



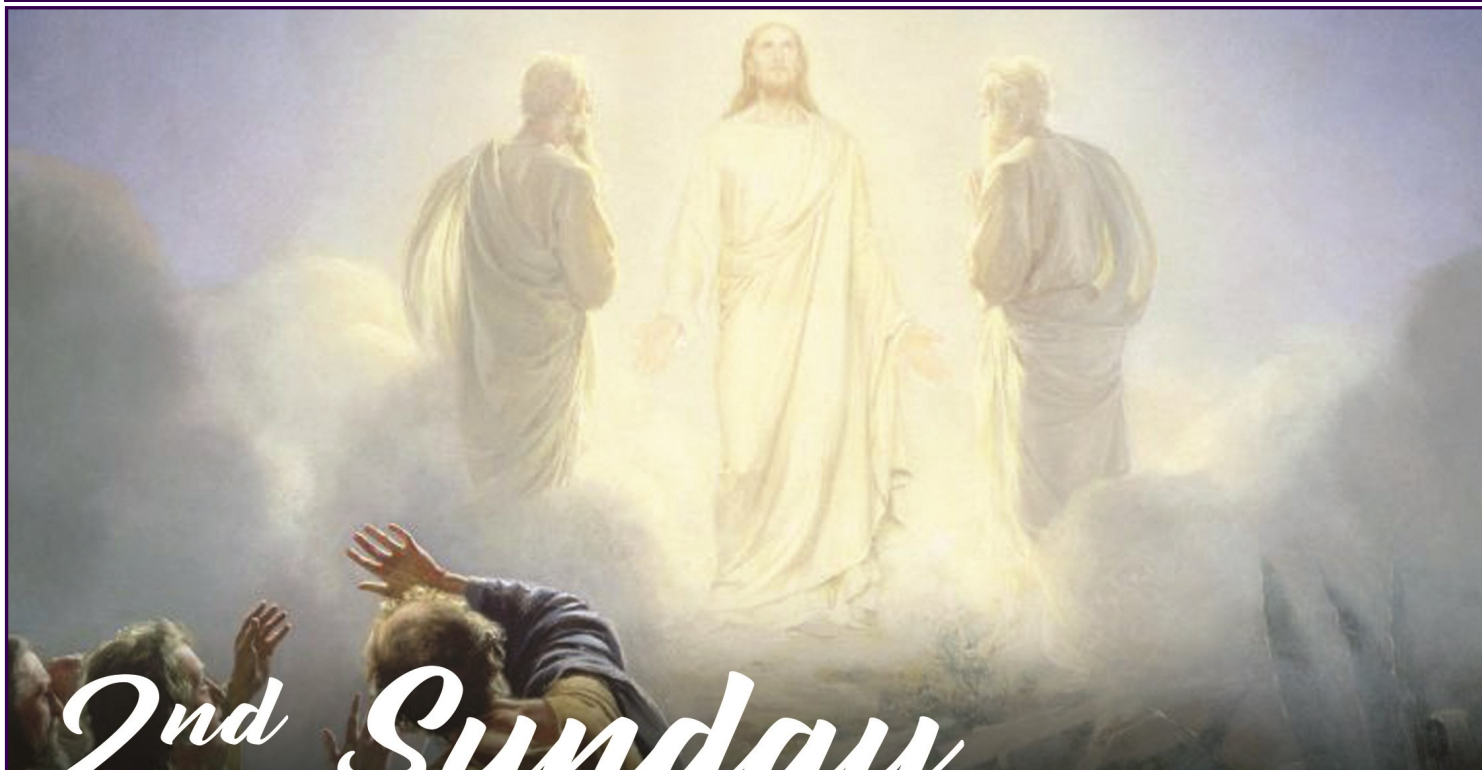
EMMANUEL

God with us

15700 S. MILITARY TRAIL, DELRAY BEACH, FL 33484

P:561.496.2480

F:561.496.5755



2nd Sunday

O F L E N T

While he was praying his face changed in appearance and his clothing became dazzling white. - Lk 9:29

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

©L

DINNERS AVAILABLE FOR EAT-IN OR TAKE OUT

Menu:

Fried cod fish,
baked mahi-mahi,
coleslaw, French fries,
rolls

**EVERY FRIDAY OF
FISH FRY**

\$1.00 EXTRA
for coffee,
bottled water,
soft drinks,
OR desserts.

4:30P-6:30P \$12.00 PER PERSON

www.emmanuelcatholic.church

FB: Emmanuel Catholic Church

march 16, 2025 issue

PARISH INFORMATION

02 | PARISH FAMILY | GOD IS WITH US



OUR MISSION

Emmanuel Catholic Church which means, **God is with us**, is a faithful community of believers dedicated to proclaiming the gospel of Jesus Christ as taught by the Roman Catholic Church through word, sacrament, and service. As a parish family of God, we live by faith, truth, and love as we value the sanctity of life in all its stages and make the Holy Eucharist the center of our lives. Through the guidance of the Holy Spirit, the consultation with our parish ministries, we desire to be witnesses of God's presence as we share our gifts of time, talent, and treasure with God's Family.

