†Mr. & Mrs. Coulanges Malvoisin by Maryse Racine
8:30am	†Frank Davis by Wife	†Loretta Donato by Frank & Donna Femiano

### Tuesday, July 22

7:30am	†Helen Farrell by Morris Family	*V. Gabe & Kyla Caraballo & Children by Elsa Caraballo
8:30am	†Edith Calleta by Daughter	†Mary Zotos by Jan Durmer

### Wednesday, July 23

7:30am	†Jerry Lynn Hays by Dennis & Judy Smith	*Caraballo & Raygada Families by Elsa Caraballo
8:30am	†Anthony Manuele by Rose Manuele	†Luigi Carnevale by Lisa Carnevale

### Thursday, July 24

7:30am	*Dr. John DiCamillo by Dennis & Judy smith	†Mickie Rael by Linda & Ed DiMarco
8:30am	*Mike Nardiello by Gail Vlasek	†Angeles Ramos by Iris Knight

### Friday, July 25

7:30am	†All Souls in Purgatory	*Dominic Canazaro by Sister
8:30am	†Charles King by Pat King	*Blauvelt Jubilarians/Thanksgiving by Sister Barbara
6:00pm	FOR PRIESTS	FOR PRIESTS

### Saturday, July 26

8:30am	†Weber Lapomarede by Children & Grandchildren	*Bacarella Family by Deborah Bacarella
4:00pm	BOOK OF THE DEAD	BOOK OF THE DEAD
5:30pm	†John & Yolanda Scarpelli by Daughter	†Hannah Emhof by Daughter

### Sunday, July 27

7:30am	*Monica Paez by Martha Rice & Family	*Evelyn Baroni by Linda Aldrich
9:00am	†Peter Silvestri by Nancy Silvestri	†Juanito Sr. & Matilde Zuasula by Dolly & Ruben
	*Collin & Clanaven Jubac/Thanksgiving/1 <sup>st</sup> Wedding Anniversary	
10:30am	PARISHIONERS & BENEFACTORS	PARISHIONERS & BENEFACTORS
12:00pm	†Frank & Rosemarie DiNoto by DiNoto Family	†John DiNoto by DiNoto Family
6:00pm	†Ramon Rivera by Victor Rivera	†Paul Jose Fort by Victor Rivera

## UNSCHEDULED

†Argelio Perez by Nancy Brito	†Ladislao Brito by Nancy Brito	†Alfredo Mora Sr. by Nancy Brito
†Martha G. Castellanos by Nancy Brito	†Dionisio Diaz by Nancy Brito	*Mathew Ruggiero/Healing by Nancy Brito
†Robert Charles Wood by Christine Shento	†Anne Smith by Dennis & Judy Smith	*Sadie Chiu by Arlene & Grace
*Esperanza Reyes & Leilanni Molina by Arlene & Grace	*Katherine Reyes/Birthday by Arlene & Grace	
*Laura Mauskopf/Healing by Arlene & Grace	*Phyllis Rosner/Birthday by Arlene & Grace	
*David Elliot/Healing by Arlene & Grace		

**Please take some time this week to remember the following in your prayers: For all in our parish family who are suffering serious or terminal illness:**

