



EMMANUEL

God With Us



15700 S. MILITARY TRAIL, DELRAY BEACH, FL 33484

P:561.496.2480

F:561.496.5755



A GOOD MEASURE, PACKED TOGETHER, SHAKEN DOWN.

— LUKE 6:38 —

SEVENTH SUNDAY IN ORDINARY TIME

ASH WEDNESDAY

March 5th is Ash Wednesday and the beginning of the season of Lent. It is also a day of universal Fast and Abstinence in the church.

SCHEDULE OF MASSES 3/5:

7:30 am , 9:00 am , 10:30 am , 12:00 noon, 4:00 pm
and 6:00 pm.

ADDITIONAL MASSES: During the season of Lent
we have additional mass at
12:00 noon Monday—Friday.



PARISH INFORMATION

02 | PARISH FAMILY | GOD IS WITH US



OUR MISSION

Emmanuel Catholic Church **which means, God is with us**, is a faithful community of believers dedicated to proclaiming the gospel of Jesus Christ as taught by the Roman Catholic Church through word, sacrament, and service. As a parish family of God, we live by faith, truth, and love as we value the sanctity of life in all its stages and make the Holy Eucharist the center of our lives. Through the guidance of the Holy Spirit, the consultation with our parish ministries, we desire to be witnesses of God's presence as we share our gifts of time, talent, and treasure with God's Family.

CLERGY

Pastor

Rev. Fr. Gaudioso Zamora

Parish Vicar

Rev. Fr. Theodore Ihedoro

In Residence

Rev. Fr. Joseph Papes

Weekday/Weekend Associates

Rev. Fr. Timothy Canaan

Rev. Fr. David Carr

Deacon Anthony Cuseo

PARISH MINISTRIES

OCIA & Sacramental Preparation

Deacon Anthony Cuseo

Religious Education

Jean Krokus | Ext. 1005

religiouseducation@emmanuelcatholic.church

Sandra Gallegos Sgallegos@emmanuelcatholic.church

Extraordinary Ministers of Holy Communion

Fr. Theo Ihedoro | Ext. 1004

Lectors

Fr. Theo Ihedoro | Ext. 1004

Hospitality / Ushers

Bob Bonney & Chuck Dolce

Music

Linda Coz, Ree Joy Baldonado, Men's Choir

Altar Flowers

Bella Simbajon & Filipino Community

Altar & Clergy Vestments

Carol Chapman, Nancy McDonald,

Homebound / Hospital Ministry

Fr. Theo Ihedoro | Ext. 1004

PARISH STAFF

Director of Finance

Tanya Kuppmala Ext. 1001 tkuppmala@emmanuelcatholic.church

Secretary

Stella Sadolfo Ext. 1007 secretary@emmanuelcatholic.church

Property Manager

Edward Shannon Ext. 1006 maintenance@emmanuelcatholic.church

Receptionist

Rose Marie Baldonado Ext. 1000 receptionist@emmanuelcatholic.church

Gift Shop

Josephine Joan | Ext. 1009

Blood Drive

Patti Gomez | 561-293-9761

Finance Council

Parish Council

PARISH ORGANIZATIONS

Ladies Guild

President Nancy McDonald

Knights of Columbus

Grand Knight Bob Budd

Legion of Mary

President Maude Cassagnol





Dinner! Music! Raffles! Fun!

The Knights of Columbus'

Spring FLing

Join us for an evening of **FOOD and FUN** as we spring into Spring! Dine on the evening's menu of **Chicken Marsala over Pasta, Roasted Vegetables, Caesar Salad, Rolls, Dessert & Soft Drinks!** (BYOB!) Then party the evening away to the musical jams of DJ Linus!

-Join Us and Help Support the Knights' Charities!-

Saturday, March 8 • 6:30PM • Columbus Hall
Tickets \$25 available in the Church Office

EVERY FRIDAY OF LENT

Menu:

Fried cod fish,
baked mahi-mahi,
coleslaw, French fries,
rolls



\$1.00 EXTRA
for coffee,
bottled water,
soft drinks,
OR desserts.

4:30P-6:30P \$12.00 PER PERSON

PARISH REGULAR SCHEDULE

TAIZÉ PRAYER

Every Friday at 6:30pm—7:30pm
(after 6:00pm Mass) except for First Fridays.

SACRAMENT OF THE SICK

Every Thursday after the 8:30am mass
or call the parish office

BAPTISMS

Sundays at 1:00pm. Schedule one month in advance.
Contact Parish Office.