CLERGY

Pastor

Rev. Fr. Gaudioso Zamora

Parish Vicar

Rev. Fr. Theodore Ihedoro

In Residence

Rev. Fr. Joseph Papes

Weekday/Weekend Associates

Rev. Fr. Timothy Canaan

Rev. Fr. David Carr

Deacon Anthony Cuseo

PARISH MINISTRIES

OCIA & Sacramental Preparation

Deacon Anthony Cuseo

Religious Education

Jean Krokus | Ext. 1005

religiouseducation@emmanuelcatholic.church

Sandra Gallegos | Sgallegos@emmanuelcatholic.church

Extraordinary Ministers of Holy Communion

Fr. Theo Ihedoro | Ext. 1004

Lectors

Fr. Theo Ihedoro | Ext. 1004

Hospitality / Ushers

Bob Bonney & Chuck Dolce

Music

Linda Coz, Ree Joy Baldonado, Men's Choir

Altar Flowers

Bella Simbajon & Filipino Community

Altar & Clergy Vestments

Carol Chapman, Nancy McDonald,

Homebound / Hospital Ministry

Fr. Theo Ihedoro | Ext. 1004

PARISH STAFF

Director of Finance

Tanya Kuppmala | Ext. 1001 | tkuppmala@emmanuelcatholic.church

Secretary

Stella Sadolfo | Ext. 1007 | secretary@emmanuelcatholic.church

Property Manager

Edward Shannon | Ext. 1006 | maintenance@emmanuelcatholic.church

Receptionist

Rose Marie Baldonado | Ext. 1000 | receptionist@emmanuelcatholic.church

Gift Shop

Josephine Joan | Ext. 1009

Blood Drive

Patti Gomez | 561-293-9761

Finance Council

Parish Council

PARISH ORGANIZATIONS

Ladies Guild

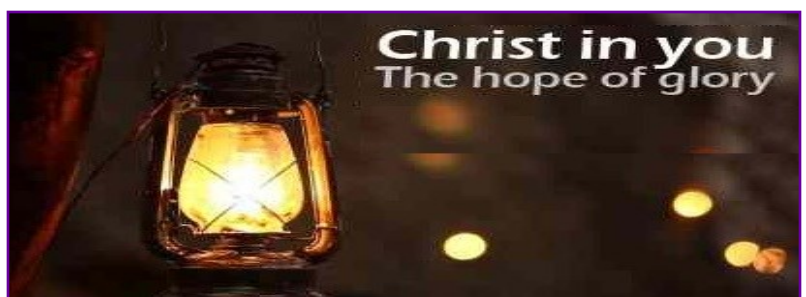
President Nancy McDonald

Knights of Columbus

Grand Knight Bob Budd

Legion of Mary

President Maude Cassagnol



PARISH REGULAR SCHEDULE

TAIZÉ PRAYER

Every Friday at 6:30pm—7:30pm
(after 6:00pm Mass) except for First Fridays.

SACRAMENT OF THE SICK

Every Thursday after the 8:30am mass
or call the parish office

BAPTISMS

Sundays at 1:00pm. Schedule one month in advance.
Contact Parish Office.

WEDDINGS

Contact Deacon Tony at least 6 months in advance

HOLY DAYS OF OBLIGATION

5:00pm Vigil Mass
7:30am, 9:00am, 10:30am, 12:00pm

GIFT SHOP

Monday & Wednesday 8am–1:00pm

Tuesday Closed

Thursday & Friday 8am–1pm

Saturday Closed

4th Sunday of the Month 10:00AM– 1:30PM

NOTE: Gift shop will be closed when the parish office is closed

ROSARY GROUP

Monday–Friday after the 7:30am Daily Mass

RECONCILIATION

Saturday after the 8:30am Mass

SCHEDULE CHANGES?

Do you want to make sure there have been no sudden time changes to any event or activity you want to join this week? Call the parish office during business hours.

561.496.2480

PARISH CALENDAR FOR THE WEEK

Monday, March 17

6:30A..... Adoration
1:00P..... Movie Mondays
6:00P..... Legion of Mary Meeting

Tuesday, March 18

6:30A..... Adoration
9:00A..... Ladies Guild Lent Reflection
10:00A..... Faith Sharing
6:00P..... Knights Exemplification

Wednesday, March 19

6:30A..... Adoration
2:00P..... School of Christian Formation
4:00P..... SoulCore

Thursday, March 20

6:30A..... Adoration
9:00A..... Anointing of the Sick
3:00P..... Holy Hour
6:30P..... AA Meeting