**For men and women in the Armed Forces, and their families: AND FOR ALL LISTED BELOW**

Dave Ruiz	Joseph	Ernie Skelton
Victoria Robelo	Salamone	Carlotta
Ms. S.	Maria Amaro	Josefa & Dolores
Rose Borsella	Aniela Ignaczak	Echavarria
David Smeraldo	Lillian Campayno	Amparo Longalong
Janette Cole	Terry Schwinge	Annie Lee
Steven Martin	Tom D'Amico	Eugene Langel
Sikes	Gabriel Zamora	Delma Langel
Gianna Pagan	Vincent Blum	William Ward
Mary Loveland	Ricardo Blum	Gaetano Sansone
Sam Falcone	Gina Marie B. Cohen	Alexis Thompson
Patricia Golstein	David Strompf	Griffin Bates
Taylor Dosh	Sal Hanono	Miriam Texeira
Marilyn Martino	Heather Smith	Kevin Marshall
Gulshan Modena	Jason Smith	Andrea Anastasi
Maggie Dolan	Ronald Merhige	John & Alma
Amelita Coz-Zarraga	Roshan	Gardner
Heather Martin	Karen Jensen	Elaine Garofano
Ronald Griffiths	Cynthia Martin	Julia Lea
Margie Giaquinto	Garry Solomon	Buddendorf
Maria Fernandez	Ilda Sosa Botero	Albertina Hughes
Raphael Roman	Carlos Tobon	Kamm Trumble
James Ezeilo	Jill Forshey	Linda Beamish
Brenda Ezeilo	Gerry Santilli	Quinn Morris
Cynthia Martin	Gail Hill	Henry Morris
Francis Martin	Chrissie Budrick	Marcia Riopol
Hermoine D'Cruz	Frank Dazzo	Mumtaz Begum
Brigitte Knops	Dina Quelch	Lance Joseph
Toni Kreamer	Stewart Librizzi	Michelle Pierno
Gerry Gerhard	Thomas Land	John Wilmere
Euclides Cerutti	Agatha Saccio	Keith Johnson
Samuel Gonzales	Robert Albertson	Betty Lou Johnson
Victorio	Rafael Botero	Christine Thurman
Ray Wolff	Albert Fernandes	Connie Panepinto
Ida Giannettina	Romano Britney	Edwin Villarosa
Josette Weber	Closson Jeanette	Brian Sullivan
Ann Cavaseno	Gallegos Adriana	Dominic Canzano
Charles C. Tufano	Elejalde Oswaldo	Kyle Buenconsejo
Angela Discepolo	Cesar Monasterio	Evelyn Baroni
Anna Halford	Michael Cecere	Olga Galarza
Sal Yanello	Jahaziel Roldan	The Taffe Family
Victor Rivera	Abigail Chin-Lenn	Alexander Barone
William Lindner	Gertrudis Rivera	Joanne Liantonio
Lisa Della Femina	Martinez	John Petrich
Maria E. Quiñones	Merrill Tucker	Mary Karten
Mercado	Maggie Dazzo	Luca Diomampo
Diane Daniels	Martha Gutzman	Michael Manuele
Carmen Jones	Noah Altherios	Robert Wiczowski
Bill Hamilton	Anthony Spirito	Mady and Ruth
Ralph Senese	Rhea Reacher	Petersen
Ramona	Doug Rodgers	Ann Carro
Ash Gaballah	Doris Vourinen	Debbie Boburka
Karen Ramey	SrVeronique DCSO	Ricardo Vargas
Mary Ann	Danny Berciles	William Sheldon
Lisa Payne	Eleanor Hemmer	Steve Valtri
Marilyn Green	Joseph Lauria	Raymond Perez Sr.
	Judy Lew	

**PRAYER BEFORE HOLY COMMUNION .** Lord, I believe and profess that You are truly Christ, Son of the Living God, who came into the world to save sinners, of whom I am the first. Accept me this day as I partake of your mystical supper, O Son of God. May the partaking of your holy mysteries, O Lord be not for judgment or condemnation, but for the healing of body and soul. I also believe and profess that this, which I am about to receive, is truly your most precious Body and Blood, which, I pray, make me worthy to receive for the remission of all my sins and life everlasting. Amen.

**PRAYER TO SAINT MICHAEL THE ARCHANGEL** St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, cast into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

**PRAYER FOR VOCATIONS.** Lord Jesus, as You once called the first disciples to make them fishers of men, let your sweet invitation continue to resound: Come follow Me! Give young men and women the grace of responding quickly to your voice. Support our bishops, priests and consecrated people in their apostolic labor. Grant perseverance to our seminarians and to all those who are carrying out the ideal of a life totally consecrated to your service. Awaken in our community a missionary eagerness. Lord, send your workers to your harvest and do not allow humanity to be lost for the lack of pastors, missionaries and people dedicated to the cause of the Gospel. Mary, Mother of the Church, the model of every vocation, help us to say "yes" to the Lord who calls us to cooperate in the divine plan of salvation. Amen.

**PRAYER FOR OUR MILITARY.** Almighty God We stand before you in supplication, Asking Your Divine mercy and protection, To envelop with Your invincible armor, Our loved ones in all branches of the service. Give them courage and strength Against all enemies, Both spiritual and physical, And hasten their safe journey, Back to their homes and families. If it be Your Holy Will That they be gathered to Your bosom, With the eternal vanguard of the saints, Let their journey to Your everlasting arms Be swift and painless, Where they may stand in honor and glory, Praising You for all eternity. Amen





## THE BUTTERFLY EFFECT OF GRACE



Today, we gather to reflect on the profound lessons embedded within today's readings. These passages invite us to examine our faith, service, and the essence of true hospitality.

