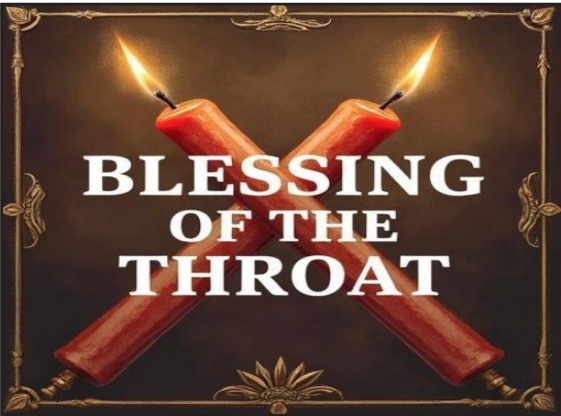


# EMMANUEL

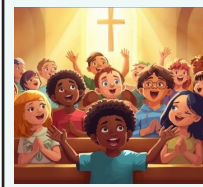
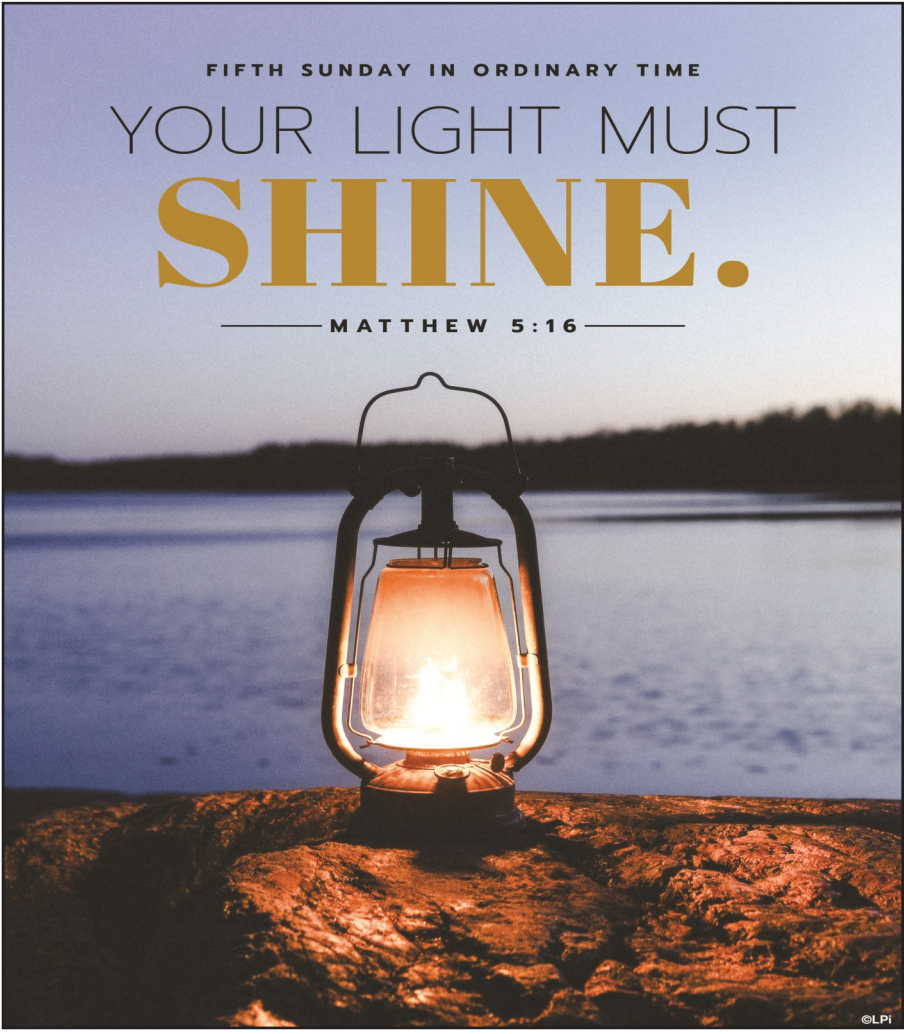
*God With Us*



15700 S. MILITARY TRAIL, DELRAY BEACH, FL 33484 | FEBRUARY 08, 2026 ISSUE | P:561.496.2480 F:561.496.5755



**BLOOD DRIVE TODAY**  
@7:30AM-1:30PM



Please note that - when included in the weekly clergy calendar - all **10:00AM Sunday Masses** celebrated at Columbus Hall are **FOCUSED** on **CCD Children and Accompanying Families**. All others will be directed to the main sanctuary. **See page 6.**



**AVOID CONFUSION—TAKE A COPY OF THIS BULLETIN HOME AND READ IT!**

# PARISH INFORMATION

02 | PARISH FAMILY | GOD IS WITH US



## OUR MISSION

**Emmanuel** Catholic Church which means, **God is with us**, is a faithful community of believers dedicated to proclaiming the gospel of Jesus Christ as taught by the Roman Catholic Church through word, sacrament, and service. As a parish family of God, we live by faith, truth, and love as we value the sanctity of life in all its stages and make the Holy Eucharist the center of our lives. Through the guidance of the Holy Spirit, the consultation with our parish ministries, we desire to be witnesses of God's presence as we share our gifts of time, talent, and treasure with God's Family.