WEDDINGS

Contact Deacon Tony at least 6 months in advance

HOLY DAYS OF OBLIGATION

5:00pm Vigil Mass
7:30am, 9:00am, 10:30am, 12:00pm

GIFT SHOP

Monday & Wednesday 8am–1:00pm

Tuesday Closed

Thursday & Friday 8am–1pm

Saturday Closed

4th Sunday of the Month 10:00AM– 1:30PM

NOTE: Gift shop will be closed when the parish office is closed

ROSARY GROUP

Monday–Friday after the 7:30am Daily Mass

RECONCILIATION

Saturday after the 8:30am Mass

SCHEDULE CHANGES?

Do you want to make sure there have been no sudden time changes to any event or activity you want to join this week? Call the parish office during business hours.

561.496.2480

PARISH CALENDAR FOR THE WEEK

Sunday, Feb. 23

1:00P..... OCIA Class

Monday, Feb 24

6:30A..... Adoration

1:00P..... Movie Mondays

6:00P..... Legion of Mary Meeting

Tuesday, Feb. 25

6:30A..... Adoration

10:00A..... Faith Sharing

7:00P..... KoC General Meeting

Wednesday, Feb. 26

6:30A..... Adoration

4:00P..... SoulCore

Thursday, Feb. 27

6:30A..... Adoration

9:00A..... Anointing of the Sick

3:00P..... Holy Hour

6:30P..... AA Meeting

Friday, Feb. 28

6:30A..... Adoration

11:00A..... Hospital & Homebound EMHC Meeting

6:30P..... Taize

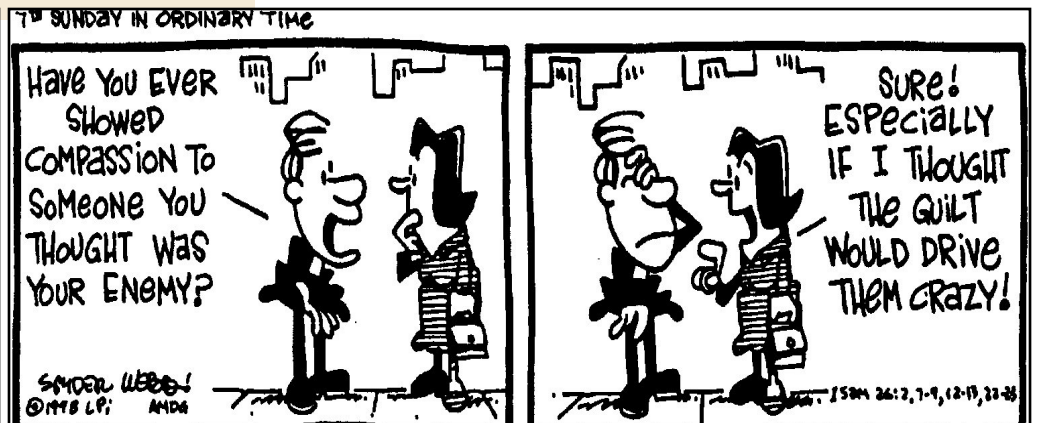
Saturday, March 01

9:00A..... Confession

Sunday, March 02

9:00A..... Knights of Columbus Mass

1:00P..... OCIA Class



CLERGY & MASS SCHEDULE

Sunday, Feb. 23

7:30A Fr. Theo 9:00A Fr. Leone
10:00A N/A 10:30A Fr. Timothy
12:00P Fr. Timothy 6:00P Fr. Zamora

Monday, Feb. 24

7:30A Fr. Zamora 8:30A Fr. Carr

Tuesday, Feb. 25

7:30A Fr. Theo 8:30A Fr. Timothy

Wednesday, Feb. 26

7:30A Fr. Carr 8:30A Fr. Leone

Thursday, Feb. 27

7:30A Fr. Theo 8:30A Fr. Timothy

Friday, Feb. 28

7:30A Fr. Theo 8:30A Fr. Timothy
6:00P Fr. Zamora

Saturday, March 01

8:30A Fr. Zamora
4:00P Fr. Theo 5:30P Fr. Leone

Sunday, March 02

7:30A Fr. Carr 9:00A Fr. Timothy
10:00A Fr. Zamora 10:30A Fr. Timothy
12:00P Fr. Zamora 6:00P Fr. Theo



OUR GIFTS TO GOD

February 16, 2025

First Collection	\$ 15,047.00
Second Collection	\$ 2,874.00
Kids' Mass	\$ 610.00
Online (02/15)	\$ 1,800.37
TOTAL	\$ 20,331.37

February 09, 2025

First Collection	\$ 14,140.00
Second Collection	\$ 3,040.00
Kids Mass	\$ 482.00
Online (02/08)	\$ 2,296.52
TOTAL	\$ 19,958.52



Goal Amount for Emmanuel	\$185,000.00
Current	\$ 16,965.08
Remaining Balance	\$ 168,034.92

Thank you all for your continued support and generosity!