Friday, March 21

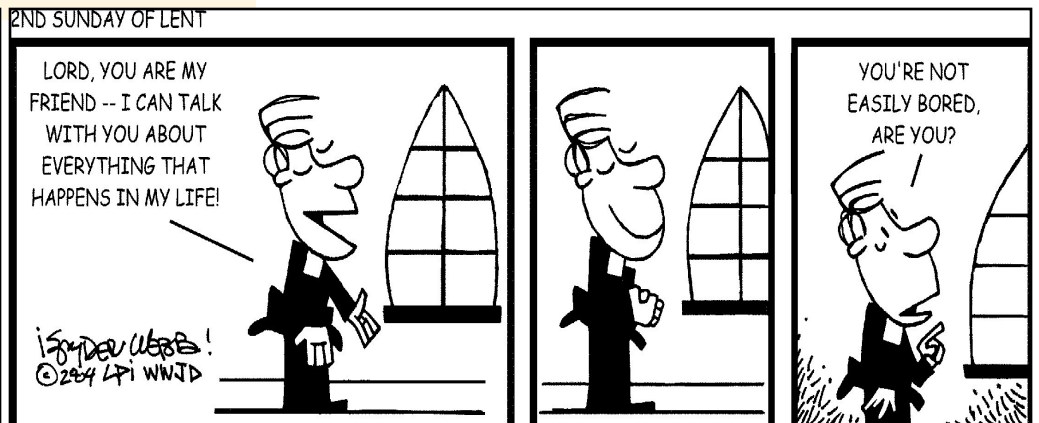
6:30A..... Adoration
4:30P..... Fish Fry
6:30P..... Taize

Saturday, March 22

9:00A..... Confession
10:00A..... Legion of Mary Event

Sunday, March 23

1:00P..... OCIA Class



CLERGY & MASS SCHEDULE

Monday, March 17

7:30A Fr. Zamora 8:30A Fr. Carr
12:00P Fr. Timothy

Tuesday, March 18

7:30A Fr. Carr 8:30A Fr. Timothy
12:00P Fr. Theo

Wednesday, March 19

7:30A Fr. Carr 8:30A Fr. Leone
12:00P Fr. Theo

Thursday, March 20

7:30A Fr. Zamora 8:30A Fr. Timothy
12:00P Fr. Theo

Friday, March 21

7:30A Fr. Carr 8:30A Fr. Theo
12:00P Fr. Timothy 6:00P Fr. Zamora

Saturday, March 22

8:30A Fr. Zamora
4:00P Fr. Fr. Timothy 5:30P Fr. Timothy

Sunday, March 23

7:30A Fr. Fr. Carr 9:00A Fr. Leone
10:00A NA 10:30A Fr. Theo
12:00P Fr. Theo 6:00P Fr. Zamora

1. All women of the parish are invited to a Lenten Recollection which will be held on Tuesday, March 18th, following 8:30AM Mass. Fr. Theo will give our Lenten talk. A light breakfast will also be served. You are welcome to bring breakfast items such as pastries, cookies, fruit or omelets.

2. All parishioners are invited to go on a bus trip to the Sugar Fields on Friday, March 21st. The bus will leave the church parking lot at 7:30AM and will return about 3:30PM. The cost is \$20 per person (cash or check), lunch will be included. Fish will be on the menu. If interested, please call Carol Chapman at **(561) 310-3229** before Wed March 19th.



OUR GIFTS TO GOD

March 02, 2025

First Collection	\$ 16,656.00
Second Collection	\$ 2,780.00
Kids' Mass	\$ 383.00
Online (03/01)	\$ 1,148.25
TOTAL	\$ 20,967.25

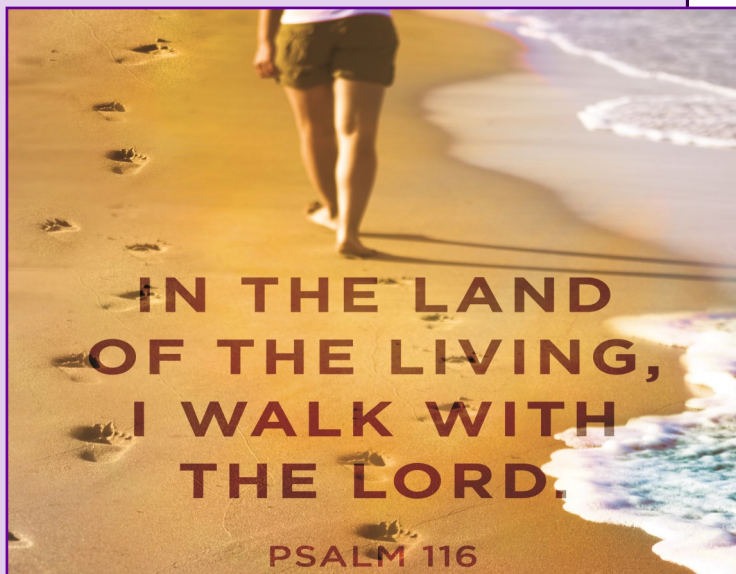
March 09, 2025

First Collection	\$ 15,129.00
Second Collection	\$ 1,679.00
Kids' Mass	\$ 562.00
Ash Wednesday	\$ 11,130.00
Online (03/08)	\$ 2,674.78
TOTAL	\$ 31,174.78

DIOCESAN SERVICES APPEAL

Goal Amount for Emmanuel	\$185,000.00
Current	\$ 16,965.08
Remaining Balance	\$ 168,034.92

Thank you all for your continued support and generosity!