## BISHOP OF PALM BEACH

MOST REVEREND GERALD M. BARBARITO

### CLERGY

#### Pastor

Rev. Fr. Gaudioso Zamora

#### Parish Vicar

Rev. Fr. Theodore Ihedoro

#### In Residence

Rev. Fr. Joseph Papes

#### Weekday/Weekend Associates

Rev. Fr. Timothy Canaan

Rev. Fr. David Carr    Rev. Fr. James Leone

Deacon Anthony Cuseo

### PARISH STAFF

#### Director of Finance

Tanya Kuppamala    Ext. 1001    tkuppamala@emmanuelcatholic.church

#### Secretary

Stella Sadolfo    Ext. 1007    secretary@emmanuelcatholic.church

#### Property Manager

Edward Shannon    Ext. 1006    maintenance@emmanuelcatholic.church

#### Receptionist

Rose Marie Baldonado    Ext. 1000    receptionist@emmanuelcatholic.church

## PARISH MINISTRIES

### OCIA & Sacramental Preparation

Deacon Anthony Cuseo

### Religious Education

Jean Krokus | Ext. 1005

religiouseducation@emmanuelcatholic.church

Sandra Gallegos Ext 1005

sgallegos@emmanuelcatholic.church

### Extraordinary Ministers of Holy Communion

Fr. Theo Ihedoro | Ext. 1004

### Lectors

Fr. Theo Ihedoro | Ext. 1004

### Hospitality / Ushers

Bob Bonney & Chuck Dolce

### Music

Linda Coz, Ree Joy Baldonado, & Men's Choir

### Altar Flowers

Bella Simbajon & Filipino Community

### Altar & Clergy Vestments

Carol Chapman, Nancy McDonald,

### Homebound / Hospital Ministry

Fr. Theo Ihedoro | Ext. 1004

### Gift Shop

Josephine Joan | Ext. 1009

### Blood Drive

Patti Gomez | 561-293-9761

### Ladies Guild

President Nancy McDonald

### Knights of Columbus

Grand Knight Luke VanHove

### Legion of Mary

Maude Cassagnol

### Men's & Women's Emmaus

Joe & Kathy de Santo

## PARISH REGULAR SCHEDULE

### TAIZÉ PRAYER

Every Friday at 6:30pm–7:30pm  
(after 6:00pm Mass) except for First Fridays.

### SACRAMENT OF THE SICK

Every Thursday after the 8:30am mass  
or call the parish office

### BAPTISMS

Sundays at 1:00pm. Schedule one month in advance.  
Contact Parish Office.

### WEDDINGS

Contact Deacon Tony at least 6 months in advance

### HOLY DAYS OF OBLIGATION

5:00pm Vigil Mass  
7:30am, 9:00am, 10:30am, 12:00pm

### GIFT SHOP

Monday & Wednesday 8am–1:30pm

#### Tuesday Closed

Thursday & Friday 8am–1pm

#### Saturday Closed

Fourth Sunday of the Month 10am–1:30pm

**NOTE:** Gift shop will be closed when the parish office is closed

### ROSARY GROUP

Monday–Friday after the 7:30am Daily Mass

### RECONCILIATION

Saturday after the 8:30am Mass

### OUR GIFTS TO GOD

#### FEBRUARY 01, 2026

First Collection .....	\$ 16,212.00
Second Collection .....	1,458.00
Children's Mass .....	392.00
Online (1/31).....	1,684.67
<b>TOTAL .....</b>	<b>\$ 19,746.67</b>

#### JANUARY 25, 2026

First Collection .....	\$ 15,068.00
Second Collection .....	3,122.00
Children's Mass .....	430.00
Online (1/24).....	1,609.20
<b>TOTAL .....</b>	<b>\$ 20,229.20</b>

Thanks to our Parish Family for your constant prayers and generous support for our church ministry!

## PARISH CALENDAR FOR THE WEEK

### Sunday, February 08

9:00A.....Ladies Guild Mass  
10:00A.....Children's Mass (Hall)  
1:00P.....OCIA  
1:00P.....Pre-baptism Class

### Monday, February 09

6:30A.....Adoration  
1:00P.....Movie Mondays  
7:00P.....Young Adult Group

### Tuesday, February 10

6:30A.....Adoration  
9:00A.....Legion of Mary Meeting  
10:00A.....Faith Sharing  
7:00P.....KoC Officers Meeting

### Wednesday, February 11

6:30A.....Adoration  
2:00P.....School of Christian Formation  
4:00P.....SoulCore

### Thursday, February 12

6:30A.....Adoration  
9:00A.....Anointing of the Sick  
3:00P.....Holy Hour  
6:30P.....AA Meeting

### Friday, February 13

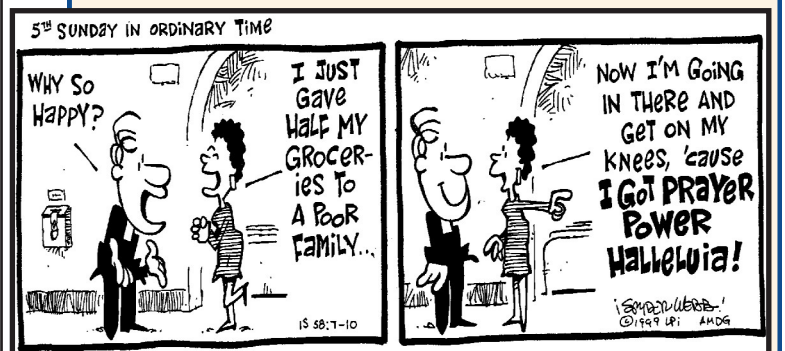
6:30A.....Adoration  
6:30P.....Taize Holy Hour