In Genesis, we witness the extraordinary encounter of Abraham with three visitors. Abraham's willingness to not only greet them but also to offer them a lavish meal underscores the beauty of hospitality. He runs to meet these strangers, which reveals an essential aspect of our faith. Oftentimes, we are called to welcome the unexpected, to open our doors and our hearts to those in need. This resonates deeply with the first verse of Psalm 15: "He who walks blamelessly and does what is right and speaks truth in his heart." True righteousness manifests itself in how we treat others. One random act of kindness can change a life.

There's a story about Mother Teresa, who dedicated her life to helping the poorest of the poor. One day, as she was treating a woman with severe illness, someone asked her, "Why do you bother? You'll never make a difference!" Mother Teresa replied, "I am a drop in the ocean. But the ocean would be less because of that missing drop."

St. Paul speaks of the mystery of Christ, revealed to us and the call to share that gospel. He reminds us that as Christians, we are to be servants, sharing in Christ's sufferings for the sake of His body, the church. This call to service, like the service of Abraham and Mother Teresa, echoes throughout our lives. It's easy to become

comfortable in our routines, forgetting the urgent need for Christ's love in the world.

In our Gospel, we encounter Martha and Mary, two sisters with contrasting approaches to serving Jesus. Martha is busy with tasks, while Mary sits at Jesus' feet in attentive listening. Jesus gently reminds Martha that it is Mary who has chosen the better part. This doesn't belittle Martha's service; rather, it highlights the importance of prioritizing our relationship with Christ. In our own lives, how often do we focus so intently on tasks that we neglect the deeper, abiding relationship we are called to nurture with our Lord?

Our challenge today is to strike a balance. The Lord calls us to serve, but we must also make time for Him in our busy lives. Each moment spent in prayer and reflection brings us closer to understanding His will for us. It is in the stillness that we discern our mission, just as St. Paul spoke of being the conduit through which Christ is made known.

Let us remember the wisdom of Pope Francis, who said, "To be merciful is to love, to listen, and to open one's heart." As we encounter Christ in our daily lives, may we be quick to extend hospitality, deep in our commitment to serve, and attentive to the voice of God in stillness. Through our humble actions, let us reflect the boundless love of Christ, welcoming all people into His embrace.



## Saint of the Week - Saint Mary Magdalene

St. Mary Magdalene is a significant figure in Christianity, known for her close relationship with Jesus Christ. Hailing from Magdala, a town on the western shore of the Sea of Galilee, she is often regarded as a prominent follower of Jesus. The Gospels depict her as a witness to the crucifixion and one of the first individuals to encounter the risen Christ, symbolizing hope and redemption. Traditionally, she is associated with themes of repentance and transformation, having been healed by Jesus of seven demons.

Despite various misinterpretations over the centuries, modern scholarship emphasizes her role as a dedicated disciple and a leader among early Christians. Mary

Magdalene is often depicted in art and literature as a symbol of unwavering faith and love.

## Motivational Reflection

St. Mary Magdalene's journey teaches us about the transformative power of love and faith. Her unwavering devotion, even in the face of despair, reminds us that everyone has the potential for redemption and renewal. As we reflect on her life, let us embrace our struggles and shortcomings, seeing them as opportunities for growth. Like Mary Magdalene, we can rise from our challenges, carrying the light of hope and faith into the world. Each of us has the ability to be a source of inspiration and strength, a beacon of resilience in our communities.

## Weekly Prayer

### Sunday's Readings

#### First Reading:

They asked Abraham, "Where is your wife Sarah?"  
He replied, "There in the tent."  
One of them said, "I will surely return to you about  
this time next year,  
and Sarah will then have a son." (Gn 18:10)

#### Psalm:

He who does justice will live in the presence of the Lord. (Ps 15)

#### Second Reading:

It is Christ in you, the hope for glory.  
It is he whom we proclaim. (Col 1:27-28)

#### Gospel:

The Lord said to her in reply,  
"Martha, Martha, you are anxious and worried  
about many things.  
There is need of only one thing.  
Mary has chosen the better part  
and it will not be taken from her." (Lk 10:42)