WEEKLY MASS INTENTIONS

MARCH 17—MARCH 23, 2025 | 05

SCHEDULED INTENTION

Monday, March 17

7:30am †Angela & Carlos Henriod by Cannon Family †Percy Cannon Sr. by Cannon Family
8:30am †Joey Romary by Mr. & Mrs. Edmund Bonczyk †Ida Femiano by Frank & Donna Femiano
†Rosario Pappalardo by Rose Manuele
12:00pm †Irma Toscano Parker by Mr. & Mrs. Toscano †Mary Ellen Browe by Mary Barccella

Tuesday, March 18

7:30am *Joseph Robert Raygada by Elsa Caraballo †Esther Shortlidge by Bob & Sue Halon
8:30am †Joseph Santangelo by Susan Santangelo †Tony Cangelosi by Renelia Sevilla
†Barb Bartemes by Carol & Alexa Penalta
12:00pm †Rafael Urdaneta by Maria Urdaneta †Carol Leahy by Michael & Marie Proto

Wednesday, March 19

7:30am †John & Mary Mottola by Ted & Fran Souza †Mrs. Ward by _____
8:30am †Bukowski-Urbanowicz Families by Family †Luis & Barbara Herrera by Sara & Jose Herrera
12:00pm †Gioseppe Barone by Marianna DeMarco †Jaqueline Ouellette by Nancy Carroll

Thursday, March 20

7:30am †Judith Everts by Ramon Palmero †Raymond Vuolo by Joan Gentile
8:30am †Crescenzo & Cristina Rosato by Granddaughter †Sr. Frances Vass OSC by Dorothy Deedy
12:00pm †Nicolas Cerino by Susan Cerino †Eugene & Patrick Minervini by Susan Cerino

Friday, March 21

7:30am †John Trepanier by Woodruff Family †Joseph Ersek by Linda & John Kaelblein
8:30am †Skylar Love Elliott by Lori Davanzo †Mary Barden by Lori Davanzo
12:00pm †Brandl Family by Marie †Luis Quiñones by Haydee Rodriguez
†Oscar Echeverri by Claudia Echeverri

6:00pm **FOR PRIESTS**

FOR PRIESTS

Saturday, March 22

8:30am *Paez-Castiblanco Families by _____ *Guevara-Alarcon Families by _____
4:00pm BOOK OF THE DEAD BOOK OF THE DEAD
5:30pm *Bienvenida T. Pe by Didi Gidseg †Al Rivera by Iris Knight

Sunday, March 23

7:30am †Anthony Congelosi by Thomas & Marion Gowns *Dr. Julius Coz by Dorothy Deedy
9:00am †Sally Myers by Margie Prendergast †Bob Kosineski by Wife
10:30am PARISHIONERS & BENEFACTORS PARISHIONERS & BENEFACTORS
12:00pm †Marie Civiletti by Donna Cimino †Richard Loy by Michaelene & Larry Hearn
6:00pm *Cramsie-Salisbury Families by _____ *Ericson -Capoferi Families by _____

UNSCHEDULED

†Denis Farrell by Ann Smyth *Carol Destefano by Ladies Guild *Regina Fioto by Rose Manuele
*Annette Pappalardo by Rose Manuele †Donald Teitelbaum by Dorothy Deedy
†Betty Ringgenberg by Butch O'Neill †Molly Quinn by Lillian & Donal Dennehy
†Isabella Pezzo by Ray Luisi

ALTAR FLOWERS

VIGIL LIGHTS

SHRINE FLOWERS

† Frank Puglisi by Susan Santangelo

Please take some time this week to remember the following in your prayers: For all in our parish family who are suffering serious or terminal illness:

For men and women in the Armed Forces, and their families: AND FOR ALL LISTED BELOW