### Saturday, February 14

9:00A.....Confession  
9:00A.....Lay Cistercians Meeting  
10:00A.....First Reconciliation  
6:15P.....Rosary for World Peace

### Sunday, February 15

1:00P.....Baptism  
1:00P.....OCIA



## SCHEDULED INTENTIONS

### Sunday, February 08

7:30am	*Melvin Hernandez & Children by Elsa Caraballo	†Maria Isabel Perez by Elsa Caraballo
9:00am	†Ella Miller by Barbara Davis	†Jennifer Geppert by Barbara Davis
	*Ladies Guild by Ladies Guild	
10:30am	PARISHIONERS & BENEFACTORS	PARISHIONERS & BENEFACTORS
12:00pm	†Rosario Parrino by Caterina Parrino	†Rosa Coraci by Caterina Parrino
6:00pm	†Giuseppi Furnari by Gambino Family	†Nick Colleta by Leslie Sanmiguel

### Monday, February 09

7:30am	†Fr. Robert Burge by Diana Pfeiffer	†Joan Palmieri by Frank Gallo
8:30am	†Enrique & America Azua by Laura Azua	†George Nassour by Mother

### Tuesday, February 10

7:30am	†Louise & Anthony Covello by Gary & Barbara Morris	†Sarah Weiss by Bob & Sue Halon
8:30am	*Linda Coz/Healing by JoAnn Gerson	*Mr. & Mrs. Sandoval by -----

### Wednesday, February 11

7:30am	†Ann Hendrick by Linda Ann Marsch	†William Mozgawa by Margaret Spence
8:30am	†Elia & Rose Petricone by Son	*Lourdes by Marisol & Allan

### Thursday, February 12

7:30am	†BJ & Doris Spence by Margaret Spence	†John McGetrick by James & Una Kerrigan
8:30am	*Linda Coz/Healing by JoAnn Gerson	†Souls in Purgatory by Carol & German Sandoval

### Friday, February 13

7:30am	*Ree Joy Baldonado by Family	*Linda Coz/Healing by Baldonado Family
8:30am	†Dominick Riccardo III by Uncle	†Dominick Riccardo by Uncle
6:00pm	FOR PRIESTS	FOR PRIESTS

### Saturday, February 14

8:30am	†Victor & Angelina Pacienza by Christine & John	*Pedro & Evelyn Santiesteban by Evelyn Santiesteban
4:00pm	BOOK OF THE DEAD	BOOK OF THE DEAD
5:30pm	†Deceased/Bukowski-Urbanowitz Family by Phil Bukowski	†Harriet & Daniel Murphy by Patricia Waldron

### Sunday, February 15

7:30am	*Protection of USA by Elsa Caraballo	†Pedro, Antonia & Junior Mancebo by Estebania Brea
9:00am	†Rosario Pappalardo by Rose	†Julia Martini by Children
10:30am	PARISHIONERS & BENEFACTORS	PARISHIONERS & BENEFACTORS
12:00pm	†Joseph Baldino by Grandchildren & Family	†Coraci-Parrino Families by Caterina Parrino
6:00pm	†Rosemarie P. Smith by Lori Dancer	*Ricarda Vargas by Olga Galarza

## UNSCHEDULED

†Tom Corsantino by John & Maureen \*Mary Kubicki by John & Maureen †Dorothy Moran by Donna McMahon  
 †Bernadette Eardley by Frank & Mamie & Family †Cortney De Angelo by Mother in-law

### Altar Flowers

†E. Mazzolin by A.M.

### Vigil Light

\*Mary Therese & Jack Lieb by A.M.

### Shrine Flowers

\*Mary Therese & Jack Lieb by A.M.

## PRAYER LIST

Please take some time this week to remember the following in your prayers:

**For all in our parish family who are suffering serious or terminal illness:**

**For men and women in the Armed Forces: AND FOR:**

Maggie Dolan	Thomas Land	Olga Galarza	TJ Genzale
Amelita Coz-Zarraga	Agatha Saccio	The Taffe Family	Ronnie Falcone
Heather Martin	Rafael Botero	Alexander Barone	Michael Amalfi Jr
Ronald Griffiths	Albert F. Romano	Joanne Liantonio	Raphael Roman
Cynthia Martin	Britney Closson	John Petrich	Patti Shannon
Francis Martin	Jeanette Gallegos	Mary Karten	Raphael Roman
Hermoine D'Cruz	Adriana Elejalde	Luca Diomampo	Maria Lauria
Brigitte Knops	Oswaldo C. Monasterio	Michael Manuele	Gwen Dambra
Toni Kreamer	Michael Cecere	Robert Wiczkowski	Maria Lauria
Gerry Gerhard	Jahaziel Roldan	and Ruth Petersen	Sophia Etapour
Euclides Cerutti	Abigail Chin-Lenn	Ann Carro	Janet Shea
Samuel Gonzales	Gertrudis R. Martinez	Debbie Boburka	Joanne Colacchio
Victorio	Merrill Tucker	Ricarda Vargas	Kathy Brothers
Ray Wolff	Maggie Dazzo	William Sheldon	Liliana Grace Krauss
Josette Weber	Martha Gutzman	Steve Valtri	Kelly Brea
Ann Cavaseno	Noah Altherios	Bernadette & Bucky McGann	Kelvin Greenleaf
Charles C. Tufano	Anthony Spirito	Raymond Perez Sr	
Angela Discepola	Rhea Reacher	Jochi Castellui .	
Anna Halford	Doug Rodgers	Steve F.	
Sal Yanello	Doris Vourinen	Sean Zahul	
William Lindner	Sr Veronique DCSO	Jeanne G.	
Lisa Della Femina	Eleanor Hemmer	Tania R.	
Victor Rivera	Joseph Lauria	Espinoza	
María E. Quiñones	Judy Lew	Anne Noel	
Mercado	Ernie Skelton	Lisette Woodward	
Diane Daniels	Carlotta Josefa & Dolores	Juan Silva	
Carmen Jones	Echavarria Amparo	Rocco & Susan Marcone	
Bill Hamilton	Longalong	Annie Lee	
Ralph Senese	Eugene Langel	Rosa & Marie Vactorin	
Ramona	Delma Langel	Philip Charles Avangaline	
Ash Gaballah	William Ward	Ezeilo	
Karen Ramey	Alexis Thompson	Sal Cherch	
Mary Ann	Griffin Bates	Jennifer Nicholas	
Lisa Payne	Miriam Texeira	Antonia Hyde	
Marilyn Green	Kevin Marshall	Keith Melville	
Joseph Salamone	Andrea Anastasi	Mark Sinobio	
Maria Amaro	John & Alma	Joselito Bengua	
Aniela Ignaczak	Gardner Elaine	Michele Sambuco	
Lillian Campayno	Garofano	Gregg Dollinger	
Terry Schwinge	Julia Lea	Fred Hoffiman	
Tom D'Amico	Buddendorf	Bonnie Artman	
Gabriel Zamora	Albertina Hughes	Bob & Kathy Moran	
Vincent Blum	Kamm Trumble	Tom Trippi	
Ricardo Blum	Linda Beamish	Carole Liantonio	
Gina Marie B. Cohen	Quinn Morris	Rosemary Perez	
David Strompf	Henry Morris	Mary Aloise	
Sal Hanono	Marcia Riopol	Craig Artman	
Heather Smith	Mumtaz Begum	Michelle Duffy	
Jason Smith	Lance Joseph	Rose Borsella	
Ronald Merhige	John Wilmere	Catherine Shannon	
Roshan	Keith Johnson	Kelly Keyser	
Karen Jensen	Betty Lou Johnson	Freddy Bellise	
Cynthia Martin	Christine Thurman	Astrid Castañeda	
Garry Solomon	Connie Panepinto	Jo-ann Suffield	
Ilda Sosa Botero	Edwin Villarosa	Walsh & Joseph Bonomo	
Carlos Tobon	Brian Sullivan	Nancy Kelley	
Jill Forshey	Dominic Canazaro		
Gerry Santilli	Kyle Buenconsejo		
Gail Hill			
Christie Budrick			
Frank Dazzo			
Dina Quelch			
Stewart Librizzi			

## PRAYER BEFORE HOLY COMMUNION

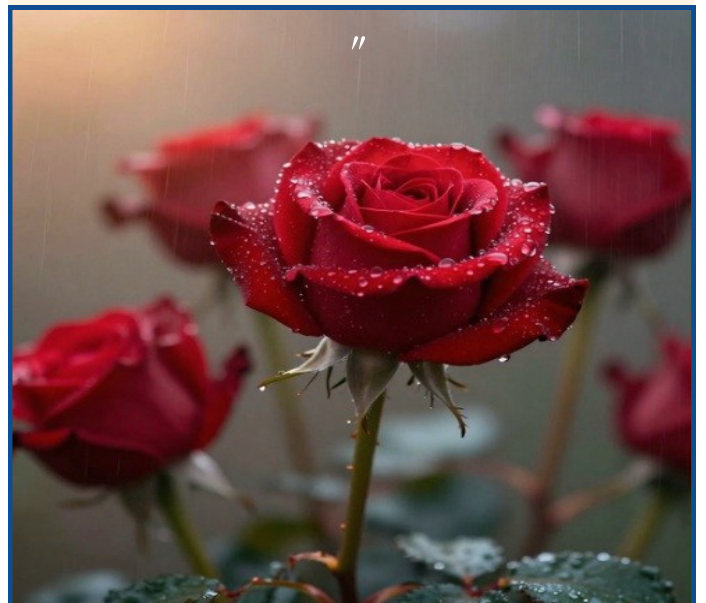
O Lord, I believe and profess that You are truly Christ, Son of the Living God, who came into the world to save sinners, of whom I am the first. Accept me this day as I partake of your mystical supper, O Son of God.

May the partaking of your holy mysteries, O Lord be not for judgment or condemnation, but for the healing of body and soul. I also believe and profess that this, which I am about to receive, is truly your most precious Body and Blood, which, I pray, make me worthy to receive for the remission of all my sins and life everlasting. Amen.

## PRAYER FOR VOCATIONS

Lord Jesus, as You once called the first disciples to make them fishers of men, let your sweet invitation continue to resound: Come follow Me! Give young men and women the grace of responding quickly to your voice. Support our bishops, priests and consecrated people in their apostolic labor. Grant perseverance to our seminarians and to all those who are carrying out the ideal of a life totally consecrated to your service. Awaken in our community a missionary eagerness. Lord, send your workers to your harvest and do not allow humanity to be lost for the lack of pastors, missionaries and people dedicated to the cause of the Gospel.

Mary, Mother of the Church, the model of every vocation, help us to say "yes" to the Lord who calls us to cooperate in the divine plan of salvation. Amen.