SCHEDULED INTENTION

Monday, Feb. 24

7:30am *Christos Loannou/birthday by Evelyn Santiesteban †Rafael A. Urdaneta by Bill & Carmela Snow
8:30am †Arta Pascullo by Anita & John Pulizzi †Colin Flynn by -----

Tuesday, Feb. 25

7:30am †Gabriella Gaspare by Frank & Peggy Petricone †Patrick Zangrilli by Bernice Berkoff
8:30am †Martin Goodman by Lillian Goodman †John Palmieri Sr. by Wife

Wednesday, Feb. 26

7:30am †Alfred Caraccia by Ted & Fran Souza †John Trepanier by Barbara & Gary Morris
8:30am †Mike Morrisey by Sandra Fazzolara †Doreen Romano by Sandra Fazzolara

Thursday, Feb. 27

7:30am †Tony Blanco by Patricia Liljegren *Joe DeFelice by Tom & Clara Depko
8:30am †Louise Don by Rosemary Parnigoni †Lorraine Swanson by Cynthia Martin

Friday, Feb. 28

7:30am †Luke Le by Le Family *Gerard Vaughan & Family/healing by Eddie McDonnell
8:30am †Rafael Urdaneta by Maria Urdaneta †Myrna Ganzon by Mejia by Sister
6:00pm **FOR PRIESTS** **FOR PRIESTS**

Saturday, March 01

8:30am †Agneris Rodriguez by Marie & Darren †All Souls in Purgatory by Soledad Robinson
4:00pm BOOK OF THE DEAD BOOK OF THE DEAD
5:30pm †Paulina Silva by Lisa Carnevale †Mary Menequale by Robert Menequale

Sunday, March 02

7:30am *Cillian Cruz Caraballo by Elsa Caraballo †Tony Cangelosi by Tom & Clara Depko
9:00am *knights of Columbus by Blessed Mother Council 1333A †Arthur Messenger by John & Colleen Freitas
10:30am PARISHIONERS & BENEFACTORS PARISHIONERS & BENEFACTORS
12:00pm †Salvatore Chimenti by Mrs. Caterina Parrino †Paolo Potorti by Mimy Siciliano
6:00pm †Pauline Silva by Lisa Santoro *Carmen Placencia by -----

UNSCHEDULED

*Loren & Dana Price by Price Family *Loren & Dana Price by Price Family *Loren & Dana Price by Price Family
†Remo Rigazio by Andrew Manuele †Eamon McGovern by Mamie & Frank Eardley
*Clara Depko by Dorothy Deedy *Marie Regan by Dorothy Deedy †Peter Freidman by Pam Lee

ALTAR FLOWERS

VIGIL LIGHTS

SHRINE FLOWERS

Please take some time this week to remember the following in your prayers: For all in our parish family who are suffering serious or terminal illness:

For men and women in the Armed Forces, and their families: AND FOR ALL LISTED BELOW