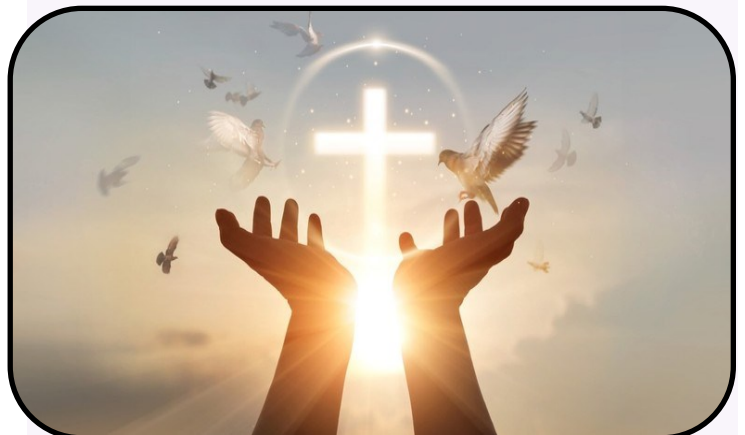
Bob Oberholzer	Toni Kreamer	Forshey Gerry
John Wilkens	Gerry Gerhard	Santilli Gail Hill
Scott Ellison	Euclides Cerutti	Chrissie Budrick
Evangeline	Samuel Gonzales	Frank Dazzo Dina
Ezeilo	Victorio	Quelch Stewart
Michael Gehres	Ray Wolff	Librizzi Thomas
Karen Sullivan	Patricia Tripi	Land Agatha Saccio
Sean Zahul	Giraldo	Robert Albertson
Darren Guzman	Ida Giannettina	Rafael Botero
Mary Lou	Tom Hickey	Albert Fernandes
Connie	Josette Weber	Doreen Romano
Panepinto	Vincent Rizzo	Britney Closson
Amalia Mazzolin	Louis Perticone	Jeanette Gallegos
Leon Martin	Ann Cavaseno	Adriana Elejalde
Joe Delagami	Charles C. Tufano	Oswaldo Cesar
Rose Marie	Angela Discepolo	Monasterio Michael
Regner	Anna Halford	Cecere Jahaziel
Michael Manuele	Sal Yanello	Roldan Abigail Chin
Carla Ruiz	Victor Rivera	-Lenn Gertrudis
Benjamin Robelo	William Lindner	Rivera Martinez
Karen McCarty	Lisa Della	Merrill Tucker
T.J. Genzale	Femina	Debra Tucker
Dave Ruiz	Maria E. Quiñones	Maggie Dazzo
Victoria Robelo	Mercado	Martha Gutzman
Ms. S.	Diane Daniels	Noah Altherios
Rose Borsella	Carmen Jones	Debra Serritella
Lexie Helgersen	Bill Hamilton	Joseph Reategui
David Smeraldo	Ralph Senese	Anthony Spirito
Janette Cole	Ramona	Rhea
Steven Martin	Ash Gaballah	Raecher
Sikes	Karen Ramey	Doug Rodgers
Gianna Pagan	Tom Tripi	Doris Vourinen
Suzanne Puleo	Mary Ann	Sister Veronique
Sr. Frances Vass	Lisa Payne	DCSO
OSC	Marilyn Green	Danny Berciles
Mary Loveland	Joseph	Elizabeth Lanza-
Sam Falcone	Salamone	Hajko
Patricia Golstein	Phyllis Lomitola	Eleanor Hemmer
Taylor Dosh	Maria Amaro	Joseph Lauria
Marilyn Martino	Aniela Ignaczak	Judy Lew
Gulshan Modena	Lillian Campayno	Ernie Skelton
Maggie Dolan	Terry Schwing	Carlotta
Amelita Coz-	Tom D'Amico	Josefa & Dolores
Zarraga	Gabriel Zamora	Echavarria
Heather Martin	Vincent Blum	Amparo Longalong
Tailor McGee	Ricardo Blum	Annie Lee
Ronald Griffiths	Gina Marie B.	Eugene Langel
Margie Giaquinto	Cohen	Delma Langel
Maria Fernandez	David Strompf	William Ward
Raphael Roman	Sal Hanono	Cindy Free
James Ezeilo	Heather Smith	Gaetano Sansone
Brenda Ezeilo	Jason Smith	Alexis Thompson
Cynthia Martin	Ronald Merhige	
Francis Martin	Roshan	
Hermoine D'Cruz	Karen Jensen	
Brigitte Knops	Cynthis Martin	
	Garry Solomon Ilda	
	Sosa Botero Carlos	
	Tobon Jill	

PRAYER BEFORE HOLY COMMUNION . Lord, I believe and profess that You are truly Christ, Son of the Living God, who came into the world to save sinners, of whom I am the first. Accept me this day as I partake of your mystical supper, O Son of God. May the partaking of your holy mysteries, O Lord be not for judgment or condemnation, but for the healing of body and soul. I also believe and profess that this, which I am about to receive, is truly your most precious Body and Blood, which, I pray, make me worthy to receive for the remission of all my sins and life everlasting. Amen.

PRAYER TO SAINT MICHAEL THE ARCHANGEL St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, cast into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

PRAYER FOR VOCATIONS. Lord Jesus, as You once called the first disciples to make them fishers of men, let your sweet invitation continue to resound: Come follow Me! Give young men and women the grace of responding quickly to your voice. Support our bishops, priests and consecrated people in their apostolic labor. Grant perseverance to our seminarians and to all those who are carrying out the ideal of a life totally consecrated to your service. Awaken in our community a missionary eagerness. Lord, send your workers to your harvest and do not allow humanity to be lost for the lack of pastors, missionaries and people dedicated to the cause of the Gospel. Mary, Mother of the Church, the model of every vocation, help us to say "yes" to the Lord who calls us to cooperate in the divine plan of salvation. Amen.

PRAYER FOR OUR MILITARY. Almighty God We stand before you in supplication, Asking Your Divine mercy and protection, To envelop with Your invincible armor, Our loved ones in all branches of the service. Give them courage and strength Against all enemies, Both spiritual and physical, And hasten their safe journey, Back to their homes and families. If it be Your Holy Will That they be gathered to Your bosom, With the eternal vanguard of the saints, Let their journey to Your everlasting arms Be swift and painless, Where they may stand in honor and glory, Praising You for all eternity. Amen



HOPE IN HIS GLORY

We know that Christ died on the cross because true love knows no bounds. True love is unconditional. He knew that in his death, there would be others who would follow his example, be willing to die like him that others may live. It is in entering into the sufferings and the cross of Christ that we can share his glory.

This is the reason why Christ brought Peter, James and John to the mountain and transfigured before their eyes- his face became as dazzling as the sun, his clothes as radiant as light. Moses, the great law-giver, and Elijah, the great prophet, were there to recognize Jesus as the one of whom they had dreamed and foretold.

Isn't it the message of the prophets, *"Is it not written that the Christ should suffer... and then enter his glory?"* (Lk 34:26).

There came the voice of the Father, the seal of approval of the divine majesty of Jesus, *"This is my beloved Son, my chosen One. Listen to Him"* (Lk 9:35).