"...what if Your blessings come through raindrops? What if Your healing comes through tears? And what if a thousand sleepless nights are what it takes to know You're near? And what if trials of this life are Your mercies in disguise?" - Laura Story

# Worship & Meditation

## Readings for the week of February 8, 2026

**Sunday:**

Is 58:7-10/Ps 112:4-5, 6-7, 8-9/1 Cor 2:1-5/  
Mt 5:13-16

**Monday:**

1 Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10/  
Mk 6:53-56

**Tuesday:**

1 Kgs 8:22-23, 27-30/Ps 84:3, 4, 5 and 10,  
11/Mk 7:1-13

**Wednesday:**

1 Kgs 10:1-10/Ps 37:5-6, 30-31, 39-40/  
Mk 7:14-23

**Thursday:**

1 Kgs 11:4-13/Ps 106:3-4, 35-36, 37 and  
40/Mk 7:24-30

**Friday:**

1 Kgs 11:29-32; 12:19/Ps 81:10-11ab, 12-13,  
14-15/Mk 7:31-37

**Saturday:**

1 Kgs 12:26-32; 13:33-34/Ps 106:6-7ab,  
19-20, 21-22/Mk 8:1-10

**Next Sunday:**

Sir 15:15-20/Ps 119:1-2, 4-5, 17-18, 33-34/  
1 Cor 2:6-10/Mt 5:17-37 or 5:20-22a,  
27-28, 33-34a, 37

## CLERGY MASS SCHEDULE

### Sunday, February 08

7:30A Fr. Zamora      9:00A Fr. Leone  
**\*\*10:00A Fr. Zamora** (Children's Mass)  
10:30A Fr. Theo      12:00P Fr. Theo  
6:00P Fr. Zamora

### Monday, February 09

7:30A Fr. Zamora      8:30A Fr. Carr

### Tuesday, February 10

7:30A Fr. Carr      8:30A Fr. Theo

### Wednesday, February 11

7:30A Fr. Theo      8:30A Fr. Leone

### Thursday, February 12

7:30A Fr. Theo      8:30A Fr. Zamora

### Friday, February 13

7:30A Fr. Zamora 8:30A Fr. Carr  
6:00P Fr. Theo

### Saturday, February 14

8:30A Fr. Zamora      4:00P Fr. Theo  
5:30P Fr. Theo

### Sunday, February 15

7:30A Fr. Carr      9:00A Fr. Carr  
**\*\*10:00A Fr. Leone** (Children's Mass)  
10:30A Fr. Zamora      12:00P Fr. Zamora  
6:00P Fr. Theo

**\*\*REITERATION. All 10:00 AM Sunday masses celebrated at Columbus Hall are FOCUSED on CCD children and accompanying families. All other congregants will be directed to the posted mass schedule for the main sanctuary.**



## BE THE LIGHT AND SALT OF THE EARTH

In our journey of faith, we are often reminded of the profound impact our actions have on those around us. The readings today from Isaiah, Psalms, Corinthians, and Matthew challenge us to become instruments of God's love and kindness in a world that desperately needs them.

Isaiah 58:7-10 calls us to share our bread with the hungry and bring the homeless into our homes. This scripture sheds light on true fasting—not merely abstaining from food, but engaging in compassionate deeds. It reminds us that our faith must translate into action, particularly for those on the margins. When we extend mercy and generosity, we not only heed God's call but fulfill our purpose as His instruments of peace and hope.

Psalms 112 emphasizes the blessings that come from being righteous. It paints a picture of a person who fears the Lord and delights in His commandments, whose heart is steadfast. Such a person becomes a beacon of light, not only in their own life but to those surrounding them. The effects of living in accordance with God's ways are far-reaching; even in darkness, they radiate hope and confidence, becoming pillars of strength in

their communities.

In Corinthians 2:1-5, Paul speaks about coming to the Corinthians not with human wisdom but with the power of God. He emphasizes reliance on the Holy Spirit rather than eloquent speech or persuasive arguments. As we approach others with our faith, it is crucial to remember that it is not our words that lead them to Christ but the demonstration of His love through action. It is in the authenticity of our lives and our reliance on God's wisdom that we become effective witnesses.

Matthew 5:13-16 reiterates our call to be the salt and light of the earth. Salt enhances flavor and preserves, while light dispels darkness. Our presence in the world should create a noticeable difference, inviting others to witness the transformative power of God. When we allow our light to shine before others, they see our good works and glorify our Father in heaven.

As we all head home, may we embrace our role in the world. **Let us remember that true faith calls for action—feeding the hungry, providing shelter, and being the light that leads others to Christ. Let our lives reflect the love of God, showing others the path to true joy, hope, and restoration. Amen.**

## Saint of the Week—St. Scholastica

St. Scholastica was born around 480 AD in Nursia, Italy, and is recognized as the twin sister of St. Benedict, the founder of Western monasticism. Together, they grew up in a religious and devout family, and their lives would profoundly influence the Christian monastic tradition. Scholastica followed her brother's footsteps, dedicating her life to God and establishing a monastic community for women, which was aligned with Benedict's Rule.

St. Scholastica is often remembered for her deep spirituality and commitment to prayer. According to tradition, she would frequently visit her brother to discuss spiritual matters and share insights. One famous story tells of a meeting where she prayed for a storm to prevent Benedict from leaving; her prayer was answered, exemplifying her strong faith. St. Scholastica died around 543 AD, and her feast day is celebrated on February 10. She is regarded as the patron saint of nuns and is honored for her unwavering dedication to a life of faith and community.