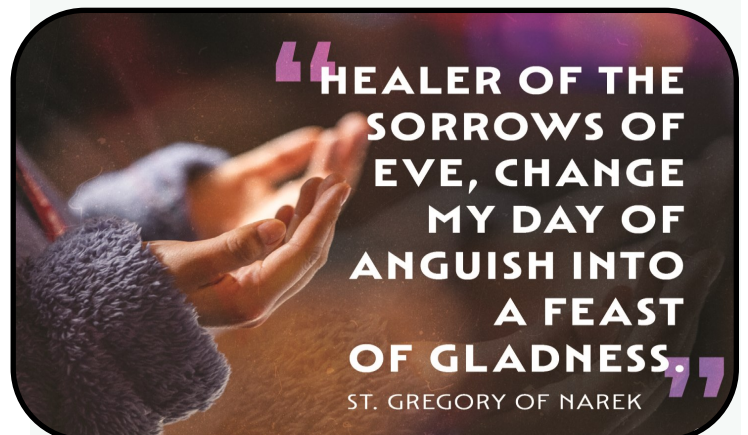
David & John	Cynthia Martin	Roshan
Lenore Curatolo	Francis Martin	Karen Jensen
Marilyn Boyle	Hermoine D'Cruz	Cynthis Martin
Andrea Anastasi	Brigitte Knops	Garry Solomon
Shelly Fiorini	Toni Kreamer	Ilda Sosa Botero
Ed Bush	Gerry Gerhard	Carlos Tobon
Bob Oberholzer	Euclides Cerutti	Jill Forshey
John Wilkens	Samuel Gonzales	Gerry Santilli
Scott Ellison	Victorio	Gail Hill
<i>Evangeline</i>	Ray Wolff	Chrissie Budrick
<i>Ezeilo</i>	<i>Patricia Tripi</i>	Frank Dazzo
Michael Gehres	<i>Giraldo</i>	Dina Quelch Stewart
Karen Sullivan	Ida Giannettina	Librizzi Thomas
Sean Zahul	Tom Hickey	Land Agatha Saccio
Darren Guzman	Josette Weber	Robert Albertson
Mary Lou	Vincent Rizzo	Rafael Botero
<i>Connie</i>	Louis Perticone	Albert Fernandes
<i>Panepinto</i>	Ann Cavaseno	Doreen Romano
Amalia Mazzolin	Charles C. Tufano	Britney Closson
Leon Martin	Angela Discepolo	Jeanette Gallegos
Joe Delagami	Anna Halford	Adriana Elejalde
<i>Rose Marie</i>	Sal Yanello	<i>Oswaldo Cesar</i>
<i>Regner</i>	Victor Rivera	<i>Monasterio</i>
Michael Manuele	William Lindner	Michael Cecere
Carla Ruiz	Lisa Della	Jahaziel Roldan
Benjamin Robelo	Femina	Abigail Chin
Karen McCarty	<i>Maria E. Quiñones</i>	<i>-Lenn Gertrudis</i>
T.J. Genzale	-	<i>Rivera Martinez</i>
Dave Ruiz	<i>Mercado</i>	Merrill Tucker
Victoria Robelo	Diane Daniels	Debra Tucker
Ms. S.	Carmen Jones	Maggie Dazzo
Rose Borsella	Bill Hamilton	Martha Gutzman
Lexie Helgersen	Ralph Senese	Noah Altherios
David Smeraldo	Ramona	Debra Serritella
Janette Cole	Ash Gaballah	Joseph Reategui
<i>Steven Martin</i>	Karen Ramey	Anthony Spirito
<i>Sikes</i>	Tom Tripi	Rhea
Gianna Pagan	Mary Ann	Raecher
Suzanne Puleo	Lisa Payne	Doug Rodgers
<i>Sr. Frances Vass</i>	Marilyn Green	Doris Vourinen
<i>OSC</i>	<i>Joseph</i>	<i>Sister Veronique</i>
Mary Loveland	<i>Salamone</i>	<i>DCSO</i>
Sam Falcone	Phyllis Lomitola	Danny Berciles
Patricia Golstein	Maria Amaro	<i>Elizabeth Lanza-</i>
Taylor Dosh	Aniela Ignaczak	<i>Hajko</i>
Marilyn Martino	Lillian Campayno	Eleanor Hemmer
Gulshan Modena	Terry Schwinge	Joseph Lauria
Maggie Dolan	Tom D'Amico	Judy Lew
<i>Amelita Coz-</i>	Gabriel Zamora	Ernie Skelton
<i>Zarraga</i>	Vincent Blum	Carlotta
Heather Martin	Ricardo Blum	<i>Josefa & Dolores</i>
Taiilor McGee	<i>Gina Marie B.</i>	<i>Echavarria</i>
Ronald Griffiths	<i>Cohen</i>	Amparo Longalong
Margie Giaquinto	David Strompf	Annie Lee
Maria Fernandez	Sal Hanono	Eugene Langel
Raphael Roman	Chris Angotti	Delma Langel
James Ezeilo	Heather Smith	William Ward
Brenda Ezeilo	Jason Smith	Cindy Free
	Ronald Merhige	

PRAYER BEFORE HOLY COMMUNION . Lord, I believe and profess that You are truly Christ, Son of the Living God, who came into the world to save sinners, of whom I am the first. Accept me this day as I partake of your mystical supper, O Son of God. May the partaking of your holy mysteries, O Lord be not for judgment or condemnation, but for the healing of body and soul. I also believe and profess that this, which I am about to receive, is truly your most precious Body and Blood, which, I pray, make me worthy to receive for the remission of all my sins and life everlasting. Amen.

PRAYER TO SAINT MICHAEL THE ARCHANGEL St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, cast into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

PRAYER FOR VOCATIONS. Lord Jesus, as You once called the first disciples to make them fishers of men, let your sweet invitation continue to resound: Come follow Me! Give young men and women the grace of responding quickly to your voice. Support our bishops, priests and consecrated people in their apostolic labor. Grant perseverance to our seminarians and to all those who are carrying out the ideal of a life totally consecrated to your service. Awaken in our community a missionary eagerness. Lord, send your workers to your harvest and do not allow humanity to be lost for the lack of pastors, missionaries and people dedicated to the cause of the Gospel. Mary, Mother of the Church, the model of every vocation, help us to say "yes" to the Lord who calls us to cooperate in the divine plan of salvation. Amen.