This foretaste of Christ's glory gave hope to the disciples when their Teacher and Master died on the cross. It was this transfiguration which brought strength to them when it was their time to suffer and die.

It is with that same hope that we should carry on our own struggles and our crosses. Under the guidance of Christ's Spirit, we will not only overcome, but we will one day shine in glory as he did. Let us pray that we can help in sharing that hope, the light on mount Tabor, in this world of tears and pain. Let it shine among us and in the people around us. By the lives we live, let us proclaim that Christ's death was not useless. - **Fr. Zamora**

Saint of the Week - St. Patrick (c. 415? - 493?)

Legends about Patrick abound; but truth is best served by our seeing two solid qualities in him: He was humble and he was courageous. The determination to accept suffering and success with equal indifference guided the life of God's instrument for winning most of Ireland for Christ. Details of his life are uncertain. Current research places his dates of birth and death a little later than earlier accounts.

Patrick may have been born in Dunbarton, Scotland, Cumberland, England, or in northern Wales. He called himself both a Roman and a Briton. At 16, he and a large number of his father's slaves and vassals were captured by Irish raiders and sold as slaves in Ireland. Forced to work as a shepherd, he suffered greatly from hunger and cold.

After six years Patrick escaped, probably to France, and later returned to Britain at the age of 22. His captivity had meant spiritual conversion. He may have studied at Lerins, off the French coast; he spent years at Auxerre, France, and was consecrated bishop at the age of 43. His great desire was to proclaim the good news to the Irish.

In a dream vision it seemed "all the children of Ireland from their mothers' wombs were stretching out their hands" to him. He understood the vision to be a call to do mission work in pagan Ireland. Despite opposition from those who felt his education had been defective, he was sent to carry out the task. He went to the west and north-where the faith had never been preached-obtained the protection of local kings, and

made numerous converts.

Because of the island's pagan background, Patrick was emphatic in encouraging widows to remain chaste and young women to consecrate their virginity to Christ. He ordained many priests, divided the country into dioceses, held Church councils, founded several monasteries and continually urged his people to greater holiness in Christ. He suffered much opposition from pagan druids and was criticized in both England and Ireland for the way he conducted his mission. In a relatively short time, the island had experienced deeply the Christian spirit, and was prepared to send out missionaries whose efforts were greatly responsible for Christianizing Europe.

Patrick was a man of action, with little inclination toward learning. He had a rock-like belief in his vocation, in the cause he had espoused. One of the few certainly authentic writings is his Confessio, above all an act of homage to God for having called Patrick, unworthy sinner, to the apostolate.

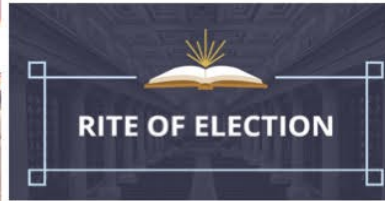
There is hope rather than irony in the fact that his burial place is said to be in County Down in Northern Ireland, long the scene of strife and violence.

Reflection. What distinguishes Patrick is the durability of his efforts. When one considers the state of Ireland when he began his mission work, the vast extent of his labors, and how the seeds he planted continued to grow and flourish, one can only admire the kind of man Patrick must have been. The holiness of a person is known only by the fruits of his or her work.

PARISH LIFE— SPRING FLING A ROUSING SUCCESS



We humbly apologize for those we had to turn away from the event door. Our goal in maximizing our capacity to raise funds for the charities we support require us to, among other considerations, only sell our tickets through the parish office. As always, the Knights of Columbus and Emmanuel Church honor each and every one in our parish for your continued support in our ministry.



Ignatius Loyola with Bishop Barbarito, affirming their intent to join the Catholic Church. Please keep them in your prayers as they continue their preparation through Lent, leading up to their entrance to the church at the Easter Vigil Mass.



A young girl with long brown hair, wearing a white wedding dress and a tiara, is smiling and has her hands clasped in a prayer gesture. She is standing in front of a dark wooden background.

**VOLUNTEERS
NEEDED!** 

- We invite all families to join us every Friday
- during Lent from
- 4:30-6:30pm for our Fish
- Fry, with children's games
- starting Friday 3/14.

A graphic featuring a yellow fish swimming to the left. To the right of the fish, the word "FRIDAY" is written in white capital letters on a dark blue rectangular background. Below "FRIDAY", the words "Fried Fish" are written in a large, stylized, purple script font. A small banner with the text "Special for Lent" in white is positioned near the bottom of the fish.

Weekly Prayer

Sunday's Readings

First Reading:

It was on that occasion that the LORD made a covenant with Abram, saying: "To your descendants I give the land, from the Wadi of Egypt to the Great River, the Euphrates." (Gn 15:18)

Psalm:

The Lord is my light and my salvation. (Ps 27)

Second Reading:

He will change our lowly body
to conform with his glorified body
by the power that enables him also
to bring all things into subjection to himself. (Phil 3:21)

Gospel:

Jesus took Peter, John, and James
and went up the mountain to pray.
While he was praying his face changed in appearance
and his clothing became dazzling white. (Lk 9:28b-29)

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Live The Liturgy Inspiration of the Week

The Apostles do not realize what is happening during the transfiguration. They are confused and afraid, and then they hear a voice from the cloud: "This is my chosen Son; listen to him." Sometimes in life, all we have is the voice of God. Listen to it.