**Reflection** . St. Scholastica's life serves as a powerful reminder of the importance of community and the strength found in unwavering faith. Her dedication to a

life of prayer and service amidst challenges encourages us to foster deep relationships with others, particularly those sharing our spiritual journey.

In our busy lives, we often overlook the significance of fostering genuine connections. St. Scholastica's fervent prayer life reminds us that commitment to God strengthens our relationships and helps us support one another through trials. Just as she sought the grace to influence her brother through heartfelt prayer, we too can make a difference in the lives of our loved ones through our faith and devotion. Moreover, St. Scholastica teaches us to be courageous in our pursuits of holiness. She did not shy away from asking God for her desires; instead, she boldly presented her requests. This boldness invites us to approach our challenges with the same faith, trusting that the Lord will listen. As we reflect on her life, let us strive to cultivate both our spiritual and communal life.

**May we be inspired by St. Scholastica to pray fervently, support one another, and seek the presence of God in our every endeavor. Embrace your unique calling, and remember that through faith and connectivity, we can illuminate the world around us.**



## IN DEEP APPRECIATION AND THANKSGIVING

*Dear Parish Family,*

We hope this message finds you in good health and high spirits. We want to extend our heartfelt thanks to each and every one of you for your incredible participation and support during our annual parish festival. Your enthusiasm and dedication made this event a resounding success, and it was a joy to see our community come together in fellowship and celebration.

From the volunteers who worked tirelessly behind the scenes to those who attended and shared in the festivities, your efforts embodied the spirit of our parish. Every contribution, whether big or small, added to the vibrant tapestry of our community, reminding us of the strength we find in unity.

As we reflect on the joy and camaraderie experienced during the festival, let us carry that spirit into our daily lives. Our parish thrives because of the generous support and unwavering commitment of its members. Together, we are more than just a gathering of individuals; we are a family bound by faith, love, and a common purpose.

Let us continue to foster this sense of community as we support our parish ministry, striving to spread kindness and generosity both within our walls and in the wider world. Your continued involvement is invaluable, and we are excited to see all that we can achieve together in the coming months.

Thank you once again for your participation and commitment to our parish family. May we continue to inspire and uplift one another as we journey together in faith.

*With gratitude and blessings,*

The **Clergy, Staff, Pastoral** and **Financial Councils** of Emmanuel



Happy Birthday to all our CCD students celebrating birthdays in **FEBRUARY**. May God protect and guide you always, and may you remember that He created each of you in a very special and wonderful way.

**Amelia Forchette**  
**Mia Shmaya Valle**  
**Anamaria George**  
**Rodrigo Moreira**  
**Maya Trusdell**  
**Briseyda Clara-Cisneros**

**Iseyda Clara-Cisneros**  
**Cheyenne YeeYick**  
**Konrad Park**  
**Marcus Retuta**  
**James Kindred**



## Welcome Back, Father Ronan

We are always happy to welcome **Father Ronan** back to our parish. He is currently serving as pastor of his parish in the U.S. Virgin Islands, while also taking on the roles of school principal and youth leader — a true testament to how God equips those He calls to serve.

We were grateful for the opportunity to welcome him back to his Emmanuel parish family as he seeks support for **Sts. Peter and Paul Catholic School**. It was also a pleasure to meet **Ms. Justina Abraham**, a parishioner who came to assist with their mission in support of the school, and **Sister Genevieve Nkwelle**.

During the visit, Sister Genevieve met with our DRE, **Jean Krokus**, and Assistant DRE, **Sandra Gallegos**. We were happy to provide books and materials for her to take back to the children in their Religious Education program to support their catechesis and ministry.

Please keep Father Ronan and all who serve in this mission in your prayers.

Our Religious Education Kids Corner was made possible through the generosity and dedication of many helping hands. We would like to recognize the **Gallegos sisters** for donating their time and talents in creating social media posts, preparing raffle baskets, and assisting with setup and prize tables. A special thank you to **Barbara Rossi** for her generosity in donating many of the larger items for our raffle baskets.

We are also grateful to our youth group members who help with setup and run the games and activity stations, and to the parents and families who support the festival by purchasing tickets and bringing their children to take part in the fun. Your involvement helps make Kids Corner a special part of our parish community.

**February 14th:**  
**FIRST RECONCILIATION**  
 @10am in the Church.

**IMPORTANT DATES**



**February 28th: CONFIRMATION RETREAT**  
 starts with 8:30am mass at Emmanuel  
 followed by retreat held at Duncan Center until  
 3:30pm. Attendance is mandatory for all  
 Confirmation students.

## Weekly Prayer

### Sunday's Readings

#### First Reading:

Then your light shall break forth like the dawn,  
and your wound shall quickly be healed. (Is 58:8)

#### Psalm:

The just man is a light in darkness to the upright. (Ps 112)  
Or Alleluia.