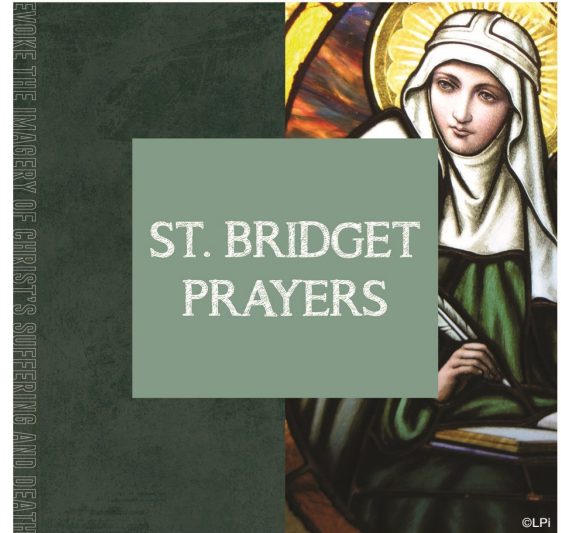
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The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997,  
International Commission on English in the Liturgy Corporation. All rights reserved.

### Live The Liturgy Inspiration of the Week

In life, there are so many "Marthas" — people and situations that distract us from God. But if we imitate Mary and sit calmly at the feet of Jesus, his Word will guard our hearts from the anxiety of the world.

### Observances for the week of July 20, 2025

<b>Sunday:</b>	16th Sunday in Ordinary Time
<b>Monday:</b>	St. Lawrence of Brindisi, Priest and Doctor of the Church
<b>Tuesday:</b>	St. Mary Magdalene
<b>Wednesday:</b>	St. Bridget, Religious
<b>Thursday:</b>	St. Sharbel Makhlūf, Priest
<b>Friday:</b>	St. James, Apostle
<b>Saturday:</b>	Sts. Joachim and Anne, Parents of the Blessed Virgin Mary
<b>Next Sunday:</b>	17th Sunday in Ordinary Time



### Devotions, *Explained!*

The St. Bridget Prayers evoke the imagery of Christ's suffering and death, plead for the forgiveness of the supplicant's sins, for a happy death, for fear and love of the Lord, and for a renunciation of worldly desires.

### Prayer for Focus

Lord, help me to remember what matters and who matters.  
And then help me to prioritize rightly and wisely, with Your heaven as my guide.  
Amen.



## Worship & Meditation

### Readings for the week of July 20, 2025

#### Sunday:

Gn 18:1-10a/Ps 15:2-3, 3-4, 5 (1a)/Col 1:24-28/Lk 10:38-42

#### Monday:

Ex 14:5-18/Ex 15:1bc-2, 3-4, 5-6/  
Mt 12:38-42

#### Tuesday:

Sg 3:1-4b or 2 Cor 5:14-17/Ps 63:2, 3-4,  
5-6, 8-9/Jn 20:1-2, 11-18

#### Wednesday:

Ex 16:1-5, 9-15/Ps 78:18-19, 23-24, 25-26,  
27-28/Mt 13:1-9

#### Thursday:

Ex 19:1-2, 9-11, 16-20b/Dn 3:52, 53, 54, 55,  
56/Mt 13:10-17

#### Friday:

2 Cor 4:7-15/Ps 126:1bc-2ab, 2cd-3, 4-5,  
6/Mt 20:20-28

#### Saturday:

Ex 24:3-8/Ps 50:1b-2, 5-6, 14-15/  
Mt 13:24-30

#### Next Sunday:

Gn 18:20-32/Ps 138:1-2, 2-3, 6-7, 7-8 (3a)/  
Col 2:12-14/Lk 11:1-13



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### Gospel Meditation

#### Encourage Deeper Understanding of Scripture

One of my close friends is a hermit priest who lives on a desert mountain. Recently I found myself in a group conversation about him. One vehemently objected, “What does he do up there all day? Nothing! Priests are down here working, running parishes, making a difference, and he... he is doing nothing! What a waste.” The words dripped with indignation and resentment. Most of the group quietly nodded in silent agreement. Were they correct?

No! To see why, consider a similar scenario in this week’s Gospel. Jesus visits his friends Martha and Mary. A hardworking and exasperated Martha complains to Jesus that her sister is attending to him rather than to urgent household tasks. Our Lord, rather than praising hospitality, explicitly celebrates the less-productive sister for doing the **“one necessary thing.”** He praises her for she **“has chosen the better part” (Luke 10:42).** Mary is busy doing what matters.