Observances for the week of March 16, 2025

- Sunday:** 2nd Sunday of Lent
Monday: St. Patrick, Bishop [OM]; St. Patrick's Day
Tuesday: St. Cyril of Jerusalem, Bishop and Doctor of the Church
Wednesday: St. Joseph, Spouse of the Blessed Virgin Mary
Next Sunday: 3rd Sunday of Lent



Devotions, *Explained!*

Taizé is an ecumenical Christian movement that is known for its distinctive style of music and prayer. Taizé devotees have carried its music and traditions to Catholic and Christian communities throughout the world.

Prayer of Listening

Attune the ears of my heart,
Lord, to the soft and still ways
You are inviting me today. And
then give me the strength and
courage to respond to what
You say.

Amen.

Worship & Meditation

Readings for the week of March 16, 2025

Sunday:

Gn 15:5-12, 17-18/Ps 27:1, 7-8, 8-9, 13-14/
Phil 3:17-4:1 or 3:20-4:1/Lk 9:28b-36

Monday:

Dn 9:4b-10/Ps 79:8, 9, 11 and 13/
Lk 6:36-38

Tuesday:

Is 1:10, 16-20/Ps 50:8-9, 16bc-17, 21 and
23/Mt 23:1-12

Wednesday:

2 Sm 7:4-5a, 12-14a, 16/Ps 89:2-3, 4-5, 27
and 29/Rom 4:13, 16-18, 22/Mt 1:16, 18-21,
24a or Lk 2:41-51a

Thursday:

Jer 17:5-10/Ps 1:1-2, 3, 4 and 6/Lk 16:19-31

Friday:

Gn 37:3-4, 12-13a, 17b-28a/Ps 105:16-17,
18-19, 20-21/Mt 21:33-43, 45-46

Saturday:

Mi 7:14-15, 18-20/Ps 103:1-2, 3-4, 9-10,
11-12/Lk 15:1-3, 11-32

Next Sunday:

Ex 3:1-8a, 13-15/Ps 103:1-2, 3-4, 6-7, 8, 11
(8a)/1 Cor 10:1-6, 10-12/Lk 13:1-9
Scrutiny: Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 (8)/
Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15,
19b-26, 39a, 40-42



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Mass © 1969, 1981, 1997, International Commission on English in
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Gospel Meditation

Seek a deeper understanding of Scripture

St. Thomas Aquinas said that friends share three things: time, possessions and secrets. For example, how do I know if you're my friend? Well, let's say we've been to Mexico together, you've tried my shaky attempts at pasta carbonara, and you know what ridiculous costume I wore in a music video I filmed in my early twenties. We, dear reader, are definitely friends. We've shared time, possessions and secrets.

How does friendship with Jesus develop? The same way. Jesus lives and eats with his disciples. Then he takes Peter, James and John to Mount Tabor and there reveals to them his deepest secret: his glorious, divine Sonship. The majesty of God shines from within his humanity in a way that goes beyond description. God the Father confirms this "secret," saying, **"This is my chosen Son, listen to him"** (Luke 9:35). It's all so precious that **"they fell silent and did not at that time tell anyone."** Do we take time to be alone with Christ, to allow him to mystically share this "secret" with us as his dear friends?

Lenten challenge: This week, identify one time when you experienced an awareness of some specific aspect of Jesus — perhaps on a retreat, at Mass, in prayer or in an act of service. Spend ten minutes consciously re-living that experience in your heart. If you can't recall one, set aside at least two hours this Lent as a mini retreat, either alone in nature or in the presence of the Blessed Sacrament. Focus on him and ask him to share the secrets of his heart with you. He will. Then, as his friend, share the secrets in your heart.

— *Father John Muir*

Liturgical Life

(PRACTICING) CATHOLIC

Mini Reflection: It's always helpful to get the opinion of someone we trust when we're facing a situation that confuses or alarms us. But we all have a divine confidante that can help us sort through anything we're dealing with. Are we taking advantage of that?

The Divine Confidante

My husband pretty much knows that if he tells me something — anything — he's also telling my sister.

Most of us have that person that we run to when we have important information. I'm not even talking about gossip; I'm talking about stuff we just *have* to discuss. We joke that I don't really know how I feel about something until I've run it by my sister first.

There's not really anything wrong with that. When we're trying to figure out how to think about something that has happened or how to react to a certain situation, it's always helpful to get the opinion of someone we trust.

But what if we ran as quickly to discuss the situation with God as we did to discuss it with our "person?" Wouldn't that be ideal?

After witnessing the transfiguration — an event that had to have been as confusing as it was astounding — we hear that the disciples "fell silent and did not at that time tell anyone what they had seen."

When something profound, frightening, or confusing happens, our first confidante should be God. I'm reminded of Luke 2:19: "Mary kept all these things, pondering them in her heart."

There is something to be said for taking a moment to keep that information sacred between ourselves and the One who can really help us confront it.

Sure, maybe we don't understand what just happened. Maybe we're scared by it. We don't really know how we feel about it. And that's totally okay. The divine confidante knows how to help us pray through that confusion, that fear.