#### Second Reading:

When I came to you, brothers and sisters,  
proclaiming the mystery of God,  
I did not come with sublimity of words or of wisdom.  
For I resolved to know nothing while I was with you  
except Jesus Christ, and him crucified. (1 Cor 2:1-2)

#### Gospel:

"You are the light of the world.  
A city set on a mountain cannot be hidden.  
Nor do they light a lamp and then put it under a bushel  
basket." (Mt 5:14-15)

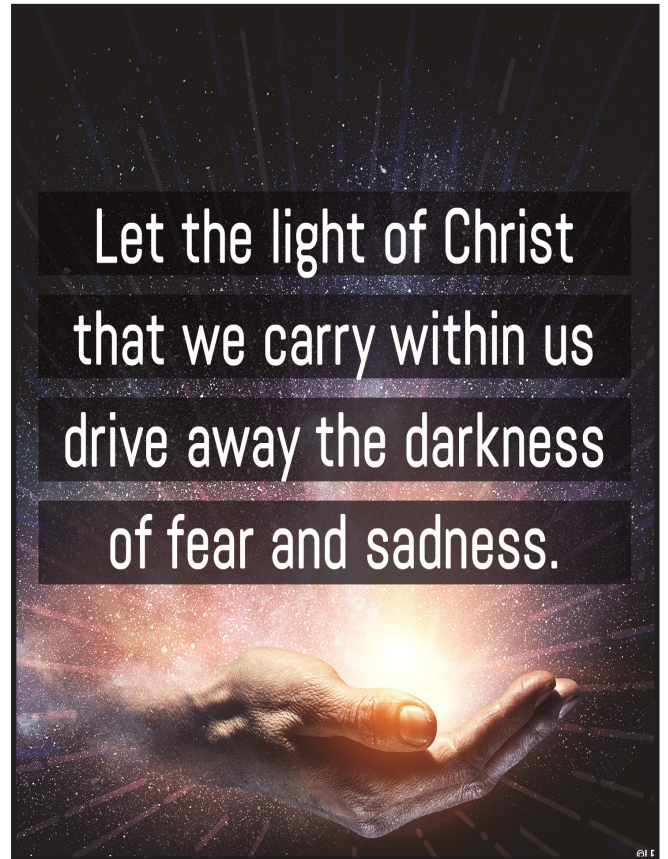
Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.  
The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997,  
International Commission on English in the Liturgy Corporation. All rights reserved.

### Live The Liturgy Inspiration of the Week

Salt without flavor is no longer salt. Light that illuminates nothing is no longer light. As Christians, we must be what we have been made to be. So think about it, carefully: what stands between you and being who you were made to be?

### Observances for the week of February 8, 2026

- Sunday:** 5th Sunday in Ordinary Time;  
World Marriage Day
- Tuesday:** St. Scholastica, Virgin
- Wednesday:** Our Lady of Lourdes
- Saturday:** Sts. Cyril, Monk, and Methodius, Bishop;  
Valentine's Day
- Next Sunday:** 6th Sunday in Ordinary Time



Let the light of Christ  
that we carry within us  
drive away the darkness  
of fear and sadness.

### Blessing of Mission

Bless us on our way, O Lord.  
Share with us as we share with  
others.  
Heal us as we help others to heal.  
Provide for us as we open our  
hands in charity.  
Every gift comes from You.  
You are at the heart of all that is  
good.  
Share that goodness with us  
today, abundantly.  
Amen.

# Liturgical Life

## (PRACTICING) CATHOLIC

**Mini Reflection:** The greatest saints in history were not great at holiness. The greatest saints in history were great at being who they were meant to be.

### Be Salty

I want you to close your eyes. Are they closed? (I'm serious.) Okay. Now think of the greatest saint in history.

I don't care who you're thinking of. It's going to be different for everyone. Just think of that person. Think of his or her life. And answer the question: Why is he or she a great saint?

You're all thinking of different people, but the answer is the same for everyone. And it's not "Because he did great things for God" or "Because she sacrificed everything she had for the poor." Those answers show *evidence* of the reason. But the reason is something more.

The greatest saints in history were not great at holiness. God brought holiness about within them because (ding ding ding! Here's the answer!) the greatest saints in history were great at being who they were meant to be.

Not who they wanted to be. Not who they thought they should be. Who they were meant to be.

Simply put, they gave themselves to God. All of themselves. Flaws and all. And God took them, in their totality, and said: "Now watch this."

Just imagine if salt was ashamed of being salty. Imagine if it looked at the sodium content on its nutrition label and thought, "That's embarrassing," and decided it was going to stop being salt. Well, great. Now it's just a box of tiny rocks.

Wouldn't it have been better for the salt to trust the baker using it?

There is a plan for each of us. There is a path to holiness for each of us. This path doesn't bypass our flaws or our weaknesses; it incorporates them. It transforms them. It fulfills them.

So be salty. Be who you were meant to be.

— Colleen Jurkiewicz Dorman

## Why do we do that? Catholic Life Explained

### Question:

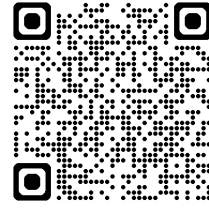
Are near-death experiences real?

### Answer:

There is a lot of curiosity and fascination with the idea of an afterlife and communicating with those who have died. In movies, television shows, and numerous books, people make claims about their ability to communicate with the dead, or having had a near-death experience. There is no objective way to verify any of this. While details about people and events can be surprisingly accurate, it is just circumstantial evidence that might be explained in other ways.

On the other hand, when people have unusual experiences, sometimes called near-death or out-of-body, it is real to them. They react with the emotions and thoughts that one would expect. At times, they report details they could not have known any other way, such as bits of conversation, or meeting people they had never known in this life. So certainly, to the person, they experience something. We believe in a life after death, we believe in the communion of saints. These things are not a contradiction to faith, but we should not base our faith on them, nor change our beliefs. They are unexplained and will likely remain so.








With humble and joyful hearts, we announce the Vespers (evening prayer), Ordination, and Installation of Bishop Manuel de Jesús Rodríguez.

Due to limited space, these are **invitation-only** events, but we encourage you to join us in prayer via our **live streams** of Vespers on **Monday, February 23, at 6 pm** and Ordination and Installation on **Tuesday, February 24, at 2 pm** as we welcome our new shepherd.