PRAYER FOR OUR MILITARY. Almighty God We stand before you in supplication, Asking Your Divine mercy and protection, To envelop with Your invincible armor, Our loved ones in all branches of the service. Give them courage and strength Against all enemies, Both spiritual and physical, And hasten their safe journey, Back to their homes and families. If it be Your Holy Will That they be gathered to Your bosom, With the eternal vanguard of the saints, Let their journey to Your everlasting arms Be swift and painless, Where they may stand in honor and glory, Praising You for all eternity. Amen



THE END OF RESENTMENT

There's a principle that you have to fight fire with fire. It means we cannot let people take advantage of us. If people insult you, don't hesitate to insult them too.

The approach of Jesus is different. We have to conquer fire with water. Did you hear of the saying: Grievous words stir up anger, but soft words turneth away wrath? The fire of hatred should be dealt with the quenching water of love. Christ our Lord tells us, "if you love those who love you, what is special about that? Do not even tax collectors do as much? We cannot hope to triumph over our natural tendency to anger and to bitterness without Christ. It is only when Christ's grace lives in our hearts that we can open up to the possibility of loving our enemies, doing good to those who hate us, blessing those who curse us and praying for those who maltreat us.

Our world today is characterized by vicious cycle of

violence, revenge and hatred. "An eye for an eye, a tooth for a tooth", can only put in motion a never-ending pattern of retaliation and resentment. Christ came to break this Lex Taliones policy, this law of tit for tat.

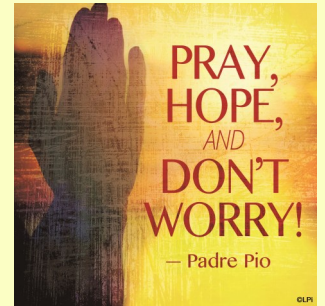
He declared: "For your part you shall be righteous and perfect in the way your Heavenly Father is righteous and perfect".

In the Lord's Prayer, we pray that God may forgive our trespasses as we forgive those who trespass against us.

Let us pray for that healing. Let us pray for Christ's grace to love even our enemies, to forgive and pray for them.

Hopefully, we can truly become the children of God.

-Fr Zamora



Saint of the Week—Saint Gregory of Narek Abbot and Doctor of the Church (c. 945-1003)

Gregor was born in a village on the shores of Lake Van between 945 and 950. When his parents died, Gregor and his older brother were raised by a scholarly uncle who had them educated at the Narek monastery where he was a monk. The monastery was a prominent center of learning located in what is now Turkey. Gregor too entered the monastery and was ordained in 977.

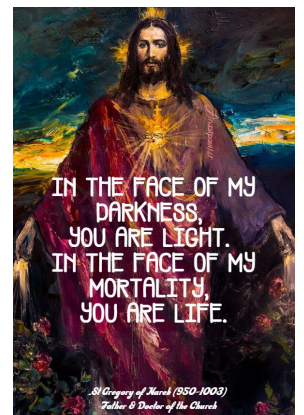
A professor of theology, Gregor wrote a mystical interpretation of the Song of Songs, and a long mystical poem called the Book of Prayer or the Book of Lamentations. He described his poem as "an encyclopedia of prayer for all nations." This classic of Armenian literature has been translated into 30 languages. The Russian text of the Book of Lamentations was set to music in 1985.

Little else is known about Gregor, other than he died in the early 11th century and was buried within the walls of the Narek monastery where he had spent

his life. In 2015 as the world observed the 100th anniversary of the Armenian genocide in the Ottoman Empire, Pope Francis concelebrated a Mass at the Vatican with Patriarch Nerses Bedros XIX Tarmouni and declared the monk, poet, and saint of the Armenian Apostolic Church, Gregory of Narek, a Doctor of the Church. His liturgical feast is celebrated on February 27.

Reflection

As opposed to the Armenian Catholic Church that began in the 17th century, the earlier Armenian Apostolic Church did not accept the Council of Chalcedon's 451 teaching that Christ was fully divine and fully human. In 1996, St. John Paul II and Apostolic Catholicos Karekin I signed a declaration confirming the common faith of their two Churches. Prayer often unites groups of people who have seen themselves as very distinct—even enemies.