If you're someone's "person" and they come to you wanting to talk, that's great. Talk it out. But remind them — and remind yourself — to pray about it as much as you talk about it.

Let the love of those things carry you through this Lent, and beyond.

— Colleen Jurkiewicz Dorman

Why do we do that?

Catholic Life Explained

Question:

Can you recommend some good books for Lenten spiritual reading?

Answer:

On more than one occasion, a coach being interviewed about his team — successful or not — will be asked about the next step. The inevitable response includes something about getting back to basics. Reviewing the fundamentals of the sport strengthens performance and builds confidence.

The best Lenten reading takes us back to the fundamentals. If Lent is the time for the Church to be on retreat, then we should focus on the texts that help us deepen our understanding of our faith. Spend time reading one of the Gospels, and use a Scripture commentary to learn all you can about the passion of Jesus. Read about the lives of the saints, especially your patron saint and that of your parish. Perhaps there is some local candidate for sainthood, like Father Walter Ciszek, SJ, who wrote several faith-inspiring books. Finally, you can use the Catechism of the Catholic Church to learn more about the church's teachings and beliefs. The sections on prayer and the Mass are really great reflections. Focusing on the basics really helps us take another step forward in our faith. We have not only a better understanding of what we believe and practice, but also why we believe. With that belief comes the confidence we need to be better, more faithful witnesses to Christ.

PRACTICING CHRISTIAN

2025 Diocesan Services Appeal



By planning and implementing pastoral, sacramental, charitable, educational, and administrative services, the Church of Palm Beach, to the best of its ability and with the grace of God, will promote faith, hope, and love.

Please give generously to the DSA.



DiocesePB.org/DSA



2025 Diocesan Services Appeal HOPE DOES NOT DISAPPOINT LA ESPERANZA NO DEFRAUDA LESPWA PA DESEVWA ROMANS 5:5



You're invited! FULLY ALIVE YOUNG ADULTS

CONNECT, GROW, THRIVE!

Are you a young adult at Emmanuel Catholic Church seeking community and a deeper faith? Join Fully Alive Young Adults (FAYA) for guided discussions with The Rescue Project. Engage in meaningful conversations about faith, build community, and discover what it means to live fully alive. Don't forget to bring a journal and pen!

7:00 PM - 9:00 PM
EVERY 2ND AND
4TH FRIDAY OF THE
MONTH

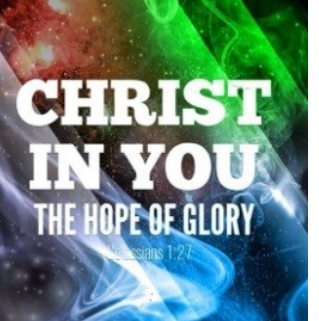
IN COLUMBUS
HALL
15700 S MILITARY
TRAIL, DELRAY
BEACH, FL 33484

SCAN HERE TO RSVP



MONTH OF ST. JOSEPH

MARCH





March 2025

Mar 8-9 - **Jubilee of the World of Volunteering**

- Jubilee of Volunteers USCCB Resource Packet

Mar 28 - **24 Hours for the Lord** (Reconciliation and Adoration)

Mar 28-30 - **Jubilee of the Missionaries of Mercy**

- Jubilee of Missionaries of Mercy USCCB Resource Packet

April 2025

Apr 5-6 - **Jubilee of the Sick and Health Care Workers**

- Jubilee of Sick and Health Care Workers USCCB Resource Packet

Apr 25-27 - **Jubilee of Teenagers (Youth)**

- Rome Registration Details for Teenagers/Groups - **UPDATED**
- Jubilee of Teenagers USCCB Resource Packet

Apr 28-29 - **Jubilee of Persons with Disabilities**

- Jubilee of Persons with Disabilities USCCB Resource Packet

May 2025

May 1-4 - **Jubilee of Workers**

- Jubilee of Workers USCCB Resource Packet

May 4-5 - **Jubilee of Entrepreneurs**

May 10-11 - **Jubilee of Musical Bands**

- Jubilee of Musical Bands USCCB Resource Packet

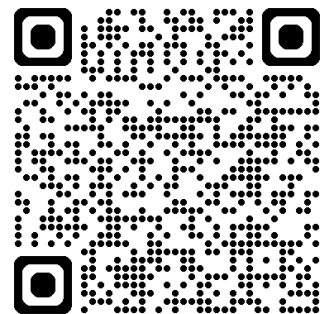
May 12-14 **Jubilee of Eastern Churches**

May 16-18 - **Jubilee of Confraternities**

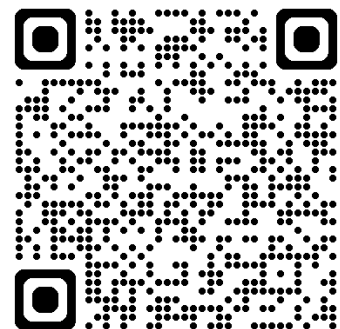
- Jubilee of Confraternities USCCB Resource Packet

May 30 - June 1 - **Jubilee of Families, Children, Grandparents, and the Elderly**

- Jubilee of Families, Children, Grandparents, and the Elderly USCCB Resource Packet



VATICAN



USCCB