All events will be recorded and available on our website.

*May Our Lady, Queen of the Apostles, patroness of the diocese, guide us in the footsteps of her Son, Jesus Christ.*

-  @DiocesePalmBeach
-  @DiocesePalmBeach
-  @DiocesePB

**LEARN MORE AND WATCH HERE**  
[www.diocesepb.org](http://www.diocesepb.org)



Both **QR CODES** posted on this page lead to the same dedicated site for the Vespers and Ordination/Installation. **On this page, there is an area for the faithful to submit messages to both Bishop Emeritus Gerald M. Barbarito and Bishop-Elect Manuel de Jesús Rodríguez. Please share this link with our faithful brethren to submit these messages and also view the Vespers and Ordination/Installation via LIVESTREAM.**

# After Consecration: What's Next?



# EUCCHARISTIC CONSECRATION

13 | EMMANUEL CATHOLIC CHURCH



## After Consecration: What's Next?



### Opportunities for Eucharistic Adoration:

#### Emmanuel Church :

- Monday through Friday 6:30 am - 7:30 am
- Every Thursday 3:00 pm - 4:00 pm Holy Hour for Vocations
- Every Friday 6:30 pm - 7:30 pm Taize Holy Hour
- First Fridays of the Month 9:00 am - 6:00 pm

#### WHAT NEXT?

**Matthew Kelly, in his program "33 Days to Greater Glory," encourages participants to continue deepening their relationship with God and the Eucharist after completing the 33 days of Eucharistic consecration. Here are some key recommendations:**

**1. Daily Eucharistic Adoration:** Kelly emphasizes the importance of spending time in the presence of the Eucharist. Regular adoration helps strengthen one's relationship with Christ and fosters a deeper appreciation for the sacrament.

**2. Frequent Reception of the Eucharist:** He advocates for attending Mass regularly and receiving Communion as often as possible. This practice nourishes spiritual growth and strengthens one's faith.

**3. Commit to Regular Prayer:** Maintaining a robust prayer life is crucial. Kelly suggests incorporating

structured prayers, personal conversations with God, and meditative practices to stay connected.

**4. Share the Experience:** Encourage others to engage in the consecration process. Sharing insights and growth can help build community and inspire others on their spiritual journeys.

**5. Live Out the Consecration:** Integrate the principles learned during the consecration into everyday life. This means living with a focus on love, generosity, and service to others, reflecting the teachings of Christ.

**6. Continued Study:** Engage with additional resources such as books, talks, and spiritual retreats to further explore the themes of the Eucharist and deepen one's faith.

**By following these recommendations, individuals can foster a lasting impact on their spiritual lives, enabling them to grow closer to God and embody His love in the world. Walk the talk!**



**FAYA**

FULLY ALIVE YOUNG ADULTS  
EMMANUEL CHURCH

*Join us*

**MONDAYS | 7:00 PM**

**ENTER THROUGH THE PADRE PIO DOOR**

Are you a young adult (18-39) at Emmanuel Catholic Church seeking community and deeper faith? Join Fully Alive Young Adults, a group centered on growing in the spiritual life and better understanding the Catholic Faith.

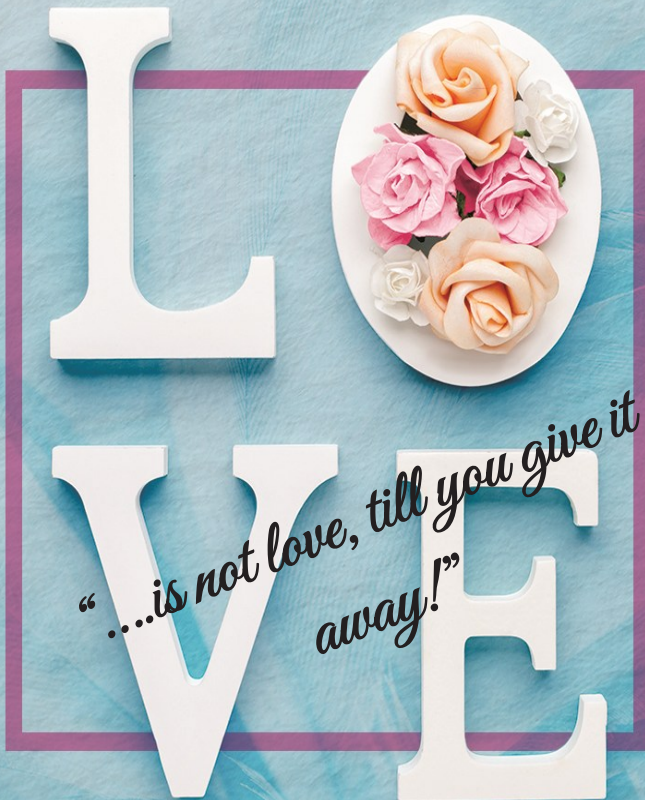
*What to expect*

- Guided discussions on the Foundations of Faith series by Ascension Presents
- Lectio Divina (Meditation and prayer using Sacred Scripture)
- Opportunities to serve the poor in local communities
- Casual hangouts for fun and games!



DOOR LOCATED TO THE RIGHT OF THE PADRE PIO STATUE

*“The glory of God is man fully alive.”* - **ST. IRENAEUS OF LYONS**



*Kindness costs nothing,  
yet it has the power  
to change lives.*

- St. Scholastica



SEE PAGE 7