Weekly Prayer

Sunday's Readings

First Reading:

"Today, though the LORD delivered you into my grasp,
I would not harm the LORD's anointed." (1 Sm 26:23)

Psalm:

The Lord is kind and merciful. (Ps 103)

Second Reading:

Just as we have borne the image of the earthly one,
we shall also bear the image of the heavenly one.
(1 Cor 15:49)

Gospel:

"Be merciful, just as your Father is merciful." (Jn Lk 6:36)

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Live The Liturgy Inspiration of the Week

Jesus' message today is one of radical generosity and abundant mercy, and it scandalized the people of his time. It shook them to their core. It should do the same for us. Are we ready to live as Jesus lived? Are we ready to offer love in the face of hate?

Observances for the week of February 23, 2025

Sunday: 7th Sunday in Ordinary Time

Thursday: St. Gregory of Narek, Abbot and Doctor of the Church

Next Sunday: 8th Sunday in Ordinary Time



Devotions, *Explained!*

Fasting was practiced by righteous men and women of the Old Testament and later by Christ himself. It remains an important part of the Christian devotional life today, being most strongly associated with the penitential season of Lent.

Prayer of Christian Life

Dear Jesus,
Help me to pray for and bless everyone I encounter, whether that be easy or hard. Help me to act in the mercy I have known through you. Help me to demonstrate generosity, as you have given so much to me. Amen.

Worship & Meditation

Readings for the week of February 23, 2025

Sunday:

1 Sm 26:2, 7-9, 12-13, 22-23/
1 Cor 15:45-49/Lk 6:27-38

Monday:

Sir 1:1-10/Ps 93:1ab, 1cd-2, 5/Mk 9:14-29

Tuesday:

Sir 2:1-11/Ps 37:3-4, 18-19, 27-28, 39-40/
Mk 9:30-37

Wednesday:

Sir 4:11-19/Ps 119:165, 168, 171, 172, 174,
175/Mk 9:38-40

Thursday:

Sir 5:1-8/Ps 1:1-2, 3, 4 and 6/Mk 9:41-50

Friday:

Sir 6:5-17/Ps 119:12, 16, 18, 27, 34, 35/
Mk 10:1-12

Saturday:

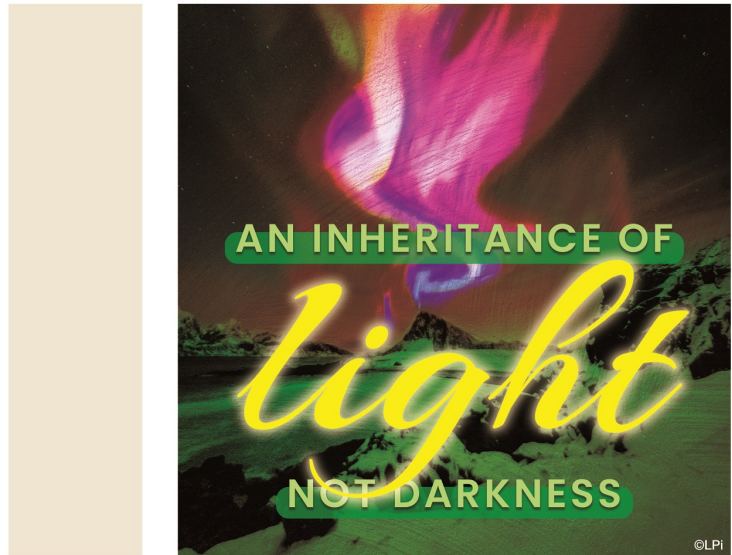
Sir 17:1-15/Ps 103:13-14, 15-16, 17-18/
Mk 10:13-16

Next Sunday:

Sir 27:4-7/Ps 92:2-3, 13-14, 15-16 (see 2a)/
1 Cor 15:54-58/Lk 6:39-45



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Gospel Meditation

Seek a deeper understanding of Scripture

One of my favorite new singers/songwriters is Noah Kahan. I'm a little biased because, like me, he is originally from Vermont. In a fine song entitled "Stick Season," he sings of his hope to "cancel out the darkness I inherited from dad." This lyric articulates his painful recognition of a dark spiritual "inheritance" from his father, and his hope to be free of it. We all inherit some degree of evil from our earthly forebears. It's easy to feel doomed to repeat their darknesses.

But we're not so doomed, thank God. This week's Gospel proclaims this. Whatever good or bad we received from our parents, we have a more definitive and perfect inheritance in God. Jesus commands us, **"Be merciful just as your Father is merciful"** (Luke 6:36). We have a perfect Father in heaven and are destined to inherit and reflect that perfect and merciful love. We have an inheritance of light, not darkness, and thus a whole new possibility of magnanimous love. Like any inheritance, this is a free gift to us.