Before we freak out like Martha, consider that all work — domestic, manual, professional, ministerial, contemplative — is done to help us (sooner or later) to experience the love that makes us happy. We should be thankful for those who focus on the “better part” of radical, ceaseless prayer. They invite us to remember the purpose of all work is the enjoyment of love. Contemplatives, hermits, anyone fervently committed to prayer—they invite us to cast aside our forgetful, resentful, and self-aggrandizing attitudes in exchange for hearts ready to do what is finally necessary.

— Father John Muir

# Liturgical Life

## (PRACTICING) CATHOLIC

**Mini Reflection:** Are you anxious about many things? Then you need to be right where Mary is: at the feet of Jesus, with all your burdens.

### Martha's Burdens

It's time to admit it: I've been unfair to Mary in the past. Been a little catty about her. *Oooh, Mary, she's so holy.* Well, do you like to eat, Mary? Who made your lunch? Yeah, that's right: it was Martha. Because you know what? It's the Marthas who get things done in the world while the Marys lounge around reading Aquinas and attending silent retreats and going to Eucharistic Adoration whenever they want.

And there you have it, folks: my bitterness on full display! I tend to identify with Martha, not with Mary, and I need to stop doing that.

Because I am not Martha instead of Mary. I am both. We are all both.

Mary was a woman; she was expected to do the serving, too. She shared that burden; she wasn't abandoning it, heaping her portion on Martha. And it's so wrong to assume that Mary didn't have the same cares and anxieties as Martha — perhaps she even had more!

Here's the difference: Mary, unlike Martha (and me, I guess) knew where to go with them.

We typically see our burdens as an impediment to a relationship with Christ. *I'm so busy. I'm so overwhelmed. There are so many demands on me, on my time, on my person, on my finances. Take a number, Jesus. Get in line.* But we're thinking the wrong way. Burdens aren't an obstacle that stands between us and Christ. Burdens are the straightest path to his feet.

God knows about burdens, okay? Aside from being all-wise and all-knowing, he basically completed a doctorate in suffering, taking on a human form (itself kind of a burden, if you think about it) and for 33 years lived among the hardest and heaviest burdens this world has to offer.

Why did he do this? Well, part of the reason was so that we could finally understand that our burdens aren't a barrier between us and God. On the contrary, they connect us to him.

Are you anxious about many things? Then you need to be right where Mary is: at the feet of Jesus, with all your burdens.

— Colleen Jurkiewicz Dorman

## Why do we do that?

### Catholic Life Explained

#### Question:

July 22 is the feast of Mary Magdalene. I've heard a lot of stories about her, but who was she really?

#### Answer:

Mary Magdalene has been the subject of speculation and scholarship over the last 2,000 years. Mary Magdalene makes her first named appearance in Luke 8:2. She is one of several women following Jesus. Luke specifically mentions that Mary had previously been delivered from demonic possession. Whatever her life looked like before she met Jesus, it wasn't good! Because of this association with being a repentant sinner, Mary Magdalene has been associated with other similar stories in the Gospel, such as the woman caught in adultery or the woman who bathes Jesus' feet with her tears.

Mary Magdalene shows up again by name at the end of the Gospels, when she stands with the Blessed Virgin Mary at the foot of the Cross. Mary is also present in the garden of the resurrection. She is one of the women who goes to bring spices to Jesus' tomb, where they find the stone rolled away. Mary stays in the garden weeping, believing his body has been stolen. Jesus approaches her and calls her by name, and she becomes the first witness to the resurrection! While many of the details of Mary Magdalene's life have been lost to time, she is an example of powerful conversion, deep faith, and intimate love for Christ.





## PRAYER FOR PROTECTION FROM STORMS.

God our Father, Creator of the Universe and Lord over all creation, we humbly stand before you as your children in thanksgiving for your loving care and protection. We ask that you keep us safe from all hurricanes and illness which may threaten us in the coming seasons. Protect us from all fear and anxiety and give us an ardent trust and hope in Your love and mercy. You alone have the power to command the sea, the wind, and the rain. You alone bring peace, calm, and safety. Father, we thank you in advance, for you are our only Refuge. We ask this through Christ, Your Son, Who lives and reigns with you and the Holy Spirit, God, forever and ever. Amen.

Mary, Queen of the Apostles, and Patroness of our Diocese, pray for us.