What are we destined to repeat? Not the darkness of our earthly parents. We are destined to be a reflection of God's life. Jesus liberates us from the inevitability of repeating whatever evils and imperfections are in our familial or cultural upbringings. It's time to claim that perfect inheritance.

— Father John Muir

Liturgical Life

(PRACTICING) CATHOLIC

Mini Reflection: It saddens me that Christians have somehow gained this reputation as a people who judge, who condemn. Today's Gospel is an invitation for us to consider how we engage with people who disagree with us — or maybe even actively dislike us.

Judgment and Love

"Oh, well. I'm going to hell anyway, right?"

I have a few family members and friends who are not practicing Catholics who say this to me from time to time. It's always spoken in a teasing manner, with a wink and a shoulder shrug, usually to explain away some sort of minor misbehavior they feel guilty about.

It saddens me that Christians have somehow gained this reputation as a people who judge, who condemn. I think in part it stems from a misunderstanding on the part of unchurched people (and lots of churchd ones, too) regarding what constitutes "judging." It is absolutely not "judging" someone to disagree with a personal decision, whatever that decision may be, or to decline from participating in that decision. We all have functioning consciences; we are all supposed to discern the moral goodness of any action before we take it.

But it is judging someone if we allow their decisions to impact how we treat them.

Today's Gospel is an invitation for us to consider how we engage with people who disagree with us — or maybe even actively dislike us. Much is said these days of the "culture wars." I certainly don't disagree that it can often feel like you're fighting a war when you're trying to live as the Church teaches. The forces against you often seem overwhelming and nefarious. And guess what? They are.

But we need to remember who the enemy really is. The enemy is not other children of God, even if they are children of God who are actively promoting ideas that are wrong. Perhaps these people are misguided and mistaken. Perhaps they are misled by the devil. Have we not all been misled by him at some point?

We must interact lovingly with people who think differently and live differently from us. The Christian life absolutely demands it.

— Colleen Jurkiewicz Dorman

Why do we do that?

Catholic Life Explained

Question:

Is Ash Wednesday a holy day of obligation?

Answer:

Despite the often packed churches, you may be surprised to hear that the answer is no! Holy days of obligation commemorate a particular event (such as the birth of Christ at Christmas) or celebrate particular people (such as Mary's Immaculate Conception or the feast of All Saints). Ash Wednesday is a day of penance, fasting, and abstinence to begin the season of Lent. In a sense, it focuses on a concept rather than something particular and concrete.

Of course, repentance ought to be reflected in particular, concrete ways! That's one of the reasons that attending Mass on Ash Wednesday is a very good idea. It marks the beginning of a solemn season of penance. Despite all its comparisons to the desert, Lent can be very fruitful for our spiritual growth! Beginning this season with the celebration of Mass and the reception of ashes is a sign of our commitment to God and to spiritual growth.



First Communion on April 26th

First Reconciliation Celebration!

This Saturday, our First Communion Class took a significant step on their spiritual journey by receiving their First Reconciliation, bringing them closer to the celebration of their First Holy Communion. We are incredibly proud of the dedication and hard work our students have shown thus far. As we reach the halfway point in their preparation, we pray that God will continue to guide them, strengthen their faith, and help them grow in His love. Let us all keep them in our prayers as they continue this important journey in their faith. May they be filled with the grace and peace of God.



**Confirmation:
March 16th @6PM**

This past Saturday, our Confirmation students took part in a retreat as an important step in their preparation for the upcoming Confirmation on March 16th. Throughout the retreat, the students engaged in prayer, personal reflection, group discussions, faith sharing, and the celebration of the Sacrament of Reconciliation (confession). These activities were all designed to help them deepen their connection with their faith in meaningful ways. Please keep our students in your prayers as they continue to prepare for this significant milestone in their spiritual journey.



Alexander Gomez, Andres Prieto, Angel Lerma Torres, Angela Arandela, Brandon Juvera, Brody Basso, Chyriecce Perido, Dazha Melito, Evelyn Austin, Evelyn Nino, Isabella Antal, Jaeson Ramirez, Jayden Ramirez, Jordy Valladares, Jose Isabel Aguirre, Kylie Closson, Luis Romero, Michael Capizola, Oscar Nino Tellez, Peter Arencibia, Heriberto Cisneros

Connect with SOULCORE International: www.SoulCore.com
Instagram@soulcoreproject Facebook: Soulcore



“SOULCORE can help strengthen you emotionally, physically & spiritually.”

Prayer and exercise is the perfect combination!

All ages are invited women and men, children and teens, at any fitness level (mat or chair)

Now is the time (2 Cor 6:2) to strengthen your mind, body and soul.

Like a mini retreat. True rest for your soul. You will leave soulcore rejuvenated every time guaranteed.

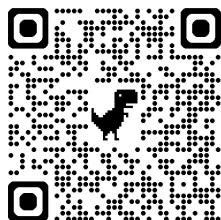
Wednesday 3:45PM Emmanuel Catholic church Military Trail Delray - Columbus Hall

1st time at class please arrive 15 mins early. Wear comfortable clothing, bring an exercise mat if you have one.

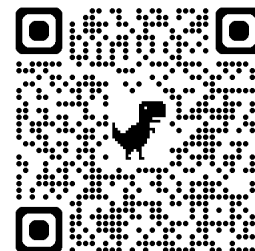
Did you know we can create a Soulcore class for your group, school or retreat@your time & location.

Contact a Soulcore leader for more info or with any questions you might have: Daniella Potter (754) 224-9071

Ramona Joachim (561) 866-4820* MaryFrances Heller(954) 942-0003* Patti Mills(954) 254-3726*Clara Baron (561) 305-9943



**QR Code for the Vatican
calendar events page .
Or check out the next
page of this bulletin.**



All the information pertaining to the Jubilee 2025

If you are planning a pilgrimage to Rome for the Jubilee 2025 can be found at the Vatican website for the jubilee.

www.iubilaeum2025.va or just scan the QR code above.

What is the Pilgrim's Card?

It is a free digital pass bearing the name of the holder, which will be needed to take part in the main Jubilee events and to organize a pilgrimage to the Holy Door.

How can I obtain the Pilgrim's Card?

The card can only be obtained by signing up at the portal, which will be available on the website

register.iubilaeum.va/user

or via the official Jubilee App for smartphones. After entering the required details, the pilgrim will receive a unique QR code and a personalized account on the app.

JUBILEE PRAYER. Father in heaven, may the faith you have gifted us in your son Jesus Christ, our brother, and the flame of charity kindled in our hearts by the Holy Spirit, reawaken in us, the blessed hope for the coming of your Kingdom.

May your grace transform us into diligent cultivators of the evangelical seeds that make humanity and the cosmos rise unto the confident expectation of the new heavens and the new earth, when with the powers of Evil overcome, your glory shall be manifested eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope, the yearning for heavenly treasures and pour over all the earth the joy and peace of our Redeemer. To you God blessed in eternity, be praise and glory for ever and ever.
Amen.



JUBILEE 2025 CALENDAR OF MAJOR EVENTS

DECEMBER 2024

24 December

Opening of the Holy Door of Saint Peter's Basilica



JANUARY 2025

24-26 January

Jubilee of the World of Communications

FEBRUARY 2025

8-9 February

Jubilee of Armed Forces, Police and Security Personnel

15-18 February

Jubilee of Artists and the World of Culture

21-23 February

Jubilee of Deacons

MARCH 2025

8-9 March

Jubilee of the World of Volunteering

28 March

24 Hours for the Lord

28-30 March

Jubilee of the Missionaries of Mercy

APRIL 2025

5-6 April

Jubilee of the Sick and Health Care Workers

25-27 April

Jubilee of Teenagers

28-29 April

Jubilee of People with Disabilities

MAY 2025

1-4 May

Jubilee of Workers

4-5 May

Jubilee of Entrepreneurs

10-11 May

The Jubilee of Bands and Popular Music

12-14 May

Jubilee of the Eastern Churches

16-18 May

Jubilee of Confraternities

30 May - 1 June

Jubilee of Families, Children, Grandparents and the Elderly



JUNE 2025

7-8 June

Jubilee of Ecclesial Movements, Associations and New Communities

9 June

Jubilee of the Holy See

14-15 June

Jubilee of Sport

20-22 June

Jubilee of Governments

23-24 June

Jubilee of Seminarians

25 June

Jubilee of Bishops

25-27 June

Jubilee of Priests

JULY 2025

28 July - 3 August

Jubilee of Youth

SEPTEMBER 2025

15 September

Jubilee of Consolation

20 September

Jubilee of Justice

26-28 September

Jubilee of Catechists

OCTOBER 2025

4-5 October

Jubilee of the Missions

4-5 October

Jubilee of Migrants

8-9 October

Jubilee of Consecrated Life

11-12 October

Jubilee of Marian Spirituality

31 October - 2 November

Jubilee of the World of Education



NOVEMBER 2025

16 November

Jubilee of the Poor

22-23 November

Jubilee of Choirs

DECEMBER 2025

14 December

Jubilee of Prisoners