## BE READY FOR GOD TO STOP BY

In my experience, most people can be divided into two groups: those who are old enough to remember when you kept food on hand for company, and those who aren't.

For those of you in the latter group, let me explain. Before text messaging and social media made us all unconditionally, mercilessly reachable, people would do this thing called "stopping by." They would be passing by a friend's house, maybe on the way home from work or shopping, and they would just ... stop. With no warning. No notice whatsoever. "I was just in the neighborhood," they would say. I remember my mother and I would do this on many a Saturday. It wasn't an everyday occurrence, but it was common enough that you had to be ready.

"Crazy," you might exclaim. "People just appeared on your

doorstep? How did you cope with the uncertainty?" Well, most of us had moms who kept a little something on hand to eat or drink that was extra nice, just in case anyone stopped by. That way, we were always ready.

Today's readings are about a lot of things: prayer, hope, redemptive suffering. They're about what it means to be a Christian, and not just what it means to do Christian things.

Most of all, though, they're about readiness. If God showed up at your door, would you be ready for Him? Would you be ready for what He gives you, or what He takes away? Would you be ready for Him to interrupt the plans you have for yourself? To disrupt the idea you carry in your mind of what a servant or a steward is supposed to be? — Tracy Earl Welliver, MTS ©LPi



## CCD REGISTRATION NOW OPEN FOR 2025-2026

Spots are filling up fast, so we encourage you to sign up today. We're excited to welcome all our kids back next year as they continue growing in their faith.

To register, simply scan the QR code below or pick up a paper form at the parish office.

### REGISTER



#### To pay by credit card:

Please scan the QR code below to access the Giving section of our website. Scroll down and select "CCD Payment" from the Fund dropdown menu. Cost is \$35 per child.

### PAY



### AN INVITATION FOR COUPLES

Jesus calls us to love the Lord and to love one another. Deepen your communication, rekindle your romance and renew your sacrament by attending the next upcoming Worldwide Marriage Encounter Experience on **Sep 19-21** in Delray Beach. Sign up at **[wwme.org/apply](http://wwme.org/apply)**. A **\$150** Non-refundable registration fee applies. For more information contact: **Roger & Annie Borrello, 678-43W-WME3 (678-439-9633)**.



worldwide  
**marriage  
encounter**



SCAN HERE TO RSVP

# *You're invited!* FULLY ALIVE YOUNG ADULTS

## CONNECT, GROW, THRIVE!

Are you a young adult at Emmanuel Catholic Church seeking community and a deeper faith? Join Fully Alive Young Adults (FAYA) for guided discussions with The Rescue Project. Engage in meaningful conversations about faith, build community, and discover what it means to live fully alive. Don't forget to bring a journal and pen!

7:00 PM - 9:00 PM  
EVERY 2ND AND  
4TH FRIDAY OF THE  
MONTH

IN COLUMBUS HALL  
15700 S MILITARY  
TRAIL, DELRAY  
BEACH, FL 33484



# INVITATION FOR COUPLES



Rekindle the  
joys of your  
Marriage!



Main Presenters:  
Deacon Louie & Leona Romero

OUR LADY OF FLORIDA  
SPIRITUAL CENTER

AUGUST  
23-24, 2025

## MARRIAGE TUNE-UP

**\$249 per couple**

Includes 1 night stay, all  
meals and Saturday  
Evening Social.

Weekend begins with  
Continental breakfast  
Saturday at 8:00am,  
concluding with Holy Mass  
on Sunday at 12:00pm

Have a good marriage but wonder if it could be better?

Then it's time for a TUNE-UP!

A two day-seminar on rekindling the joys of marriage  
and learning to relate to your spouse in a new way.

This is NOT your typical marriage seminar!

Make this the best year of your marriage!

RSVP TODAY!  
SPACE IS  
LIMITED



Questions? Contact  
Deacon Louie Romero  
lromero@diocesepb.org  
561-775-9557



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Diocese of Palm Beach



EMMANUEL CATHOLIC  
CHURCH INVITES YOU  
TO ITS FIRST

# Men's Emmaus Retreat



September 26<sup>th</sup> – 28<sup>th</sup> 2025



15820 Military Trail, Delray Beach, FL 33484



[emmaus.men.emmanuel@gmail.com](mailto:emmaus.men.emmanuel@gmail.com)



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Registration

